



## From the Ground Up

This day-long workshop will provide new and beginning farmers and growers with practical tips and techniques for growing healthy horticultural crops. Topics to be covered include: management techniques for building a healthy soil, and identification and management of pests, diseases and weeds. The day will also include time for discussion on marketing, business planning, and finding farmland.

# From the Ground Up



A Hands-on Workshop on  
Healthy Soils & Crops  
for Beginning Farmers

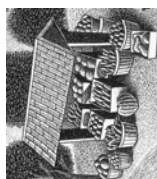
**August 9, 2005**  
**Intervale Community Farm**  
**Burlington, Vermont**

**Sponsored by**



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UVM Extension  
Center for Sustainable Agriculture  
63 Carrigan Drive  
Burlington, VT 05405





## About the Day

The day will start with an introduction of the Intervale Community Farm given by Farm Manager Andy Jones.

Participants will rotate through four hands-on sessions:

- **Insect ID and Management** with Margaret Skinner, Entomologist at UVM's Plant and Soil Science Department
- **Disease ID and Management** with Ann Hazelrigg, Director of UVM's Plant Diagnostic Clinic
- **Building a Healthy Soil** with Heather Darby, UVM Extension Field Crops & Nutrient Management Specialist
- **Small Scale Weed Management** with Vern Grubinger, UVM Extension Vegetable and Berry Specialist

The day will end with a presentation about resources available in Vermont to support new and beginning farmers, and time for question-and-answers and discussion.

### Schedule:

- 9:00 – 9:45 Welcome
- 9:50 – 10:35 Session I
- 10:40 – 11:25 Session II
- 11:30 – 12:30 lunch
- 12:35 – 1:20 Session III
- 1:25 – 2:10 Session IV
- 2:15 – 2:30 Resources for Beginning Farmers
- 2:30 – 3:00 Discussion and Wrap-Up



## Workshop Details

The workshop will run from 9 a.m. to 3 p.m. with registration starting at 8:30 p.m.

Space for this workshop is limited--registration will be offered on a first-come, first served basis so please be sure to register early. To register, clip the form on the right and mail with your check to the Center for Sustainable Agriculture.

The workshop will run rain or shine, so please dress accordingly (i.e. bring along your hat, sunscreen and/or raincoat).

Please bring your own lunch. We will supply drinks, desserts and shade.

### Directions to the Intervale Community Farm, Burlington, Vermont:

From Interstate 89: Take exit 14W and drive west on Williston Rd. toward downtown Burlington. Just past the University of Vermont green, take a right onto South Prospect St. Drive north on Prospect St. past the green, through a residential area and down a steep hill to a traffic light on Riverside Ave. Cross Riverside Ave. Prospect St. become Intervale Rd. Continue down the hill and over the railroad tracks. Proceed past Gardener's Supply Company. The Intervale Community Farm is the first farm on the left.



## Registration Form

*Pre-registration is encouraged by August 1; a \$5 late fee is due for registrations received after that date.*

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Registration is \$25 per person and includes all materials.**

\_\_\_\_\_ # of people X \$25 per person = \_\_\_\_\_

Late Fee (received after 8/1)  
\$5 per person = \_\_\_\_\_

Total Enclosed \_\_\_\_\_

*Please mail your registration along with a check made payable to UVM to:*

From the Ground Up, UVM Center for Sustainable Agriculture, 63 Carrigan Drive, Burlington, VT 05405

Questions? Call 802-656-5459.

