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UVM HOMEPAGE

Out of the Park



Outdoor expert: Professor Robert Manning, shown here at Mt. Philo State Park, helps the National Park Service develop science-based plans for managing visitors.
(Photo: Sally McCay)

Keeping up with Robert Manning, even on a short stroll from campus to the waterfront, is an intimidating prospect. Walking is not only central to Manning's scholarship, it's also a hobby of, well, wide-ranging proportion.

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[Steady Flow](#) Nicole

Mason is worried about the damage Hurricane Felix caused along the Honduran-Nicaraguan border in early September. Her concern isn't abstract: The recent graduate spent three weeks this summer building a sediment catch basin and she wants to know if her design withstood the flooding and continued to bring the town clean water.

[Passion In Practice](#)

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THE WEEK IN VIEW

Sept. 24, 5 p.m. Event: The Center for Cultural Plurism presents "Life and Debt," a tapestry of stories of individual Jamaicans whose survival is determined by the U.S. and other foreign economic agendas. Memorial Lounge, Waterman. Information: 656-8833.

Sept. 24, 2:30 p.m. Lecture: David Bollier, author of "Silent Theft" and "Brand-name Bullies" and co-founder of the advocacy group Public Knowledge, will speak on the rise of the digital commons and securing our common assets. Memorial Lounge, Waterman. Information: 656-2996.

Sept. 27, 7:30 p.m. Lecture: Jessica Desany of UVM's Consulting Archaeology Program will give a presentation on "Fort St. Anne: Archaeology & Memory of Vt.'s Earliest European Occupation Site." Memorial Lounge, Waterman. Information: 656-8363.

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UVM HOMEPAGE

Out of the Park

Robert Manning's latest book is a critical hit that sums up decades of careful thinking about using and managing public recreation areas

By Jeff Wakefield

Article published September 19, 2007



Outdoor expert: Professor Robert Manning, shown here at Mt. Philo State Park, helps the National Park Service develop science-based plans for managing visitors.
(Photo: Sally McCay)

Keeping up with Robert Manning, even on a short stroll from campus to the waterfront, is an intimidating prospect.

Forget that Manning, a professor in the Rubenstein School of Environment and Natural Resources and director of the school's recreation

management program, is a competitive marathoner with the lean frame to prove it.

Walking is not only central to Manning's scholarship, it's also a hobby of, well, wide-ranging proportion.

For nearly 30 years Manning has helped the National Park Service develop research-based management plans designed to give the public access to the parks without overrunning their natural beauty.

But when his work is done, Manning isn't above yielding to the temptations of his surroundings. After a project at John Muir Woods near San Francisco this summer, for instance, Manning and his wife hiked the Tahoe Rim Trail, a 165-mile jaunt that lasted 11 days. After a conference at the end of the summer, the couple also walked the Kungsleden Trail above the Arctic Circle in Sweden, a nine-day hike.

While Manning unabashedly enjoys the setting of his scholarship, the end products of his work are delivering even more satisfaction than usual recently. This year, the park service formally incorporated the planning approach he played a major role in devising in 1992, the "Visitor Experience and Resource Protection Framework," into its park management guidelines, requiring all 391 parks in the system to use it.

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He also published a capstone book to rave reviews, *Parks and Carrying Capacity: Commons Without Tragedy*, synthesizing several dozen scholarly papers he's published over the years. *Choice* magazine called it an "indispensable resource for researchers and professionals in the field."

Beyond crowding

It turns out that the Burlington waterfront, which Manning has agreed to observe for the benefit of a reporter, is as good a location as any to understand the challenges of managing an iconic public space like a national park.

On a cloudless mid-week summer morning, the boardwalk is nearly empty. But a typical summer weekend will bring an unruly mix of casual strollers, joggers, roller-bladers, bikers and dog-walkers to the two paved paths that loop the area.

"We often talk about how the parks are crowded," Manning says. But, like the waterfront, "the use of parks follows this extreme peaking phenomenon." That is, the areas are packed at times, almost empty at others. Complicating matters further, often problems result not from the numbers of people, but the conflict of uses — for instance, among hikers and cyclists on the carriage roads in Acadia National Park, where Manning has worked for years.

The way to address these issues, Manning has learned, is to ask park visitors what's important to them about their experience, and then, for each of these key factors, determine at what point discomfort or inconvenience becomes unacceptable.

Sometimes this can be done in an interview, but often Manning uses a trademark trick — showing visitors a sequence of doctored photos with progressively more people squeezed into the park's scenery. An interviewer gathers individual reactions to each image; determining, among other things, when a park looks too crowded for a visitor to enjoy. The rigorously collected response data is then crunched and fed into a computer simulation (also developed by Manning and his team) of visitor movement through a park at peak and non-peak times, and — voila — the basis for a science-based park management plan is born.

Manning's model of determining "indicators" and "standards of quality" of the visitor experience in national parks, along with his creative methodologies, have won him acclaim — and an increasing number of new consulting jobs each year.

To coerce or not to coerce?

Another of Manning's contributions to his field, more psychological than methodological, is summed up by the subtitle of his book, "commons without tragedy." The line references a paradigm-shifting essay, "The Tragedy of the Commons," that ecologist Garrett Hardin published in

Science magazine in 1968.

A latter-day Malthus, Hardin argued that there was a built-in incentive to exploit a commonly held asset like a national park, a public grazing area, or an ocean fishery, since exploiters enjoyed all the benefits of, say, catching fish but shared the costs of their actions with the public at large. Making matters worse, Hardin argued, was that shared costs, principally the gradual degradation of the asset, aren't always clear. His solution to the problem was for society to coerce more cooperative behavior.

Manning is considerably more optimistic. "Hardin's argument was cast in traditional economic terms," he says. It involved people acting rationally in the sense of maximizing benefits for themselves. But real people aren't always economically rational. Altruism — the impulse that leads people to donate money to support national parks they don't visit, for instance — is also a powerful motivator.

As is enlightened self-interest, which Manning and his colleagues have learned can form the basis of a vigorous, post-Hardin approach to guiding public use of the commons — both the national parks and beyond. Manning's book concludes with a chapter that looks at the applicability of his methods outside parks.

"We have a lot of tools we didn't used to have," Manning says. "It's time to get going on this. This is not a new topic."

As afternoon appointments begin looming, it's time to head back to campus. Manning opts for the speed of a CCTA bus. Walking and running through beautiful scenery has attracted and inspired him since childhood but, indoors or out, he is also a pragmatist.

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UVM HOMEPAGE

Steady Flow

Prof's ongoing attention to Honduras helps successive groups of student volunteers do development work that lasts

By Jon Reidel

Article published September 18, 2007



Nicole Mason '07 designed and installed a sediment catch basin in Honduras that has greatly improved the water quality of a small town. (Photo: Courtesy: Dan Baker)

Nicole Mason is worried about the damage Hurricane Felix caused along the Honduran-Nicaraguan border in early September.

Her concern about the devastating storm isn't abstract: The recent graduate spent three weeks this summer building a sediment

catch basin with residents from the village of Jaitique, and she wants to know how the town is doing and if her undergraduate design work withstood the flooding and continued to bring the town clean water.

Mason, who will begin studying for a master's degree in community development and applied economics in January, isn't the only UVM student concerned about Honduras. More than 100 participants in Dan Baker's "Community and International Economic Transformation" course in CDAE's Community and International Development program have worked in the country over the past six years. Class members have gradually improved water systems and developed other sustainable projects with local elementary schools, municipalities and non-governmental organizations.

Baker, an assistant professor in CDAE who has been traveling to Honduras since the late 1990's to work with sugarcane farmers, says he's heard that Mason's catch basin withstood Felix's best shot. "When there have been even moderate storms in the past this village has suffered by severe uplands erosion that has clogged and broken water pipes," says Baker. "It was great to hear from our local partners that the system had withstood the hurricane's impact and kept sand and gravel from damaging their water system."

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Mason's project, a sediment catchment basin which keeps eroded sand and gravel out of a slow-sand filter built by a 2004 class, is testament to consistency of effort and the commitment of students even after they graduate. "The only reason I could do this project is because I stepped into something that students before me have spent years sweating over on the way to the same ultimate goal: abundant clean water," says Mason, whose catch basin protects against harmful sediments and E. coli bacteria.

Engineering and economics

One of the hallmarks of Baker's work, which is supported by the Vermont/Honduras Partners of the Americas (he is president of the Vermont chapter) and the Kevin Gorter Foundation, is its interdisciplinary nature. Baker and Nancy Hayden, associate professor of civil and environmental engineering, collaborated to assemble a team of engineering students to evaluate the area's existing water treatment systems.

"This is an excellent example of an interdisciplinary effort on campus and provides a rewarding experience for students as well as the faculty," Hayden says. "Civil and environmental engineering students have worked with Dan on water quality issues in several engineering classes over the years."

Students in Baker's first course in 2002 sought to find the single most important issue for local residents by conducting an environmental health assessment. They identified water quality as the top concern. Then they spent the next two years helping to set up a water-quality monitoring program with the help of a local high school science teacher and his students. Early results showed dangerous levels of E. coli, prompting students to construct the slow-sand filter.

Undergraduate Kelly Garrison made a crucial connection when she contacted Caitrin Noel '03, outreach and education coordinator of the UVM Watershed Alliance at the Rubenstein Ecosystem Science Laboratory, for help with some monitoring questions. Noel became so interested in the project that she contacted Baker, enrolled as a CDAE graduate student and began conducting water monitoring training workshops in Honduras for three years.

"A lot of development projects just end," Noel says. "One of the great things about this model is that you have students come back year after year to work with faculty and staff who are already familiar with the history of the project. I'm trained in environmental science but I ended up getting a job in outreach because of this experience. It really drew me in."

The real tests

Nicole Mason, a civil engineering major, worked with engineering professors to develop a design for the sediment catch basin. Prior to leaving for Honduras she bought valves, pipes and other plumbing material and assembled it in Honduras. Before the installation, she and

about a dozen local workers dug up 40 feet of underground piping and built a bypass so residents could still get water during the five-day construction.

The 10-by-4-foot cement basin, located on the water pipeline leading to the town, briefly holds water flowing from the dam to the filter so that sediment can settle out before entering the pipeline and then sends clean water on to Jaitique.

"I was totally confident in the design before making the trip, but when you're sitting there looking at it you're not so sure until you test it. It worked better than we expected. I was so happy," Mason says.

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Passion In Practice

*New program helps nontraditional students become nurses
— and leaders*

By Kevin Foley

Article published September 18, 2007



Reaching out: Nursing graduate student Lauren Young and farmer Larry Clark talk at a Sept. 6 farming open house in Middlebury. Young and other UVM students were there to continue a community health project they launched this summer. (Photo: Bill DiLillo)

Hundreds of migrant farm workers are living almost invisibly right now in just one Vermont county. They have traveled thousands of miles from their homes in rural Mexico to take better paying, albeit illegal, jobs in the states. They aren't supposed to be here, but they are. They can't afford to get

sick, but they do.

Addison County's rural public health infrastructure can't always meet the needs of locals, let alone the complex needs of migrant workers. In an effort to help, a small group of UVM master's re-entry students in nursing spent a month in and out of the classroom this summer studying ways to better connect migrants with existing services. In a Rowell classroom, group member Lauren Young stands to present her part of the work to Associate Professor Rycki Maltby's community public health nursing class.

Young's normally cool voice wavers a little as she talks. She describes the oppressive fear: For these men, every car rattling down the gravel road is potentially immigration, and every sickness or injury requires a fraught series of cost-and-benefit calculations that end, usually, in ignoring the symptoms for as long as possible and then going to the emergency room in desperation.

"There is just this unbelievable shroud of isolation," she says. Young and the rest of the group then describe how they tried to lift that shroud: The students translated and designed a bilingual health history form that an area free clinic had the grant, but not the time, to create; they organized two community health open houses, one at a Spanish-language mass, the other at a popular feed store's annual event (Addison farmers,

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like their migrant employees, don't always know all their options); and they pursued publicizing the free clinic's services via college radio and a statewide e-mail list for farmers.

The group's project, one of five outreach efforts Maltby's graduate students pursued this summer, wasn't necessarily unusual. But what was novel was the intensity, resourcefulness and speed with which the students approached a problem. That kind of effort, nursing faculty say, typifies students in the UVM Master's Entry Program in Nursing, or MEPN, which enrolled its first class last fall.

"(The MEPN students) were wonderful. They were motivated, they found resources, they talked to people — I didn't have to push. I was just the facilitator," Maltby says, explaining that her younger students usually require more active guidance.

Giving up jobs, sleep

Attracting mature students who know what they want and have some sense of how to get it is what MEPN's all about. Everyone in the program already has an undergraduate degree, and many have graduate credentials, even doctorates. The idea is to give these professionals a crash course in nursing, allowing them to become licensed and earn a master's degree in an advanced-practice specialty in as little as three years.

Students don't have to have a science background. They do have to give up their jobs and a lot of sleep to shoulder the heavy course load. (Marie-Claire Smith, who left an influential staff job in UVM's diversity unit to enter the program, laughs at mention of the work. "It is unbelievable," she says.) Until recently, students like Smith and Young would have had to leave Vermont for training — or start college all over again to earn a second baccalaureate degree.

MEPN is a difficult but more reasonable path. Students can meet nursing licensure requirements after one very intense year (this cohort celebrated doing that last week) and, within another 30 months, they will earn master's degrees. The opportunity is new to Vermont and has attracted top students.

"They are an accomplished group, with previous careers ranging from a massage therapist to a cartographer to a veterinarian," says Sarah Abrams, assistant professor of nursing. "Some of them told us that, while they liked their previous jobs, there wasn't quite the right fit. They wanted to do more, to find lasting meaning and make a person-to-person contribution."

Those ideas resonate with Lauren Young. Her goal, after years of studying and working at UVM in Burlington, is to finish her master's and work as a family nurse practitioner somewhere near her home in greater Middlebury. Young doesn't overstate the significance of the class project (it's the ongoing efforts of the clinic's core volunteers and supporters she

admires), but she is pleased the group made a practical contribution, however modest, to help immigrants living in profound isolation.

"We got the ball rolling on something that was just a piece of paper a month ago," she says.

The larger context

The ability to put ideas into motion, Abrams says, is something MEPN students generally share, despite their diverse ages and backgrounds. She ties leadership skill to the larger issues in nursing that she and the College of Nursing and Health Sciences hope the program might begin to address.

The growing nationwide shortage of nurses is familiar news; a less well known critical ongoing shortfall is for nursing faculty. If MEPN establishes itself at UVM, it might help relieve both problems in Vermont. Abrams says her college works hard to cultivate research skills and leadership potential in all of its students, but adds that the re-entry students are special.

"I bet you some significant number of these people will become faculty within 10 years. A decade from now, having people who have been community leaders return and teach the next generation is really important," she says. "(MEPN) brings breadth to the profession that can't be duplicated by people who have only been educated as nurses."

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UVM HOMEPAGE

UVM Wins National Recycling Award

By Joshua Brown

Article published September 17, 2007

To honor UVM's pioneering programs and ongoing accomplishments in recycling and waste reduction, the National Recycling Coalition has given UVM its "Outstanding College or University" award for 2007.

Erica Spiegel, solid waste and recycling manager, received the award Monday, Sept. 17 at the NRC's annual congress in Denver.

Each year, UVM diverts 960 tons of material from landfills, about 35 percent of the university's total waste stream. To accomplish this, the university collects more than a dozen categories of materials and integrates recycling, composting and waste reduction into the solid waste management system.

"We are ecstatic about this award," Spiegel said. "We're increasingly making recycling part of the fabric of who we are as a university. This award is a reminder that composting and recycling are fundamental to all our efforts at sustainability."

What began as a modest program in 1987, following the passage of a new State of Vermont solid waste law ("Act 78"), has grown into a successful campus-wide program. With participation from all departments, two employees and the efforts of 180 custodial staff, more than a ton of paper, cans and bottles are collected each day.

Additionally, each year 175 tons of food waste is delivered to Intervale Compost, 8 tons of waste cooking oil is given to a local biodiesel manufacturer, 56 tons of wood chips go to the McNeill Station to be burned for electricity generation, 32 tons of computers and other "e-waste" are recycled and disassembled by American Retroworks, and 116 tons of scrap metal are recycled at a local scrap yard.

Spiegel says some of the most notable improvements in the recycling effort over the past year include improved composting and recycling at special events, expansion of the student-led Eco-Reps program and better waste-reduction education efforts.

The award application also notes that UVM has devised a new tracking system for construction waste, developed a program for distributing surplus furniture and launched a "One Less Cup" campaign to reduce disposable cup use.

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UVM's successful application was supported by the Chittenden Solid Waste District, the Salvation Army of Chittenden County and the State of Vermont's Waste Management Division.

"The ultimate goal is zero waste. We're not going to attain that ideal, but we need to see and seize opportunities to reduce waste in many places," Spiegel said. "We're working hard now to consider how we can move upstream with purchasing and other parts of the university to reduce waste before it's created."

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UVM HOMEPAGE

Major Gift Establishes Endowed Chair in Psychiatry

By Jennifer Nachbur

Article published September 18, 2007

A gift from the Burlington-based Research Center for Children, Youth and Families has established a \$2-million endowed chair in the Department of Psychiatry in the College of Medicine. Dr. James Hudziak, professor of psychiatry, medicine and pediatrics, will be the first to hold the Thomas M. Achenbach Chair in Developmental Psychopathology.

The position is named in honor of Thomas M. Achenbach, professor of psychiatry and psychology, and provides a permanent source of income to support the scholarly activities of a designated psychiatry faculty member. The endowment will assist in building on UVM's existing strengths in mental health research by helping to support an internationally known scholar.

Achenbach, who joined the UVM faculty in 1980, is widely known for developing the Achenbach System of Empirically Based Assessment (ASEBA). Translated into 79 languages, the ASEBA includes questionnaires, computer programs, and Web-based software for assessing competencies, adaptive functioning and problems across the lifespan. He has published more than 250 articles and books, has been named by the Institute for Scientific Information as one of the most-cited authors in world literature on psychiatry and psychology, and has given hundreds of talks and workshops in 30 countries.

Achenbach is the recipient of the American Psychological Association's (APA) Clinical Child Psychology Distinguished Contribution Award and is a Fellow of the APA Division of Developmental Psychology, Division of Clinical Psychology, Division of Children, Youth, and Families and Division of Clinical Child Psychology. He has also received the UVM University Scholar Award.

"We are all grateful to Dr. Achenbach and the Research Center for Children, Youth and Families for their visionary support of mental health research and training," said Dr. Robert Pierattini, professor and chair of psychiatry. "Dr. Achenbach literally put the UVM Department of Psychiatry on the international map. Through this gift, he has ensured that those who follow him have the resources necessary to continue to meet the high standards he has set."

"Having invested decades of effort in research on normal and abnormal aspects of human development, I am happy that this additional

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investment will foster continuation of greatly needed research,” said Achenbach. “I am also pleased to have Dr. Hudziak, with whom I have worked in many ways, be chosen for this chair.”

Hudziak, who came to UVM in 1993 and currently directs the Vermont Center for Children, Youth and Families, is internationally known for his work using twin, family and molecular genetic approaches in order to understand genetic and environmental influences on a wide variety of child psychiatric conditions. He also pioneered the use of telemedicine to deliver child psychiatric health care to rural areas of Vermont. He holds a special endowed chair of genetics of child psychopathology at the Vrije University in Amsterdam and is an adjunct professor of psychiatry at Dartmouth Medical College. His research program is supported by the National Institute of Mental Health, various nonprofit foundations and the State of Vermont.

He currently serves as associate editor of the *Journal of the American Academy of Child and Adolescent Psychiatry*, president of the American Psychopathological Association and research co-chair of the Society of Professors of Child and Adolescent Psychiatry. He is also a member of the National Institute of Mental Health Child Psychopathology and Developmental Disabilities Study Section. He has published more than 100 papers and chapters. His most recent book, *Genetic and Environmental Influences on Developmental Psychopathology and Wellness*, will be released in March 2008 by APPI Press.

“I want to thank Dr. Achenbach for this honor and support,” said Hudziak. “I came to Vermont to study under Dr. Achenbach. Over the past 14 years, my career has been greatly influenced by his thinking, writing and guidance. Thanks to Dr. Achenbach’s pioneering work and now to this gift, we can continue to develop new methods to improve the care of children with psychiatric disorders — both here in the state and around the world.”

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UVM HOMEPAGE

University Continues Flu Pandemic Planning

By The View Staff

Article published September 19, 2007

UVM is preparing for the possibility of a flu pandemic by charging an Emergency Management Planning Working Group to develop an emergency response plan. The campus community is invited to attend open forums on the work on Monday, Sept. 24 from 2-4 p.m. in the Silver Maple Ballroom in the Davis Center and Thursday, Oct. 18 from 3-5 p.m. in the Livak Ballroom in the Davis Center.

The working group includes students, faculty, researchers and administrators and is co-chaired by Al Turgeon, executive assistant to Vice President J. Michael Gower, and Estelle Maartmann-Moe, special assistant to the dean of students for pandemic planning.

A campus-wide email from the Office of the President emphasized the seriousness of an influenza pandemic, calling it a "a global health concern that could cause severe, life-threatening illness, infecting as much as 30 percent of the population, and would significantly impact the global economy, critical infrastructure, local health services and the University community."

The plan will be developed to meet the following objectives for UVM's response to a flu pandemic:

- Minimize the risk of the pandemic flu to faculty, staff and students
- Continue functions essential to the university's continuity of operations during a pandemic
- Continue non-essential operations during a pandemic as far as possible
- Support students who remain at UVM
- Demonstrate compassion and sensitivity in balancing the work requirements of faculty and staff with their need to care for themselves and their families
- Support the federal, state and local response to the pandemic within the means available to the university
- Provide clear, accurate and timely information to the university community about the pandemic and the university's response
- After the pandemic, resume normal teaching, research, and service operations as soon as possible

The university's [Emergency Management Website](#) contains current information about pandemic influenza and will be updated as plans

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UVM HOMEPAGE

Coffee Will Soon Brew at Fleming Cafe

By Kevin Foley

Article published September 19, 2007

The northern edge of campus, currently a relative dry spot for the caffeinated fuel of academic exertion, will soon offer a new option for sitting down with a warm mug. The Fleming Museum will officially debut its glass-wrapped mini-café at a fall reception on Thursday, Sept. 20 at 5:30 p.m.

The space in the museum's historic brick-and-marble lobby will feature café tables and comfy chairs, Speeder and Earl's coffee, and cookies and other snacks from Sodexho. Janie Cohen, the museum's director, isn't a frustrated barista; she just wants museum visitors to feel as comfortable and welcomed as possible.

"We hope this lets people meet friends and relax with a cup of coffee," she says. "Or creates a change of pace for faculty office hours."

The café replaces the Fleming's museum store, but it will offer a small and focused collection of merchandise including cards, posters and books.

The new lounge is the finale of a summer of renovation for the Fleming. The building got a new roof, and the previously sepulchral Fleming 101 auditorium now has a more attractive entry and an elevator accessible to people with disabilities. It also boasts new technology, carpeting, paint, wall treatments and seating.

Information: [Fleming Museum](#).

Find articles on similar topics: [Fleming Arts](#)

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UVM HOMEPAGE

Friends Help Friends Avoid Teen Abuse, Study Finds

By Jennifer Nachbur

Article published September 19, 2007

A teenage girl's group of friends may help reduce her uncertainty about, and consequently protect her from, an abusive dating relationship, according to a new study published by Sharyl Toscano, assistant professor of nursing, in the online open access journal *BMC Nursing*.

Each year, one in 11 adolescents reports being a victim of physical dating abuse, according to the Centers for Disease Control. Based on her study, titled "A Grounded Theory of Female Adolescents' Dating Experiences and Factors Influencing Safety: The Dynamics of the Circle," Toscano believes friendship groups serve as a type of social safety net.

For her study, Toscano interviewed 22 girls aged 15 to 18 from two Massachusetts high schools. She asked them about their own dating experiences and those of their friends, the influences on those relationships and any experiences of abuse.

From these interviews, Toscano identified seven stages in the dating cycle. The couple-to-be typically first meet when their circles of friends interact. They get to know each other better outside the group, but only in a very limited capacity, such as via the Internet or phone. Next, they start to go out together with other couples before dating independently of their friendship groups. Following their group dating, the couple re-enters the friendship circle as a recognized couple, maintaining their independent relationship as well as their relationships within the circle. After a break-up, the two have to re-join the circle as independent members.

Toscano found that a girl's friendship circle sets the social rules, norms and values for the dating relationship; anyone who does not share their "terms of engagement" is disapproved. The risk of abuse — an intention to cause verbal, emotional or physical hurt — is greatest at times of stress and when the dating relationship remains outside of the girl's friendship circle, such as when the friends in the group reject the girl's partner.

Without the circle's support, Toscano argues, teenage girls are more uncertain about possible abuse. They view physical abuse as play fighting, control as protection and sexual pressure — even rape — as normal sexual tension. Girls tend to tolerate abuse more when they fear losing a relationship, when they have lost their virginity or when the



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relationship involves sexual activity.

When girls are uncertain about possible abuse they look to their friends for confirmation, especially when physical abuse has left visible marks. Friendship groups often act to protect the girl and, in the most severe cases, approach a trusted adult (often a parent) for help. But a girl who has been isolated from her friends is less likely to receive help this way; she may cover up any abuse because she feels shame.

Toscano believes that health care providers and parents can find key indicators for a girl's risk of abuse in a dating relationship (including sexual pressure) in the girl's peer relationships and suggests that further research be done to gain a greater understanding of the additional potential benefits of friendship groups.

Find articles on similar topics: [Health](#) [Research](#) [Nursing](#)

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UVM HOMEPAGE

UVM Apples Are Ripe for Sale Every Friday

By The View Staff

Article published September 13, 2007

The UVM Horticulture Research Center is open for apple sales every Friday through October from 10 a.m. to 4 p.m.

The sales continue a 50-year tradition, support horticultural research and education, and offer fresh fruit in exotic varieties (shifting weekly with ripening) for a miserly \$1 per pound. Bulk orders and interdepartmental purchases are welcome.

The farm is located behind GE Healthcare and the Heritage car dealerships off Shelburne Road. To get there from campus, take Spear Street south to Swift Street and make a right. Make a left onto Shelburne Road/Route 7 and travel 1.5 miles south, then turn left at the traffic light onto IDX Drive. Proceed .3 miles, then turn left onto the Horticultural Research Center access road.

Information: 658-9166.



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UVM HOMEPAGE

Start-Up Exec to Discuss 'Innovation in a Dog-Eat-Dog World'

By The View Staff

Article published September 14, 2007

David Pensak, a successful entrepreneur who was also chief computer scientist for DuPont Corporation, will discuss "Innovation in a Dog-Eat-Dog World," on Thursday, Sept. 20 at 4 p.m. in 427 Waterman.

Pensak's talk is part of the College of Engineering and Mathematical Sciences' Distinguished Lecture series.

Pensak firmly believes that innovation is a skill that can be taught and learned. It requires carefully choosing a relevant problem, then looking widely for technologies that could be applied to the problem. He will discuss some analytic and organizational strategies for finding commercially viable solutions to problems. Where do the dogs come in? Pensak believes people or organizations who do not try to innovate will be eaten alive by their global competition.

Pensak, who developed the first commercial Internet firewall, founded the computer software security start-up V.i. Laboratories after a distinguished 30-year career at DuPont. He was also the founder and inventor of technology for two successful information security companies. He has also served as a Senior Fellow at the Wharton School of Business at the University of Pennsylvania. Pensak earned a Ph.D. in chemistry from Harvard University and an A.B. in chemistry from Princeton University.

Information: [David Pensak Lecture](#).

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UVM HOMEPAGE

Staff Recognition Week is Sept. 24-28

By The View Staff

Article published September 14, 2007

The Social on the Green, highlight of UVM's annual Staff Recognition Week, will take place Monday, Sept. 24 from 11:30 a.m. to 1:30 p.m. under the tent near the Fleming Museum entrance.

President Daniel Mark Fogel and Rachel Kahn-Fogel will host the event, which is open to all staff and features free lunch and music. Two invitation-only events, a Sept. 27 luncheon and a Sept. 28 dinner, will honor staff celebrating 10- and 15-year service anniversaries.

Employees who reached 5, 10, 15, 20, 25, 30 and 35 year employment milestones will receive gift certificates for the UVM bookstore. These gifts, alas, are considered taxable by federal law.



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UVM HOMEPAGE

A Musical Journey for Tenor and Piano

By The View Staff

Article published September 17, 2007

Andreas Ertl, an internationally acclaimed performer of opera and operetta, and Sylvia Parker, a pianist and UVM senior lecturer of music, will be combining their talents in a free, public concert on Wednesday, Sept. 26 at 7:30 p.m. in the UVM Recital Hall, Redstone Campus.

The concert program ranges from opera to lieder, featuring the music of Beethoven, Brahms, Kálmán, Lehár, Leoncavallo, Mozart, Schubert, Siczynski and Verdi. Highlights of the evening will include Ertl singing Tamino's aria *Dies Bildnis ist bezaubernd schön* from Mozart's *Magic Flute* — a song of enchantment and devotion in stark thematic contrast to the charming, but faithless Duke of Mantua's *La donna è mobile* from Verdi's *Rigoletto*.

The performance is sponsored by the the Office of the Provost, Global Village Residential Learning Community, Department of German and Russian, Department of Music and Office of International Education. A lobby coffee and dessert reception will follow the concert.

Information: Global.Village@uvm.edu.

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UVM HOMEPAGE

Melanoma, Cancer Genetics and More at Community Med School

By The View Staff

Article published September 17, 2007

The Community Medical School lecture series began in 1998 and offers the community a chance to learn about crucial health care issues from UVM College of Medicine and Fletcher Allen experts. This fall's series begins on Tuesday, Sept. 25 at 6 p.m. in Carpenter Auditorium, Given Building.

Lectures are approximately one-hour long and directed at laypeople. All of the talks will take place on Tuesdays at 6 p.m. in Carpenter Auditorium. Registration is highly appreciated but not required; see below for the registration phone number and URL.

Dates, topics and speakers follow:

Sept. 25, "Errors in Health Care: Systematic Approaches to Reducing Mistakes and Improving Quality," with Dr. Benjamin Littenberg, UVM Tufo Professor of Medicine and Fletcher Allen internist. Errors are a part of all human activity, but when they hurt the very patients who rely on health professionals for care, they are particularly devastating and disturbing. Gain an understanding of how errors can occur, discuss their causes and learn about some research-based methods for preventing them from happening.

Oct. 2, "Future Docs: How We Educate Physicians at UVM," with Dr. Lewis First, senior associate dean for medical education; professor and chair of pediatrics; and chief of Vermont Children's Hospital at Fletcher Allen; and Cynthia Forehand, UVM Director of Foundations and professor of anatomy and neurobiology. The training of physicians has changed significantly recently. Find out about the College of Medicine's pioneering and innovative initiative — the Vermont Integrated Curriculum — which uses technology and other tools to enhance science and humanism in medical education.

Oct. 9, "Assessing Your Risk: Genetic Testing for Cancer," with Dr. Marie Wood, professor of medicine and director of the familial cancer program and Fletcher Allen oncologist. A person's risk for certain cancers, such as breast, ovarian and colon cancer, can sometimes be inherited. Find out whether or not you should consider genetic testing, what genetic testing is and how predictive gene tests work to identify cancer risk. Review the latest research taking place at the Vermont Cancer Center and what type of genetic testing might be available in the future.

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Oct. 16, "Inflammatory Bowel Disease: Crohn's Disease and Ulcerative Colitis," with Dr. James Vecchio, professor of medicine and Fletcher Allen gastroenterologist. Learn about the symptoms and possible causes of inflammatory bowel disease and who these disorders typically affect. Examine the clinical aspects and differences between two debilitating forms of IBD — Crohn's disease and ulcerative colitis — and learn about present and possible future treatments.

Oct. 23, "An Introduction to Trauma Surgery: Caring for the Critically Injured," with Dr. Bruce Crookes, assistant professor of surgery and Fletcher Allen trauma director. Investigate the branch of medicine and surgery referred to as trauma, as well as the role of traumatologists, the specialists who treat patients in emergency departments. Review the "ABCs" of trauma resuscitation, how hospital trauma systems work and discuss a case presentation of a skateboarder-car accident.

Oct. 30, "Stopping the Deadliest Skin Cancer: Diagnosis and Management of Early Melanoma," with Marcus Bosenberg, M.D., Ph.D., assistant professor of pathology and Fletcher Allen pathologist; and Dr. Glenn Goldman, associate professor of medicine and Fletcher Allen dermatologist. Each year, melanoma affects 60,000 Americans and causes more than 8,000 deaths. Discover how early detection of melanoma can save lives and new methods that are helping pathologists make highly accurate predictions. Explore surgery guidelines for melanoma removal, a technique called sentinel node biopsy and review the role of genetics.

Nov. 6, "Antibiotic Resistance: Miracle Drugs Under Siege," with Dr. W. Kemper Alston, associate professor of medicine and Fletcher Allen infectious disease specialist. The discovery and development of antibiotics are among the greatest achievements in the history of medicine. Now increasing antibiotic resistance is considered by the U.S. Centers for Disease Control and Prevention to be "one of the world's most pressing public health problems." Find out how this resistance threatens our ability to successfully treat infectious diseases, including tuberculosis, HIV, malaria, staph and other hospital infections.

Information, registration: 847-2886 or [Online Registration](#).

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UVM HOMEPAGE

UVM to Launch Community Congress

By Joshua Brown

Article published September 19, 2007

Peter Senge, author of *The Fifth Discipline: the Art and Practice of the Learning Organization*, will open the First Annual Community Congress on Integrative Solutions to be held Monday, Sept. 24, and Saturday, Sept. 29, in the Grand Maple Ballroom of the Dudley H. Davis Center. The congress is sponsored by the Leading by Design Task Force.

This two-day event will consider ways UVM might be transformed in the decades ahead, as the university's Leading By Design project prepares a major grant proposal aimed at making UVM a global leader in sustainable design and integrated environmental problem solving.

All are welcome and encouraged to attend either or both days. Free food will be served.

Additional highlights include a screening of Leonardo DiCaprio's new film, *The 11th Hour* (featuring John Todd of the Rubenstein School for Environment and Natural Resources); discussion with renowned sustainability experts including David Orr, UVM Marsh Professor-at-large and chair of the Oberlin College Environmental Studies Program; and opportunities for public input and group discussion.

Hundreds of ideas have been sent in from campus and throughout Vermont to the task force suggesting directions UVM might pursue. Just a few of these include: build a green technology center, grow fruit and nut trees and other edible plants on campus, compost all of UVM's food waste, join an EPA program to improve the energy performance of new laboratories, give employees time to participate in clinical research studies, install air pumps on campus for bicycle tires and create a new major in "sustainable science."

Now, to further aid in the development of the proposal, the project's leaders are calling on members of the UVM and Vermont communities to participate in the congress, helping to provide additional new ideas — and, more importantly, to discuss how the strongest of these ideas can best be integrated and prioritized in the development of a grant application to be submitted to the Lewis Foundation at the end of the year.

On Sept. 24, from 3-6 p.m., Daniel Fogel will open the congress's "kick-off" with brief remarks followed by a presentation by organizational development expert Peter Seng.



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"Our world is in crisis, and time is limited to make the changes required to achieve a sustainable and desirable future. The next 10 years will be critical in finding and implementing real, systemic solutions," Fogel said earlier this year to launch the design task force. "We at UVM are deeply committed to transforming our university into the world leader in ecosystem thinking, learning and sustainable design in order to meet this challenge."

Following the president's lead, the first meeting will provide an update on the work of the Leading By Design Task Force, analyze a variety of projects under consideration, and give attendees the opportunity to develop ideas for further exploration at the week's end, when the large-group congress will convene.

On Sept. 29 at 10:30 a.m., the First Annual Community Congress on Integrative Solutions will open.

Presentations will run from 10:30 a.m. until 1:00 p.m. and will be made by:

- Robert Costanza, UVM Gund Professor of Ecological Economics and Director of the Gund Institute for Ecological Economics
- Lisa Aultman-Hall, professor of engineering and director of the UVM Transportation Center
- Alvaro Umaña (invited), UVM Marsh Professor-at-large, former director of the Environmentally Sustainable Development Group at the United Nations Development Programme in New York
- Fayneese Miller, dean of the College of Education and Social Services
- David Orr, Marsh Professor-at-large and professor and chair of the Oberlin College Environmental Studies Program.

From 1-2 p.m., a free lunch will be served with small group discussions facilitated by leaders of the task force.

The full Congress will gather from 2-3 p.m. to hear reports from the discussion groups and consider next steps.

A screening of *The 11th Hour*, produced and narrated by Leonardo DiCaprio, and featuring interviews with David Orr and UVM design expert John Todd, will begin at 3:30 p.m.

The task force continues to seek input from the community via a survey posted on the group's website at [Leading By Design](#). Ideas can also be brought to either meeting. Community members may email the group at sustainability@uvm.edu.

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UVM HOMEPAGE

Photographer, Alum to Visit Campus

By The View Staff

Article published September 19, 2007

Celebrated photographer and UVM alum Richard Ross will speak on campus in an art department sponsored event on Wednesday, Sept. 26 at 5:30 p.m. in 301 Williams Hall.

Ross, a professor of art at the University of California-Santa Barbara, has published 11 books of photography, including *Museology* and *Waiting for the End of the World*.

His most recent book, *Architecture of Authority*, features images ranging from a Montessori school classroom in Santa Barbara to segregation cells at Abu Ghraib prison in Iraq and the interview room of Delta Camp V in Guantánamo, Cuba.

To see examples of Ross' work, visit his website, richardross.net.

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Making Inroads on Rural Public Transportation

By Joshua Brown

Article published September 19, 2007

For many years, public transportation providers in rural communities have faced the tough reality of low funding and high need. Areas with few people often have a small tax base and limited political clout. But the distances to towns, shops, medical care, and schools make it crucial to have reliable bus service and other public transportation. In Vermont, as the population ages, this problem is becoming more serious.

To discuss this dilemma and positive ways forward in the state and nationally, the University of Vermont's Transportation Center will host a panel discussion on "Rural Public Transportation: Challenge and Response," Friday, Sept. 21, from 3 p.m. to 4:30 p.m., in McAuley Hall on UVM's Trinity Campus.

Three leaders from the Community Transportation Association of America will head the panel, drawing on numerous experiences across the country ranging from hurricane response to developing programs to increase bus ridership.

"CTAA has done an immense amount of work in both Mississippi and Louisiana in the wake of Katrina," notes Fred Schmidt, director of UVM's Center for Rural Studies and one of the organizers of the panel. "Their work ranges from assisting in having workers stranded in Baton Rouge get to work in New Orleans, through persisting in seeing that federal aid got to the right places, through countless trips to rural and small urban systems assisting in responding to whole new patterns of commuting and responding to emergency care."

The three panelists from the CTAA are the organization's director, Dale Marsico; board member Charles R. Carr, director of the public transit division for the Mississippi Department of Transportation; and Dan Dirks, president of the CTAA's board of directors.

They'll engage representatives from numerous Vermont organizations including the state's Agency of Transportation, the Chittenden County Metropolitan Planning Organization, the Vermont chapter of AARP, the Vermont League of Cities and Towns, NRG Systems, Senator Patrick Leahy's office, CATMA (Campus Area Transportation Management Association), and others, says Karen Glitman, program coordinator for the UVM Transportation Center.

The issue is a big one. Despite a challenging funding climate, the State of



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[Out of the Park](#)

Keeping up with Robert Manning, even on a short stroll from campus to the waterfront, is an intimidating prospect. Walking is not only central to Manning's scholarship, it's also a hobby of, well, wide-ranging proportion.

[Steady Flow](#)

Nicole Mason is worried about the damage Hurricane Felix caused along the Honduran-Nicaraguan border in early September. Her concern isn't abstract: The recent graduate spent three weeks this summer building a sediment catch basin and she wants to know if her design withstood the flooding and continued to bring the town clean water.

[Passion In Practice](#)

Hundreds of migrant farm workers are living almost invisibly right now in just one Vermont county. They have traveled thousands of miles from their homes in rural Mexico to take better paying, albeit illegal, jobs in the states. They aren't supposed to be here, but they are. They can't afford to get sick, but they do.

Vermont will provide \$19 million for public transport this year, there are 13 public transit providers in the state, and, in 2005, there were 3.9 million separate trips — or “boardings” — on the various fixed routes for public transport in Vermont.

“People don’t meet all of their needs in one town anymore. A hundred years ago it was different, but now we travel widely,” Glitman said, noting that the panel discussion is part of an ongoing dialogue about “how do we meet the regional public transportation needs of Vermont, as it changes and ages?”

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NOTABLES

September 12, 2007

Publications and Presentations

Dawn Densmore, director of outreach and public relations for the College of Engineering and Mathematical Sciences, is organizing an effort in her spare time to lobby the FDA to require companies to disclose on food labels the percentage of production costs devoted to packaging versus the percentage spent on product. She believes that making this information available to consumers would eventually reduce elaborate and wasteful packaging. Her work was recently featured in the *Burlington Free Press*. To make a public comment on Densmore's proposal, visit [Packaging Comment](#).

Jeffrey Dinitz, professor of mathematics and computer science, discussed his work on Sept. 12 on Vermont Public Radio. He is also an invited guest speaker for the Midwest Conference on Combinatorics, Cryptography and Computing to be held Oct. 13-15 at the College of Charleston in South Carolina.

Wolfgang Mieder, professor and chair of the Department of German and Russian, is the author of four articles. Two of the articles, "Proverbs in the Works of Ralph Waldo Emerson" and "Proverbs as Cultural Units or Items of Folklore," appeared in Berlin in the massive two-volume publication *Phraseology: An International Handbook of Contemporary Research*. His paper on "Yankee Wisdom: American Proverbs and the Worldview of New England" is part of an essay volume on phraseology and culture in English, and the fourth essay, "'The Proof of the Proverb is in the Probing': Alan Dundes as Pioneering Paremiologist," appeared in the journal *Western Folklore*. A book containing more than three decades of letters written between Mieder and folklorist and professor Lutz Röhrich has been published. The letters deal primarily with their shared interest in international proverb scholarship and serve as testament to their long, close friendship.

Garrison Nelson, professor of political science, was featured in a CNN segment titled "President Bush's Forgotten State." The report was about how Vermont is the only state the president has not visited during his time in office. Nelson told CNN National Correspondent John King that Vermont was a "photo opportunity (Bush) does not need." Nelson's thoughts on the matter appeared widely elsewhere in the media via the Associated Press and the *Washington Post*.

Awards and Honors

United Academics, the faculty union at UVM, supports student scholarships each year in honor of an early 19th-century black Vermonter, Jeffrey Brace. The United Academics Jeffrey Brace Book Award provides \$500 to be used for books and supplies by students who exemplify not only academic excellence but also an active commitment to social justice. This year's winners are **Leah Sohotra**, a senior women and gender studies major from Middlebury, Vt.; **Emily Nicolosi**, a senior studio art major from Great Barrington, Mass.; **John MacDonald**, a senior history major from Red Hook, N.Y.; **Lindsey Bryan**, a senior community and international development major from South Portland, Maine; and **Daniel Lim**, a junior natural resources major from Brooklyn, N.Y.

Black Women's Intellectual Traditions, published by **The University of Vermont Press**, a member of University Press of New England, is winner of The Letitia Woods Brown Memorial Book Prize in the anthology category. The prize is awarded annually by the Association of Black Women Historians for the best book, anthology and article about African American women's history. The editors, Kristin Waters, professor of philosophy at Worcester State College, and Carol Conaway, assistant professor of communications at the University of New Hampshire, will be honored at next month's ASALH meeting.

September 5, 2007

Publications and Presentations

Jeanne Goldhaber, associate professor of integrated professional studies, and **Dee Smith**, head teacher at the UVM Campus Children's Center and lecturer of IPS, have been invited to give a series of lectures in November at Chung Ang University in Seoul, Korea. They will be talking about the scholarship taking place at the Campus Children's Center and its approach to early childhood teacher education.

Alex Hodges, postdoctoral associate in molecular physiology and biophysics, **Elena Krementsova**, senior researcher in molecular physiology and biophysics, and **Kathleen Trybus**, professor of molecular physiology and biophysics, co-authored a paper in the July 18, 2007 *Journal of Biological Chemistry* titled "Engineering the processive run length of myosin V."

Ann Laramee, adjunct assistant professor of nursing, was the lead author of an analysis of the prevalence of low literacy among heart failure patients with diabetes titled "Relationship of literacy and heart failure in adults with diabetes" in the July 2, 2007 issue of *BMC Health Services Research*. Co-authors on the paper were **Nancy Morris**, associate professor of nursing, and Dr. **Benjamin Littenberg**, Henry and Carleen Tufo Professor of Medicine and director of general internal medicine.

Awards and Honors