Supporting and Summary Comments:

Athletic Medicine Service with athletic trainers and PTs. They have developed an NCR form, a copy of which will go to the students when referred to the main clinic, counseling, etc. The other copy will go into the main record. There is a consistent format for charts. These had notes of trainees, physician’s notes, and so forth. Physician visit notes get to the clinical medical record. There appears to be good communication with other health center units. The staff are very competent and are directed by a very competent athletic trainer. The two physical therapists and athletic trainer who works with them offer services. These staff report to the Athletic Medical Director, who reports to and supervision is given by, the Medical Director, who comes to the clinic several times a week. A chart of a patient with a concussion was looked at and it was very complete. The IMPACT clinic report form is used for continuous evaluation when is appropriate for a referral. Space here is tight, especially during school sessions. Storage has to be done in the hall. There is minimal area for equipment, they even have to sometimes use the hallway for rehab; this occurs fairly often.

Nutrition is an active service with two staff members. They do one on one, groups, work with other departments, and with the dining services to education regarding healthy eating. They also serve on the task for force eating disorders.

The Women’s Clinic was listed as a separate clinic, but it is in the same building as the other clinical services in a separate area. It is a busy, well used, and loved by the students. The Nuva Ring is being used. Plan B is available both during the week and on weekends during the hours that the clinic is open; otherwise they can get a prescription from the on-call provider. However, Plan B is also available in other areas in the Health Center. The Violence in Relationships Quality Improvement Study was done and an addition regarding violence was put into a new form and is being used. Several NPs are SANE trained and will see patients at the clinic when needed. A booklet on healthy and unhealthy relationships is given to patients, especially when they disclose they might have a problem.

The Counseling Center is another service. Counseling Center includes Alcohol and Other Drug Services. It is IAX accredited. The center is in an older cottage quite a distance form the main building. They are due for re-accreditation next spring. This is a well respected service by both students and staff. One of the psychiatrists comes to this facility weekly and consults with the staff. The Director is on the campus STAR Committee. There are 11 full-time counselors including drug and alcohol and they have between 11 and 12 Masters and PhDs students whom they supervise. The unit does about 75 outreach programs per year. The cooperative attitude of the Counseling Center with the other units, especially the clinical medicine area, is unusual. They are congratulated for this. It is much appreciated by the staff. They have developed a triage decision making flow chart, which has improved getting students in, and the students have remarked that they were pleased with this. This is a busy unit and a very important one in college health.

Consultative Comments:

Suggest that an interesting CQI would be to ask at later visits if the “Healthy and Unhealthy Relationships” brochure was helpful.