MAKE A PLAN AND TAKE ACTION

Excel in your studies & expand your academic knowledge

• Review remaining academic requirements.
• Work closely with faculty and advisors.
• Identify potential graduate/professional schools.
• Connect your major and career options.

Hone your career interests and acquire occupational skills

• Assess and prioritize abilities and interests
• Build multi-cultural competencies & skills.
• Identify preferred work settings.
• Attend career-related panels, information sessions or networking events.
• Use Career Center for internship assistance, to explore career fields, or receive coaching.
• Conduct informational interviews or job shadow.
• Engage in experiential learning opportunities: study abroad, undergraduate research, service learning, design/capstone projects, & internships.

Develop job search skills

• Write a resume and cover letter to market your qualifications; upload in Catamount Job Link for review.
• Hone your interviewing skills, do mock interviews with Career Counselors and practice with Big Interview.
• Join and use the UVM Career Connection on LinkedIn to conduct informational interviews and build a professional network. (Track your contacts!)

Winter Break

• Explore careers in a specific area by taking an online UVM Career Institute course.
• Conduct informational interviews or job shadowing.
• Attend UVM career networking events in Boston or NYC.

Following summer

• Gain career-related experience through a job, internship, research or informational interview.
• Research graduate/professional schools and requirements & prepare for examinations.
• Research post-grad academic and service fellowships.

Reflect or discuss: What are you learning about yourself and the world of work this year?