Continence Questions

Who will benefit from toilet learning?

Students of all abilities can learn or increase toileting skills. The Continence Project seeks to support teams and families in maximizing their student’s independence and self-care.

Who can be a Toileting coach?

Successful toileting often requires a team effort. The student, parents, teachers, direct support staff, medical providers, occupational and physical therapists, communication specialist, nutritionist, psychologists, behavioral specialists and case managers all can assist with developing or supporting a toilet learning plan.

When to begin?

Start working on skills in early childhood—but it’s never too late to start!

Why is toilet learning so important?

Increased independence in toileting promotes full inclusion at home, school, and in the community. The goal of maximizing toilet skills should be treated as a priority because of its profound impact on a person’s health, self-esteem, dignity, and quality of life.

For Continence Project Referral and additional information:

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Continence Project website: www.uvm.edu/~cdci/continence

For Students Eligible for I-Team Services* contact:

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* The Vermont I-Team is an interdisciplinary team of education consultants, related service consultants, communication specialists, and family resource consultants providing training and technical assistance to IEP teams of students with intensive needs.

I-Team website: www.uvm.edu/~cdci/iteam
The Continence Project

Our services include:

- Continence Project web site: www.uvm.edu/~cdci/continence
- Information and referral
- Telephone consultation
- Training for providers and parents on toilet learning topics
- Promoting interagency collaboration which supports continence as a goal

A cooperative project of:

- Center on Disability and Community Inclusion, UVM/ Vermont I-Team
- Vermont Agency of Education
- Vermont Department of Health, Children with Special Health Needs

Supporting Parents and Teams in Promoting Toilet Success