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UVM HOMEPAGE

INTERview: Susan Crockenberg



Baby steps: Psychology Professor Susan Crockenberg studies how babies react to novelty – and how parents can help them cope. (*Photo: Bill DiLillo*)

"Babies," says Susan Crockenberg, a professor of developmental psychology, "are endlessly fascinating." And working with them and their parents, she says, inspires optimism. *the view*'s conversation with Crockenberg ranged from day care to what a baby's temperament at age six months might tell us about his or her behavior as a and a key way that babies manage their emotions.

FULL STORY ▶

PREVIOUS ISSUE

Faculty and Staff to Get First Crack at Hockey, Basketball Tickets

The Lane Turns 50

Apple Sales Start Friday

Fellowship Draws URI Prof to 'Dynamic' UVM

Staff To Enjoy Spotlight During Recognition Week

College of Medicine's Schweitzer Fellows Spark Lecture Series, Other Projects

Fleming Museum Hosts Benefit Garden Tour

Convocation Celebration Set For Thursday

September 15, 2004

Text Size: Sm | Med | Lg

THE WEEK IN VIEW

Trustees Approve

Culminating more than two years of planning

Student Center

and a decade of discussion and debate,

the University of

Vermont Board of

project in the

Trustees has officially

approved a new student

center, the largest and

most ambitious building

War and Healing The

surgery, while serving as

measure. But he's most

proud of securing funds

for a struggling hospital.

surgical work done by

assistant professor of

commander of a 20-

person U.S. Army

impressive by any

Reserves unit in Afghanistan is

Dr. Gino Trevisani,

university's history.

Sept. 16, Noon.
Event: "Women at
Noon: Women Need a
Livable Wage," with
Emma MulvaneyStanak of the
Vermont Livable
Wage Campaign. 34
S. Williams Street.
Information: UVM
Women's Center or
656-7892

Sept. 16, 6 p.m.
Lecture: "Improving Access to Health
Care: Moving From
Rhetoric to Action"
with Judy AshleyMcLaughlin of the
Vermont Department
of Health. Carpenter
Auditorium, Given
Building.
Information: 3242542

Sept. 17, 10 p.m. Concert: Robin Andre, who has opened for the Dave Matthews Band, performs at Billings, North Lounge. Information: bored or 656-7898

Sept. 21, 7:30 p.m. Seminar: "Defensive Archaeology and the politics of Wabanaki Prehistory," with Fred Wiseman of Johnson State College. Memorial Lounge, Waterman. Information: 656-4389

Sept. 23, 5:30 p.m.
Talk: "The Orchid
Thief Reimagined."
Jane Kent, assistant
professor, art
department. Cosponsored by Special
Collections, BaileyHowe Library.
Fleming Museum.
Information: Fleming
Museum 656-0750



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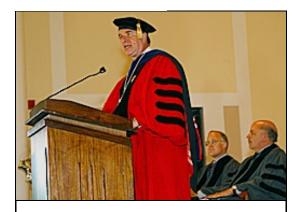
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UVM HOMEPAGE

NEWS BRIEFS



President Daniel Mark Fogel delivered an address at Convocation after remarks by Vermont Gov. James Douglas and Burlington Mayor Peter Clavelle. (Photo: Sally McCay)

Convocation Poses Questions, Challenges

Speakers at Convocation on Sept. 9 urged the students, faculty, staff and friends present to vigorously debate and pursue a vision of preeminence for the university.

The annual event, which is intended to establish academic themes for the upcoming year, focused on the broad vision for the university espoused by President Daniel Mark Fogel and endorsed by the UVM Board of Trustees. That vision calls for UVM to be the nation's premier small public research university, a place with particular strength in liberal education and the study of the environment and health that provides students with "extraordinary opportunities" and improves life in Vermont and the world.

After welcoming remarks from Vermont Gov. James Douglas, Burlington Mayor Peter Clavelle, and Board of Trustees Chair James Pizzagalli, and an opening reflection from Phyllis Bronstein, professor emeritus of psychology, UVM President Daniel Mark Fogel spoke to the audience at Ira Allen Chapel. His speech incorporated passages from Wordsworth, Dickinson and Deuteronomy, and ranged in tone from sadness at world events and the grave illness of College of Arts and Sciences Dean Joan Smith to excitement for the university's values, people and work.

"I can think of no institution that rivals the modern university in the potential it affords to all whose lives it touches to live those lives fully and to make a difference in the world," he said. "So let us, at the beginning of the new academic year, resolve—each of us individually, and all of us collectively—to make the most of the enviable

Campus Mourns the Loss of Dean Joan Smith

Joan Smith, dean of the College of Arts and Sciences, passed away on the evening of Sept. 10 at her home in Hartland, Vt.

"Joan Smith did an outstanding job strengthening the college and guiding it to stronger times," said Daniel Mark Fogel, UVM president. "The university is losing one its strongest leaders and, for so many in the UVM community, one of our most cherished friends."

"It is with the deepest sense of sadness that we mourn the loss of our dear colleague and friend," said Provost John Bramley. "Joan was a pillar of this university; and we will miss her enormously. She leaves our university with a distinguished and lasting legacy." Jane Knodell, associate dean and associate professor of economics, will serve as acting dean of the College of Arts and Sciences.

A memorial service will be held on Sept. 17 at 3:00 p.m. in Ira Allen Chapel, followed by a reception at the Billings Student Center.

Smith, a professor of sociology with special interest in economic processes and labor force issues, was named the first woman dean of the university's largest academic division in 1996 after serving in an interim capacity for the 1995-96 academic year. The College of Arts and Sciences is home to more than 4,000 students, 230 tenure-track and 107 non-tenure-track faculty, and 116 staff.

Smith's accomplishments as dean were many, including implementing the ALANA Studies program; developing integrated first-year programs and an honors program; and working to emphasize equitable compensation and recognize merit among Arts and Sciences faculty. Under Smith's leadership, enrollment in the College of Arts and Sciences increased over 15 percent; applications for admission to the college increased by 28 percent; and the applications of the most highly qualified students increased from 35 to 49 percent. Sponsored awards (grants and contracts) to College of Arts and Sciences faculty increased from \$2.9 million in 1996 to \$6.3 million in 2003.

Smith was also a leader in implementing UVM's commitment to diversity. Of the 123 faculty hired during her deanship, 50 percent were women and ALANA faculty. Multicultural enrollments in the college increased by 77 percent, rising from 157 to 279, and the share of ALANA faculty grew from 5.4 percent in 1996 to 12.8 percent this year.

Prior to her position as dean, Smith spent a year

opportunities we have for living fully, of savoring the life of the mind as passionately as we can, and in seizing our chances for intellectual and personal growth with a vivid sense of how rare and special they are."

For his part, Fogel said that he hoped that this year would mark the creation of two new "signatures of excellence" for a UVM education. These two efforts, which would span the university's disciplines, are creating more opportunities for experiential learning (through opportunities for field work, undergraduate research, internships, service-learning and similar projects) and establishing a campus-wide degree requirement for sustained engagement in writing.

Fogel also said that the next nine months would mark a time of further progress towards elaborating and implementing the institution's academic vision, and that effort would require effort from the entire campus. "The academic vision for UVM will evolve over time, being shaped and reshaped by successive generations of alumni, students, staff, and above all by the faculty. This year we are seeking your full engagement in the shaping of that vision," he said.

Fogel and Provost John Bramley have proffered five questions to spark discussions of the vision. They are:

- What must we do to establish UVM as a leading center of innovative liberal arts education in the 21st century?
- What must we do in our instructional programs, in our research and scholarship, and in our institutional practices to make good on our claim of being the nation's environmental university?
- To what niche areas within the vast domain of health, medicine, and the life sciences should we commit differential resources in order to establish programs that are the very best in the world?
- What steps must we take to ensure that the university fully realizes its promise as the key driver of Vermont's bid to establish a viable, productive, and prosperous position in the global economy?
- How do we align everything we do behind the need to offer an exceptional educational experience to our students and an exceptional environment for the conduct of world-class research, at a university of high academic quality with an efficient, service-oriented approach to supporting our people and activities?

Provost John Bramley, whose address followed Fogel's, elaborated on the questions and the campus-wide conversation concerning them that will take place over the next year. Pointing out that UVM has made enormous progress on many fronts, he cautioned, "We cannot rest on our laurels."

Dr. Mildred Reardon, associate dean for primary care in the College of Medicine, concluded the hour-long event with another admonition, this one as special assistant to President Thomas Salmon, acting as a liaison between the faculty and administration, resolving faculty concerns and working on broad policy issues.

Smith earned her doctorate in sociology at New York University and taught at Dartmouth College and the State University of New York in Binghamton before joining UVM in 1990 to teach sociology and serve as the first director of the Women's Studies program, a position she held for five years. During that time she also helped lay the groundwork for the university's Women's Center.

Smith was the author and/or co-author of books including Hard Work and Making Do: Labor Mobilization in Rural Areas, Creating and Transforming Households: The Constraints of the World Economy, and Racism and Sexism in the World System. As Women's Studies director, she coordinated publication of a statewide women's resource guide titled, Linking Arms: Women's Advocacy Network in Vermont.

Her research on rural poverty and women's health and economic needs was funded by the Ford Foundation, the National Endowment for the Humanities, the Public Welfare Foundation, and the Plumstock Foundation. An advocate for women's issues in Vermont, she was a vocal opponent of a welfare reform bill proposed by the legislature in 1993 that would terminate welfare benefits to poor women after two and a half years; her efforts helped lead to the inclusion of transitional benefits now acknowledged to have been essential in the bill's success – retention of health care for single mothers who found work, transportation assistance to get to work, and child care while at work

In a 1997 interview, Smith was asked how she would like to be remembered. "I'd like to think people would say about me that I valued their work," she said.

At the request of Dean Smith's family, a faculty professional development fund has been established in her memory. For more information, please contact the Dean's Office of the College of Arts and Sciences at 802-656-3166 or email assdean.admin@uvm.edu.

Boston Celtics to Practice at Patrick Gym

The Boston Celtics will hold their preseason training camp at Patrick Gym from Tuesday, October 5-10, Celtic officials announced.

"We are very proud to welcome the Boston Celtics to the University of Vermont and the Burlington area," said senior associate athletic director Jeff Schulman. "We are also very proud of our men's and women's basketball programs, and it is great to have them associated with one of the most storied franchises in the history of the NBA."

"I appreciate the University of Vermont opening their doors to us," said new Celtics head coach Glenn 'Doc' Rivers. "I believe getting away will afford us the opportunity to get to know each primarily directed at students. "Our responsibility is to be engaged, enlightened, involved and determined," she said.

Major Donation Paves Way For Construction of Turf Field

A major gift from Rey Moulton and Betsy Winder of Manchester, Mass., will help the university better compete in field hockey and lacrosse. Construction has started on an all-weather turf field that will become the permanent home of field hockey when completed in the spring of 2005.

"When we embarked on bringing athletics in line with the president's overall vision, facilities was our A-number one challenge," says Chris McCabe, assistant vice president of marketing and business development, and a former top UVM lacrosse player. "The turf field will give us a chance to compete for athletes that are looking at programs like UMass and top Ivy League schools. Those are the teams we want to compete with."

The new field is part of a comprehensive makeover of the Archie Post Athletic Complex, a cluster of athletic fields and facilities located next to Gutterson. The all-weather turf field allows spring sports to start practice outdoors much sooner instead of practicing indoors on the concrete floor of the indoor tennis facility. It will also serve as the temporary home of the men's and women's lacrosse teams during the construction of a planned 4,000-seat open-air stadium that will also serve as the new home of UVM soccer.

An outdoor track and space for concessions, picnicking and restrooms are also planned for the complex.

Winder, who played field hockey while a student at Lehigh, agrees that high quality facilities equal high quality athletes. "I was surprised when I realized that UVM didn't have a turf field for field hockey. Having a proper facility is a big part of attracting and retaining the best athletes," she says.

The gift from Moulton and Winder advances the Campaign priority of UVM athletics to fund improvements to the Archie Post complex.

other and allow us to become closer as a team."

It will mark the first Celtics training camp for Rivers, who took over the helm of the team following last season. Boston, which reached the first round of the Eastern Conference playoffs in 2003-04, returns several top players led by All-Star guard Paul Pierce. Workouts will be closed to the public but the team will hold a Green-White scrimmage on Oct. 9 at Patrick. Ticket information will be available soon.

Winners of an NBA-record 16 world titles, it will be the Celtics third appearance at Patrick Gym, as they previously played a pair of exhibition games in the 1960s. Boston held an intra-squad game in the fall of 1967 and prior to the following season, they played the Philadelphia 76ers at Patrick Gym. They are the fourth major league organization to train at UVM and the first basketball team. In recent years the NHL's New York Rangers and the Hartford Whalers have held training camp at UVM's Gutterson Fieldhouse. Prior to the strike-delayed 1972 major league baseball season, the Montreal Expos held workouts at the Gardner-Collins Cage.

Boston's first exhibition game is Oct. 12, when they take on Chicago at the Verizon Wireless Arena in Manchester, N.H. They open the 2004-05 regular season Nov. 3, when they host Philadelphia at the FleetCenter.

Grant Will Support Debate of Critical Global Issues

The university's Lawrence Debate Union has received a \$2,000 grant from the UN Foundation to organize four events over the next month to discuss American power and global security, energy choices, environmental challenges and prosperity in a global economy.

"The People Speak" is a public education effort launched last year by the UN Foundation and the International Debate Education Association to raise the level of national dialogue about America's role in the world. The LDU is among hundreds of high schools, colleges, civic and business groups throughout the nation participating in this effort by sponsoring events to foster discussion of critical global issues.

On Sept. 18 the LDU will tape two episodes of its television program, "Flashpoint" on the topics of energy security and the advantages and disadvantages of a strong U.S. military power. "Flashpoint" is aired on Burlington cable channel 15 three times a week: at 12:30 p.m. Wednesday, 10:30 p.m. Thursday, and 1 p.m. Saturday. Selected programs may be viewed online as streaming videos at the LDU Website.

The student debaters also will host a "speak out" on the steps of Royall Tyler Theatre on Sept. 23 and an Internet debate about wind power as a substitute for fossil fuels on Sept. 28. The group may add additional events if it can organize them before the Oct. 15 deadline.



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Fall Community Medical School Begins Sept. 21

Whether you are a heart attack victim or asthma sufferer, the cause of your condition may have a common cause – blood clots. This fall's Community Medical School investigates the science behind these and a host of other health concerns, including insomnia, autoimmune disease, varicose veins, enlarged prostates and medical care for the dying.

Taught by skilled physicians and scientists from the College of Medicine and Fletcher Allen Health Care, the free hour-long lectures will take place on Tuesday evenings Sept. 21 through Nov. 2 at 6 p.m. in Carpenter Auditorium in the Given Building. Each lecture will be followed by a question-and-answer session.

Lecture dates, topics and speakers are:

- Sept. 21, "Blood Clots, Inflammation and Heart Attacks: What are the Connections?" by Paula Tracy, professor of biochemistry and medicine, and Dr. Mary Cushman, associate professor of medicine and pathology and Fletcher Allen hematologist
- Sept. 28, "When the Body Attacks Itself: Autoimmune Disease and the Benefits of Tolerance" by Dr. Bonita Libman, associate professor of medicine; Fletcher Allen rheumatologist
- Oct. 5, "The Aging Prostate: How It Happens, Symptoms and Treatments," by Dr. Mark Plante, associate professor of surgery and director of urologic research; Fletcher Allen urologic surgeon
- Oct. 12, "Varicose Veins: Causes, Symptoms and Management," by Andrew Stanley, M.D., Assistant Professor of Surgery; Fletcher Allen Vascular Surgeon
- Oct. 19, "Getting Your Winks: Insomnia and Other Sleep Disorders," by Dr. Hrayr Attarian, assistant professor of neurology and medicine and director of the Vermont

Hands-On Event Will Offer Innovative Ways to Handle Storm Water

With Vermont's record rainfall, flooding and a request for federal disaster relief, many residents want more information about ways to handle storm water once the current cleanup is complete.

With this in mind, the university, in conjunction with the City of South Burlington, invites the public to a morning of hands-on events, demonstrations, workshops and discussion regarding what individuals and neighborhoods can do about storm water.

A Watershed Field Day will be held Sept. 18 from 9 a.m.-noon in the South Burlington neighborhood of Butler Farms/Oak Creek Village. Signs mark this development off Hinesburg Road (on the right side, going south from Burlington). A large tent at the corner of Mill Pond and Moss Glen Drives will be the center of activities.

The day's topics will include how to install a rain barrel, fall lawn preparation, composting, soil testing, and the benefits of a "rain garden." There will be a short tour of a Potash Brook tributary, kids' activities, free soil test kits, door prizes and refreshments.

"We hope to get people engaged in what they can do," says Alan McIntosh, a professor at the Rubenstein School of Environment and Natural Resources. "In time, we will work with the community to come up with solutions and evaluate whether those solutions work."

A UVM team is already measuring the quality of the water flowing through Butler Farms/Oak Creek Village. This neighborhood is the research site for an innovative U.S. Environmental Protection Agency-funded project called Redesigning the American Neighborhood. Regional Sleep Center

- Oct. 26, "Creating Hope and Possibilities: Medical Care at the End of Life," by Dr. Zail Berry, clinical associate professor of medicine
- Nov. 2, "What Do Asthma and Heart Attacks Have in Common? Blood Clots," by Dr. Scott Wagers, assistant professor of medicine; Fletcher Allen pulmonologist

Registration and information: 847-2886 or www.med.uvm.edu/cms

"Step By Step" Walking Challenge Starts Sept. 17

UVM's "Step by Step Challenge," an eight-week pedometer activity program, kicks off Sept. 17 at noon with a group campus walk featuring a tour of current and future construction with J. Michael Gower, vice president of finance and administration.

The two-mile stroll will depart from the fountain on the University Green.

Employees can purchase a pedometer for \$5 at the walk. (Pedometers are \$10 for those who can't make the walk, but wish to participate in the program.) Walk participants qualify for a raffle of walking shoes and other prizes.

The walking challenge aims to inspire employees to take 10,000 steps per day. It runs from Sept. 17 to Nov. 12.

Information: Wellness Programs

The Things That Matter at Life's End

Dr. Ira Byock, director of palliative medicine at Darmouth Hitchcock Medical Center, will deliver a lecture, "The Four Things That Matter Most," on Sept. 23 at 7:00 p.m. at the Sheraton Hotel and Conference Center, South Burlington. Byock's speech is part of the UVM Forum on Aging.

The title of Byock's presentation comes from his latest book, which was published earlier this year. The "four things" – "please forgive me," "I forgive you," "thank you," and "I love you" – are simple phrases that Byock believes help people through the unpredictability of daily life and the difficulty

At the field day, students and faculty at the Rubenstein school and Gund Institute of Ecological Economics, as well as South Burlington officials and Butler Farms and Oak Creek neighbors will talk about storm water management. The RAN team will describe the research operation and discuss initial findings from monitoring the tributary.

Ultimately, the scientists hope to work with the city and neighbors to design a series of cost-effective, feasible management practices. At the same time they'll study the environmental, economic and social costs and benefits of large and small-scale storm water management options from the whole watershed to the homeowner.

For details, visit the <u>Redesigning American</u> Neighborhoods or This 2003 View Article

For more information on the event, which will be held rain or shine, call 656-8885.

Speaker Tackles Public Education 'Crisis'

Carl Glickman, an education expert and editor of *Letters to the Next President: What We Can Do About the Real Crisis in Public Education,* will open this academic year's John Dewey Lecture series on Sept. 17 at 4:30 p.m. in Memorial Lounge, Waterman Building.

The book, published in January, includes contributions from Sen. John Glenn, actor Bill Cosby and the late Sen. Paul Wellstone.

Before the lecture, Glickman will receive the John Dewey Award for his "outstanding contributions to the education of young people in America." This is the third year the Dewey Award has been given. Glickman is the sixth recipient. Previous receipients include former Sen. Robert Stafford and former Vermont Gov. Phil Hoff. The award is given by the Vermont Society for the Study of Education, a nonprofit group which is cosponsoring this event with UVM.

Glickman is a professor at the University of Georgia and author of 13 books. He is a summer resident of St. Albans. A reception and book signing will follow his remarks.

Forum Will Discuss Public Art Issues

of parting with loved ones near death.

Byock is a palliative care physician and advocate for improving care through the end of life. He is co-founder and principal investigator of Life's End Institute: Missoula Demonstration Project, Inc., a community-based research and quality improvement organization focused on end-of-life experience and care. He is also a faculty member at Dartmouth Medical School. Nationally, Byock directs the Promoting Excellence in End-of-Life Care national grant and technical assistance program of the Robert Wood Johnson Foundation.

The UVM Forum on Aging lecture series was established in 1984 by Stephen Cutler, professor of sociology and the Bishop Robert F. Joyce Distinguished University Professor of Gerontology. The program sponsors events in the fall and spring.

Information: 656-3238

A symposium to discuss local public art issues is secheduled for Sept. 22 at 7 p.m. at Billings North Lounge. The event is in conjunction with "Preserving Memory: America's National Monumental Legacy," a national traveling exhibit currently on display at Billings.

The forum, "Burlington Sculpture Worth Saving," includes a slide presentation and discussion concerning the history, significance and issues surrounding public sculpture. The forum will feature four university faculty, two Burlington sculptors, and representatives from local and state arts organizations.

Information: 656-8057

Wilderness Then and Now

The Environmental Program's weekly Wilderness Seminar Series begins on Sept. 21 with a lecture by Tom Butler, editor of *Wild Earth* and director of education and advocacy for the Wildlands Project.

All talks will be held Tuesdays from 5-6 p.m. in Lafayette 108.

Future speakers include Professor Robert Manning of the Rubenstein School of Environment and Natural Resources.

Information, schedule: 656-4055

theview

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Awards and Honors

A poem by **Major Jackson**, assistant professor of English, "from Urban Renewal: XVI," originally published in the 2003 issue of *Provincetown Arts*, and subsequently on *Poetry Daily*, has received a Pushcart Prize and will be included in the 29th edition of one of the country's most prestigious literary anthologies. The poem was also selected for inclusion in *Best American Poetry 2004* edited by poet Lyn Hejinian and series editor David Lehman.

Leonard Perry, Extension professor of plant and soil science, recently received the Academic Award of the Perennial Plant Association in New York City at their annual meeting. This award is given to a PPA member who has provided exceptional leadership in education to students and industry members, and is one of their top awards. The Perennial Plant Association is a national association of growers, retailers, and landscapers.

Wolfgang Mieder, professor and chair of the Department of German and Russian, was recently honored with a *festschrift*, or celebratory volume, at the International Symposium on Phraseology held in Basel, Switzerland. A rare and prestigious form of recognition for a professor, the book is a collection of essays about proverbs written by international scholars specifically for the volume and on the occasion of Mieder's 60th birthday.

Publications and Presentations

Larry Haugh, professor of mathematics and statistics, gave an invited presentation at the August Annual Joint Statistical Meetings in Toronto concerning "The Collaborative Nature of Statistics as a Discipline." The event was the largest of the annual statistics meetings, organized by the American Statistical Association, the Statistical Society of Canada, the Institute of Mathematical Statistics and the International Biometrics Society.

Wolfgang Mieder's latest book, *Proverbs: A Handbook*, a concise yet comprehensive overview of folk wisdom that has appeared in oral tradition, literature, art and popular culture for centuries, was published by the Greenwood Publishing Group in June.

Department of Music faculty **Alex Stewart, Tom Cleary, John Rivers, Bryan McNamara** and **Andy Moroz** performed a live broadcast on Vermont Public Radio on Sept. 6 with James Harvey and Garuda. On Sept. 11 the jazz group premiered Harvey's new work, "Scenes from the Other World" at the Flynn Space.

Appointments

Deborah McAneny was appointed to the board of trustees. She will serve a 6-year term replacing Anne Dodge, who resigned in May. McAneny, a 1981 UVM graduate, is known for her leadership roles in the mortgage and real estate industries. She is current director of Cohen Financial Corp., past president of the Commercial Mortgage Association and former executive vice president of John Hancock Financial Services. She resides in Southborough, Mass.



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INTERview: Susan Crockenberg

By Kevin Foley Article published Sep 15, 2004



Baby steps: Psychology Professor Susan Crockenberg studies how babies react to novelty – and how parents can help them cope. *(Photo: Bill DiLillo)*

"Babies," says Susan Crockenberg, a professor of developmental psychology, "are endlessly fascinating." And working with them, she says, is hopeful. Crockenberg's research examines the interplay between temperament and parenting among infants and young children. Recently she's become interested in using some of this knowledge to find ways of helping parents respond to babies with certain temperamental traits in ways that might

head off future trouble. "It's gratifying to me to be able to identify ways of intervening with babies that moves their development in a positive direction," she says. "Babies come with a range of differences, some more challenging than others, so we're looking for ways to help parents." the view's conversation with Crockenberg ranged from what a baby's temperament at age six months might tell us about his or her behavior as a toddler, things worth considering when evaluating child-care options for certain kids, and a key way that some babies manage their emotions (and how parents can encourage it).

THE VIEW: What do psychologists mean when they talk about an infant's temperament?

SUSAN CROCKENBERG: There are different aspects of temperament, and they tend to relate to the way babies approach the world, qualitative aspects of their behavior. What I've been particularly interested in is the intensity of their negative reactions in certain kinds of situations and the ways that they learn to regulate that intensity. I've asked, how do babies with certain temperamental characteristics develop over time, and under what conditions do they seem to develop best? That relates to the question of what caregivers can do to foster development for different kinds of babies. If you look in books, often you see "this is what you should do with your baby." But what some parents have always known, and what psychologists have been slower to come to, is that what you do depends on the baby—there may be some general things all babies require, but each baby is unique, and parents adapt as they can to those characteristics and, in doing so, foster the baby's growth and development.

Let me give an example: One of the types of temperamental reactivity that psychologists have been interested in is ease of frustration, something we call distress to limits. Some babies are more easily frustrated than others, and this has been assessed as young as three months, but at least by six months you begin to see a definable characteristic. A baby who is easily frustrated, might be a baby who is very upset, not just a little upset, in a car seat, having a diaper change, when something is taken away from him or her, if they have to wait too long for something, across a variety of situations. So you can imagine that a parent of a baby who is highly reactive is going to have to think a lot about how often they put the baby into frustrating situations and they're going to have to think a little bit more about how to help that baby manage her reactions. That's what I'm interested in. How you help parents, or caregivers in

Trustees Approve Proposed Student Center

Culminating more than two years of planning and a decade of discussion and debate, the University of Vermont Board of Trustees has officially approved a new student center, the largest and most ambitious building project in the university's history.

War and Healing

The surgical work done by Dr. Gino Trevisani, assistant professor of surgery, while serving as commander of a 20-person U.S. Army Reserves unit in Afghanistan is impressive by any measure. But he's most proud of securing funds for a struggling hospital.

Let's talk about some of the work you've done looking at temperament in the context of day care.

What you'll often see in articles about child care is that as long as the quality of the care is good, there's no problem. And certainly quality is very, very important, probably the most important aspect of child care. But the point I've written about, that some of the people doing this research forget, is that there are individual differences, temperamental differences in babies, and some babies are perhaps at risk for doing less well than we might hope if they spend long hours in certain kinds of day care. In reviewing the research it appears that while it's not a sure thing, there's at least some evidence for thinking this.

What is quality day care?

Researchers have looked at it in different ways. Some have looked at training of the staff, the staff-child ratio, the type of activities, the space, and so on. Concrete aspects. Other researchers have also looked at the amount of interaction, or how positive it is. If you think about the kind of child care I have described, and the kind of situations that can come up as the afternoon progresses for an easily frustrated child, it strikes me that what might be high quality for that child is not captured by these assessments. It might be a teacher who knows when to intervene, or who knows there should always be a low-pressure choice for kids like this so they don't have to learn some new complex skill at 3 o' clock in the afternoon. This is not necessarily picked up by current quality measures, because it's about matching the environment to the needs of the particular child.

How might a mismatched environment play out over time for a child with a reactive, easily frustrated temperament?

I've just had an article accepted for publication, written with my former graduate student Esther Leerkes, who is now at the University of North Carolina at Greensboro, in which we looked at six-month data and identified babies who differed in terms of how easily they were frustrated. Then we looked at what their mothers said about their externalizing behavior at age twoand-a-half. A two year old who is more externalizing might be easily angered, highly non-compliant (most two-year-olds are somewhat noncompliant, we know this, but highly non-compliant), more likely to be aggressive or destructive. We said, OK, if we look at these babies who were easily frustrated at six months, and identify those who were in long-hours of center-based child care, we suspect they might be somewhat more likely to show this pattern of externalizing behavior...because in child care, especially center-based child care, there are a lot of frustrations. Caregivers have to treat the children as a group, you can't adapt to 12 different kids and their respective idiosyncrasies, at least not totally. And so, while most children will do fine, it may be too much for some children, especially if it's a long day.

We looked into our data, and in fact that's what we found. Children in long hours of center-based childcare, that is, more than 30 hours per week, at age two-and-a-half were described by their mothers as more externalizing, more non-compliant, more angry, but only if they'd been identified as easily frustrated at age six months. What that suggested to us is that there might be certain kids, by virtue of their characteristics, for whom parents need to consider another dimension in making the decision about child care. It does not mean that a parent needs to stay home with their child. It may mean that parents might want to see if it's possible to cut back hours, or if there's another type of child care, or talk with the child care staff to say, "My child gets really frustrated, let's talk about what we can do to help him."

Moving beyond day care, how much is revealed during infancy in terms of issues later on? What's at stake here—how long do these patterns last, and what can parents do about them?

That's one of my questions, if you have a reactive baby, what can you do to foster their development in positive ways? There's some indication that certain kinds of patterns of behavior are related to infant temperament, but only in conjunction with other kinds of experiences. There's very little evidence of a one-to-one relationship with infant temperament and later behavior. It depends, it all depends on the baby's experience and what they learn from that

experience in terms of modulating or regulating their temperament. Some of the research I've been doing looks at a specific dimension of temperament, distress to novelty, that is, how easily babies get upset in front of novel stimuli. What we've found is that babies who tend to react to novelty, but who are good at looking away from it briefly, get less upset. Babies who able to look away from the novel toys in our laboratory, we've shown, are able to bring themselves down when they're starting to get upset. It's a good strategy. They just take these little looks away, at the wall, their hands, their moms, just very briefly, but it seems to allow them to calm down, just as you or I might take a break from something that's bothering us. And then, we ask, can we help parents to encourage babies to develop some of these effective strategies?

So parents can help moderate even a baby's temperament?

What we've found from our data is that when babies do that and mothers respond to them, by talking, saying, "Yes, you just take a break, I'm right here," or in some other way like patting their hands, then the baby goes back. It's that pattern of mother-infant behavior that seems to be most related to staying calm and interested in the toy, especially for babies that mothers describe as more easily upset in novel or unfamiliar situations. So we're speculating that parents can encourage their babies to develop this strategy simply by responding to them, by letting them know it's a good thing. Some of the parents I've spoken with have found this surprising, they thought babies should stay focused, tough it out, that they shouldn't run away. I point out that they're not running away, they're coping.

With respect to babies who are easily frustrated, what comes to my mind is being careful not to put the baby into too many frustrating situations. It doesn't matter that your neighbor's baby can do it, if something is frustrating to your baby, then minimize it. I'm not saying do away with it, babies need to learn to adapt to the world, but it might be more effective if they learn some regulating strategies before they're put in those situations. One of the situations might be that if your two-year-old has trouble late in the afternoon, you don't make play-dates then. You avoid competitive activities or learning new skills that might be frustrating initially. It's not that you don't engage in these activities at all, but you just pay attention to the timing. If your child begins to get distressed, you might stop the activity and help her to calm down and focus on something else. What works, says some researchers, is distracting them. And parents, many of them. do this all the time.

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Trustees Approve New Student Center

By University Communications Staff *Article published Sep 15, 2004*



This detail taken from preliminary architectural rendering yields a glimpse at a new quad outside the proposed University Commons center (Bailey/Howe Library is out of the frame to the right). (Image courtesy of WTW Architects)

Culminating more than two years of planning and a decade of discussion and debate, the University of Vermont Board of Trustees has officially approved a new student center, the largest and most ambitious building project in the university's history.

With the approval in hand, UVM can now begin the implementation phase of the \$70 million building – called University Commons – in earnest,

with groundbreaking scheduled for May 2005 and fall 2007 set as a move-in date.

"We are not just about dreams at UVM," said James Pizzagalli, chair of the board, "but about executing into reality. With this signal event, all the world can see the depth of our commitment to making UVM one of the nation's great public universities."

"This is truly an historic moment," said Daniel Mark Fogel, UVM president. "The new commons will have a transformative effect on the fabric of student and academic life on campus. All of those who have worked so hard to bring this project to fruition – trustees, students, staff, faculty, community members, and our team of consultants – deserve an enormous amount of credit."

University Commons "is integral to the next phase of this university," said student trustee Colin Robinson. "I don't think it is possible for the university to progress without it."

The 217,385 square foot building will occupy four levels at the heart of the campus along a stretch of Main Street between Morrill and Terrill halls, and is joined with the Bailey/Howe library.

The multi-faceted building will house a 600-seat theater, a bookstore much expanded over the current one, various food-service outlets, large event space, conference/meeting facilities, a recreation/game room, offices for the Student Government Association and for Student Services, and a variety of yet-to-bedetermined retail outlets.

The student center, which features a large, grassy oval at its main entrance at the crest of Main Street, has been in the design phase for a year. Its design and orientation will help it function as a "front door" for the university along the primary travel cooridor into Burlington.

The center's design and functions came about after a careful and thorough research phase with extensive input from students, faculty, and staff. Planners,

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Susan Crockenberg Q+A

"Babies," says Susan Crockenberg, a professor of developmental psychology, "are endlessly fascinating." And working with them and their parents, she says, inspires optimism. the view's conversation with Crockenberg ranged from day care to what a baby's temperament at age six months might tell us about his or her behavior as a and a key way that babies manage their emotions.

War and Healing

The surgical work done by Dr. Gino Trevisani, assistant professor of surgery, while serving as commander of a 20-person U.S. Army Reserves unit in Afghanistan is impressive by any measure. But he's most proud of securing funds for a struggling hospital.

including a team of trustees, faculty, students, and staff, also visited successful student centers in New England to gain ideas and insight.

Designers plan to make the new building LEED certified, meaning it will meet the highest levels of environmental building practices. University Commons would be among the first, or perhaps the first, LEED certified student commons in the country. WTW Architects, an architecture firm based in Pittsburgh, designed the building, in partnership with Truex Cullins & Partners Architects of Burlington.

Selected Committee Reports

Finance and Budget Committee. The group passed a debt management policy designed to track existing and proposed debt and to make certain that the university's debt capacity is allocated strategically within the framework of its 10-year vision.

The plan has four objectives: maintain the university's access to capital; manage the university's credit to meet its long term objectives; limit risk; and permit the optimization of the investment of the university's working capital and cash balances. The plan established several ratios for monitoring debt.

Committee members also gave their approval to the purchase of a \$13.8 million building in Colchester to be used for research by the College of Medicine. The group also voted in favor of spending \$6.8 million to build an addition (see below for details) to the Marsh Life Sciences building.

Facilities and Technologies Committee. With a unanimous vote, members approved construction of the University Commons (see full summary, above). Trustees also voted approval to move ahead on building an addition to Marsh Life Sciences, space that will be essential to house operations currently in Carrigan Dairy Science Building, which will be demolished as part of the University Commons project. The 15,000-square-foot addition will also enable the College of Agriculture and Life Sciences to consolidate nutrition and food sciences into one location, part of a series of initiatives to bring related disciplines into closer proximity. In discussion prior to the vote, Trustee Dean Maglaris voiced concern about proceeding on another building project before campus-wide master planning is completed. Addressing Maglaris's concerns, President Daniel Fogel and Vice President Thomas Gustafson agreed to have the consulting firm working on UVM master planning, due for completion next spring, accelerate its review.

Academic and Student Programs Committee. Trustees heard about a variety of new programs to improve student life—including a new community-based model for residence hall governance and continuing growth in late-night programs—and received detailed reports on academic strategic planning (including information on how academic units are measuring their performance), enrollment management and research growth. They also discussed a variety of curricular efforts, including progress on a proposed move toward refocusing graduate physical therapy programs at the doctoral level.

Frances Carr, vice president for research and dean of graduate studies, presented a white paper on research that she developed with Provost Bramley. The university's annual research funding has surged 79 percent over the past five years to \$125 million, but sustaining that growth will require careful planning and investment to improve research facilities, focus and support, especially in upcoming years of projected declines in federal research outlays.

Lauck Parke, vice president of undergraduate education, discussed the university's efforts to recruit and retain excellent students, and how those efforts must extend across administrative departments and, in fact, the entire university. Parke added that he and others are updating the university's enrollment plan and are pursuing better qualitative data on departing students to improve retention.



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UVM HOMEPAGE

War and Healing

By Jon Reidel Article published Sep 15, 2004



Dr. Gino Trevisani (center), with some of the people he worked with this spring to revitalize an aging hospital along Afghanistan's border with Pakistan. (Photo courtesy of Gino Trevisani)

The surgical work done by Dr. Gino Trevisani, assistant professor of surgery, while serving as commander of a 20person U.S. Army Reserves unit in Afghanistan is impressive by any measure. The numbers tell the story: 75 leg and arm surgeries; dozens of abdominal wound operations; 20 cases involving chest injuries; 11 head surgeries; and countless other operations.

Yet despite savings lives and treating wounded

soldiers and civilians along the war-torn Pakistani border of Afghanistan, Trevisani is most proud of his effort to secure humanitarian funds from the U.S. Army to help a local doctor at an old Taliban military hospital. The money was at the time the largest amount ever allocated by the U.S. Army for humanitarian purposes and was used to purchase supplies, a generator, fuel, fresh water, and medicines.

When Trevisani, who provided regular surgical training for the doctor and his nursing staff, left Afghanistan at the end of May, the local doctor renamed the clinic after Trevisani's unit – the 691st Hospital.

Trevisani secured the funding by putting together a proposal with photos explaining the conditions at the hospital and of some of its patients. "Establishing the hospital was very gratifying," Trevisani says. "The governor (of the province) and the doctor have sent me letters thanking me for our efforts. The hospital had no electricity and no water. It's really a third world country over there. They needed help."

Earning trust

Before heading to the active front on the Pakistani border, Trevisani, a 1991 graduate of UVM's College of Medicine, spent one month training at Fort Drum in Watertown, NY. Prior to that he'd spent two-and-a-half years working as a Fletcher Allen general surgeon at Champlain Valley Physicians Hospital in Plattsburgh, New York.

The timing of Trevisani's departure was difficult on a personal level as his wife prematurely gave birth to the couple's fourth child three days before he left for Afghanistan. The baby boy was treated in Fletcher Allen's NICU for lung complications relating to his early delivery. Regular updates and photos via email of the baby's progress helped ease the absence. Fortunately, by the time he returned to the United States nine months later to take position at UVM and Fletcher Allen, the boy had recovered.

Upon his arrival in the foothills of Afghanistan, Trevisani says it was clear that the local people didn't want the U.S. there. One of the toughest challenges facing his unit was trying to convince residents that the Army doctors were

Susan Crockenberg Q+A

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Trustees Approve Proposed Student Center

Culminating more than two years of planning and a decade of discussion and debate, the University of Vermont Board of Trustees has officially approved a new student center, the largest and most ambitious building project in the university's history. there to help. Over time Trevisani says the attitude of many went from thinking that the U.S. was "there for its own benefit" to being grateful for its help.

A major reason for the change in attitude, he says, had to do with the work of his and other medical units helping save lives and improving the hospitals. Trying to work within an entirely different health care system wasn't easy. Some of the differences were startling. If a patient needed surgery, for example, they had to go purchase the drugs and bandages required to perform the surgery at the local chemist or pharmacy. "You'd go see a doctor and then have to get the materials and bring them back to the hospital. It was bizarre."

Learning about the healthcare system helped Trevisani put together his proposal for funding the hospital. Securing the funds was a sign to local residents that the U.S. was there for more than its own interests. Trevisani says the effort to improve schools and the educational system in Afghanistan, where the Taliban had previously burned books and prevented women from attending school, also went a long way in changing how residents felt about the U.S. being there.

One more time

In addition to his medical duties, Trevisani was on the front lines of some heated battles. His unit supported injured troops and civilians. He says he was glad to be in an "area that was active," rather than sitting around and waiting like some of his friends did in less active areas. "We were thrown into a pretty volatile situation. I went from being a doctor one minute to leading a troop into war."

Trevisani's unit split its time equally between soldiers and civilians doing what is termed "life and limb salvage surgery." His unit treated brain injuries, gunshot wounds and injuries from explosions.

Living in tents and on one hot meal a day, conditions were hard. But Trevisani says he'd do it again if called. With a real need for doctors in the military, he'll likely get the chance. If Trevisani, who expects to be called back for a 90-day tour sometime next year, is indeed called back up, he hopes to visit the hospital he helped secure funds to improve.

"I'd do it again. I would probably be sent for 90 days (instead of nine months) the next time and that wouldn't be that bad," he says. "When my unit left, we felt good. We'd provided the local residents and doctor with good health care, training and information."

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