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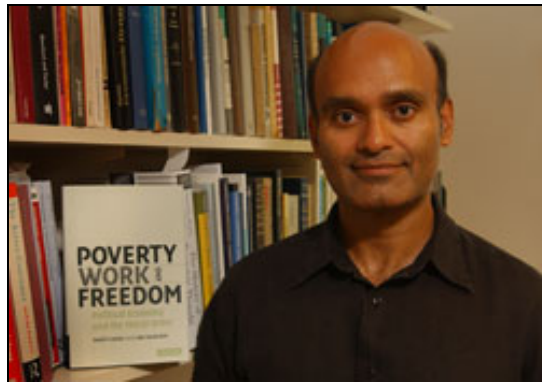
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Professor Abu Rizvi's new book melds economics and psychology to arrive at a fuller definition of poverty. (Photo: Bill DiLillo)

"Poverty is not just about lacking money or goods; it is about not being able to lead satisfying lives," says S. Abu Turab Rizvi, associate professor of economics and associate dean of the Honors College. Behind this statement lies a new approach to the study of poverty policy and the thesis of Rizvi's recently published book.

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"Form good habits." It might be a needlepoint admonishment hanging over your grandma's kitchen sink. But Paul Goodman, with his dark goatee and shaved head, is probably far hipper than your grandma. The strength and conditioning coach for UVM's varsity athletic programs places good habits at the base of his pyramid of success, a diagram that hangs on one wall of his Patrick Gym office.

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From Malibu beaches to a Connecticut wharf, business administration students pursued summer internships in a wide variety of locales.

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Amid the pomp and circumstance of Convocation, the bright academic robes and polished words from practiced politicians, a student's passion stole the show.

THE WEEK IN VIEW

Sept. 12-19, Staff Recognition Week: The university's annual celebration of its employees will take place at varying locations. Information: [Staff Recognition Week 2005](#)

Sept. 13, 7:30 p.m. Seminar: The Center for Research on Vermont will hold a seminar entitled, "Burlington's War of 1812 Soldiers' Burial Grounds," focusing on archaeological findings from Burlington used by early-19th century soldiers. Memorial Lounge, Waterman. Information: [War of 1812](#).

Sept. 13, 5 p.m. Lecture: Robert Lerner, the Peter B. Ritzma Professor in the Humanities in the Department of History at Northwestern University, will speak on "The Occident Express and Medieval Views Concerning the Flow of Time." John Dewey Lounge, Old Mill. Information: 656-4408.

Sept. 14, 7 p.m. Lecture: Richard Alley, the Evan Pugh Professor of Geosciences at Pennsylvania State University, will speak on "How to Get Rich Saving the World: Climate Change for the Coming Century." Billings Campus Center Theatre. Information: 656-4411.

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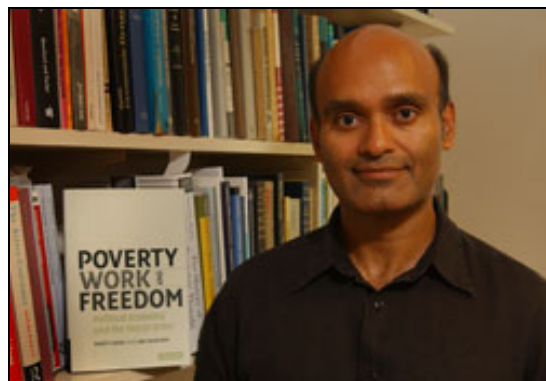
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UVM HOMEPAGE

Beyond Subsistence *Creativity and the fight against poverty*

By Amanda Waite
Article published Sep 07, 2005



Professor Abu Rizvi's new book melds economics and psychology to arrive at a fuller definition of poverty. (Photo: Bill DiLillo)

"Poverty is not just about lacking money or goods; it is about not being able to lead satisfying lives," says S. Abu Turab Rizvi, associate professor of economics and associate dean of the Honors College. Behind this statement lies a new approach to the study of poverty policy and the thesis of Rizvi's recently published book *Poverty, Work and Freedom: Political Economy and the Moral Order* (Cambridge University Press), co-

written with David Levine, professor of economics at the University of Denver.

The notion hardly seems radical, but traditional definitions of poverty — what Rizvi calls the subsistence-based mode of understanding the issue — focus on how much money and what goods a given person has. While important, the subsistence-based definition does not take into account various psychological needs, especially opportunity for creativity.

"Our solution," says Rizvi, "is to focus not on what individuals have, as in the subsistence-based approaches, but what they can be or do."

This approach has wide policy and analytical implications. "Subsistence-based definitions of poverty assume that we can list what will take people out of poverty," Rizvi explains. "This would be true if we could say from the outset what sorts of lives individuals will lead and what those lives require." But, according to Rizvi, because each life is different, it is never possible to determine a list of items a given life requires.

Instead, the economists argue for the importance of considering what it is that makes a life fulfilling, claiming that people who lead unfulfilling lives are living in poverty. The ability to use creativity in the workplace, even in unpaid work, according to Rizvi and Levine, is the key to living a gratifying life. "The capacity to do satisfying work is central to avoiding poverty and this capacity is an achievement rather than a given," Rizvi explains. "Such work must involve the capacity to discover creative solutions to problems, and the work must be reasonably complex and provide the worker discretion in seeking solutions."

Societal initiatives that develop capacity for individuals to pursue this kind of skilled, creative, satisfying work, then, are an important component of tackling poverty.

"We suggest that poverty is less likely if there is a greater emphasis on educating people in ways that develop skills providing the ability to solve general problems that go beyond routine solutions, and if there are greater

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opportunities to do work that is complex, engaging and that involves discretion," Rizvi says.

"Complex interplay"

Rizvi and Levine's framing of poverty as a material and psychic state that limits an individual's current and future possibilities differs both from traditional economics and from the main positions taken in debates about poverty policy in contemporary society. While on one side of the spectrum, politicians argue that individuals need to take personal responsibility for the conditions of their lives, the other side claims that government must provide support for the poor.

Rizvi and Levine seek to change the tone of this debate. "We see poverty as resulting from a complex interplay of capability and circumstance, so that we avoid the long and corrosive tradition of seeing poverty solely as a failure of individual will, according to which the poor are blamed for their plight."

So providing an income for the poor in emergencies, Rizvi says, "is valuable, even incumbent upon us." But lasting solutions to poverty must extend beyond income, and finding them requires action on the part of both individuals and their society.

"Avoiding poverty is a matter of self-development. By self-development, we mean individual development, but also the development of institutions or society consistent with individual self-development," Rizvi and Levine write.

True to the book's thesis, the authors' collaboration on the project was itself an opportunity for stimulating intellectual development and complex, engaging work.

The pair met when Levine visited UVM while on sabbatical. They talked at length about their beliefs regarding poverty, a subject area that is one of the most important an economist can study, according to Rizvi, who has studied the subject for the last six to seven of his sixteen years at UVM.

The idea to co-write a book became reality when Rizvi, who had previously been busy as Associate Dean of the College of Arts and Sciences, went on sabbatical. They divvied up and wrote the ten book chapters and then met in Denver for eight intense days of writing, reading and revision.

The result showcases the writers' distinct, yet complementary, styles; while Levine favors more sparse and succinct writing, Rizvi uses longer sentences and more quotes.

Most importantly, the work crosses disciplines, melding psychology with economics. Rizvi says this can provide more information about poverty than the hard facts alone reveal.

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UVM HOMEPAGE

Strong Character

By Tom Weaver

Article published Sep 05, 2005



Iron will: Strength and Conditioning Coach Paul Goodman says good habits build great teams. (Photo: Bill DiLillo)

"Form good habits." It might be a needlepoint admonishment hanging over your grandma's kitchen sink. But Paul Goodman, with his dark goatee and shaved head, is probably far hipper than your grandma. The strength and conditioning coach for UVM's varsity athletic programs places good habits at the base of his pyramid of success, a diagram that hangs on one wall of his Patrick Gym office. His message is clear — winning, the little

triangle up at the top, simply isn't possible without that broad foundation of good habits.

Goodman, who joined the university's staff in 2002, is UVM's first strength and conditioning coach, long a standard position in large Division I programs and now common among the Catamounts' competitors. Prior to coming to Vermont, the University of Wisconsin graduate oversaw the strength and conditioning for men's hockey and was first assistant with the football team at his alma mater.

In his first months on the job at UVM in 2002, President Daniel Mark Fogel spoke frequently of boosting the university's "competitive metabolism." Former athletic director Rick Farnham gave Fogel an opportunity to make that happen in a very literal sense when, in his initial meeting with the new president, he stressed the need for a varsity strength and conditioning coach. Not long after, Farnham got the go-ahead on the job search that would attract Goodman to Burlington.

Kevin Sneddon, head coach of men's hockey, is quick to share credit with Goodman for his team's dramatic improvement last season. "We went from being a very average conditioned team to being one of the top teams in the league in that regard," Sneddon says. "Once the players see the results on the ice, they buy into it."

Summer reading

Sneddon, and his fellow coaches in other varsity sports, are limited to the times of year when they can hold practices, but Goodman is free to work with athletes year-round. For a strength and conditioning coach, the off-season is often when the serious work gets done. As UVM athletes packed their bags for the summer, they included thick booklets put together by Goodman with detailed summer strength and conditioning programs tailored to their particular sport.

"I'm always talking about dotting the i's and crossing the t's," Goodman says. "It's all the things behind the scenes — the discipline, the attention to detail. You let up, you let other people, your teammates down. The kids are coming to believe in that philosophy. Not a 180-degree change, but we're getting there."

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[Beyond Subsistence](#)

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Last year, women's and men's hockey players Kami Cote and Scott Mifsud became the first UVM athletes to achieve strength and conditioning All-American status from the National Strength and Conditioning Association. Further evidence of Goodman's connection to UVM athletes could be heard at last spring's athletic awards ceremony at the Flynn Theater when one of the loudest mass whoops of the evening rose up at the mention of his name.

Sneddon says Goodman's rapport with the athletes is among his strengths. "They know that he is going to push them, he is going to call them on it. But at the same time he shows them great respect as student-athletes," Sneddon says. In mid-July, 17 of the 28 men's varsity hockey players were on campus with more arriving each week. When Sneddon first arrived at UVM, four or five players stayed around to focus on their conditioning work.

Hockey heroes and guitar gods

"Strength and conditioning is not something you visit," Goodman says, "but a way of life." He's not just talking about just hitting the weights or track, though. Goodman also works with Catamount athletes to do the basics of taking care of their bodies in terms of eating, sleeping, and drinking plenty of water, challenges for any college student.

Beyond UVM, Goodman's clients as a personal trainer include National Hockey League MVP and Vermont alumnus Martin St. Louis, the hardest working athletes he's ever worked with according to the strength coach. Guitarist Trey Anastasio is, perhaps, a less predictable guy to be found working in the gym with Goodman. But after Phish, Anastasio made getting in shape a priority and some solid core workouts have helped with the back and neck stress caused by long concerts slinging a guitar.

If UVM student-athletes cross paths with St. Louis or Anastasio at the gym, some of Goodman's key lessons about good habits and lifelong fitness may begin to sink a little deeper. "Think of yourself as an athlete, that is something special," Goodman tells the students. "I like to think that they will walk away from here with that perspective. It gives you a base of support for whatever you want to go after."

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UVM HOMEPAGE

Summer Business

By Jon Reidel

Article published Sep 07, 2005



Lizzie Brown, a senior business major, applied her longtime interest in boats to a summer marketing internship in Connecticut. (Photo: Sally McCay)

From Malibu beaches to a Connecticut wharf, business administration students pursued summer internships in a wide variety of locales. The duties they performed varied greatly, but the end results were the same: a stronger understanding of what it takes to run a real company.

Many of them wrote about their experiences in the form of a paper they submitted to Linda Miller, lecturer of business administration,

as part of an on-line summer course that allows students to gain credits for internships. *the view* spoke with four interns in the course to find out a little more about what they did and learned.

Name: Lizzie Brown

Location: Sono Wharf, Norwalk, Conn.

Major: Business/marketing

Company: Coastwise Boatworks is a full service boatyard in business since 1976. The company sells, repairs, transports and stores boats.

Job Description: Brown, who says she's been around boats since she was born, spent most of her internship observing how the business runs, so she could make suggestions about how to improve it. "It was being managed poorly," she says. "There was no direction and nobody knew who to report to." Brown's organizational diagnosis recommended that managers be named in specific areas such as sales, so other employees knew whom to report to. Not exactly a novel concept, but one that Brown felt necessary if the company was to advance from a small company capable of storing 70 boats in the winter to handling more than 300. She also helped create an advertising campaign to spur sales of high-end, customized boats aimed at two markets: boat owners looking to upgrade and those wanting to downsize. She also helped create a new company Web site.

The Experience: When the 'job' was offered to take boats out on the water so people could see them, Brown jumped at the chance. "I went out a lot on the boats. It worked out nicely on the weekend," she says. But it wasn't just fun. The idea of bringing the product to customers worked well, as Brown found that groups of boaters often anchored near each other creating an easy opportunity for marketing. "A lot of people were like, 'What kind of boat is this? It's nice.'" she recalls.

Some of the concepts Brown encountered on the job were ones she recalled

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from some of her marketing classes. "It was a situation where I was seeing things I'd learned in my classes, but hadn't completely understood until I was dealing with them," she says. "The internship was based in marketing, so we were trying to figure out our target market. We started out with the idea selling it to people as 'the kids are done with college, so you should treat yourself to something.' We found that people wanted to downsize, but still keep the quality since these are a status thing for many of them."

Future Plans: Brown says that although the pull of the ocean and the boat business may be too strong to resist forever, she'd like to work in other areas of business such as corporate event planning.

Name: Andrew Gilson

Location: Zuma Beach, Malibu, Calif.

Major: Sociology/business

Company: The Malibu Makos Surf Club puts on summer camps for people interested in surfing and other water sports. The company describes itself as "a group of trained lifeguards, watermen and women, surfers, snow boarders, skateboarders, and teachers who formed in 1991 to provide expert supervision, instruction and training in various ocean and beach activities for adults and children."

Job Description: Although he was hired to do a little of everything from daily invoicing to communications to secretarial work, Gilson spent a lot of time with campers and their parents in a mentor/customer service role. He also helped develop an employee handbook and the company's mission statement. In his analysis of the club for Miller, Gilson pointed out some inconsistencies within the business, which he recommended be run more like a corporation rather than a mom-and-pop store.

The Experience: Going to Zuma Beach in Malibu for work every day speaks for itself. Gilson, who grew up in New York, Los Angeles, London and Malibu, has worked at the club for the past five summers. Gilson's longtime friend Tom Corlis, a former lifeguard, started the club a decade ago and asked Gilson if he would help with the business side of the company since he was a surfer at heart and was happier dealing with that side of the operation. Gilson says he loved interacting with the campers, many of whom were children of Hollywood actors and actresses. "It's a pretty amazing enterprise," Gilson says. "Tom grew up surfing in Malibu, which is considered the birthplace of surfing, and understood the area and the people. Working there was great and allowed me to watch the business grow from around 50 campers to many hundred."

Future Plans: "The camp definitely helped me with my networking and communication skills and showed me what it takes to run a business. I'm a pretty creative person and am good at selling things, so I'd like to be able to use these skills maybe in communications or advertising or start a business of my own."

Name: Carrie Howe

Location: South Burlington, Vt.

Major: Business/marketing

Company: SecurShred is a Vermont company that specializes in the disposal of documents such as customer lists, price lists, Social Security numbers, credit card numbers, medical files, personnel files and handwritten notes. Its clients include banks, corporations, hospitals, colleges and government agencies.

Job Description: Howe, as a global sales and marketing assistant, spent months completing two in-depth applications aimed at expanding SecurShred's business. The first, a General Services Administration application, put

SecurShred on a national registry for organizations needing federal documents shredded. This involved explaining the company's management philosophy, describing what the firm does, listing top clients, writing technical factors, and getting performance evaluations from clients. The second application involved finding out what it would take to do business in Canada — a market SecurShred wants to tap into since it is the only company in the region certified to perform the highest level of federal document shredding. This involved finding information about temporary work permits, truck permits, registering SecurShred as business in Canada, and talking with the consulate about work authorization and a host of other issues.

"Basically, I had to find all information about doing business in Canada," Howe says. "I had to write a paper that explained why we wouldn't be taking business away from Canada. It was a really good experience. I'll hear back by end of the year. I'll be very disappointed if they get rejected. I want every detail right and worried I left something out."

The Experience: In addition to her efforts on the applications, Howe did some cold calling, filing, answered phones and worked a booth at a business conference. "I learned a lot from the whole experience of being in a business setting. I started out in marketing and answered phones and did some filing, but it's still a good experience. Some days it wasn't fun filing papers for an hour, but it's part of every business. It let's you know what you want to do and don't want to do."

Future Plans: Howe plans to go to Chile and work for an American marketing firm. "Any kind of business experience I can get is helpful," she says.

Name: Sarah Ratcliffe

Location: Burlington

Major: Business/marketing

Company: Fuse Marketing is a youth culture marketing agency that connects brands with mass youth audiences through sports, music, fashion and other relevant cultural interests. Services include brand consulting, event marketing, communications, research and creative services.

Job Description: Ratcliffe started in consulting, but eventually migrated to the events department where she helped plan a post-event party for EMS Sports at the NORBA National Mountain Bike Series at Mount Snow. She also helped EMS with its "Raise the Roof Tour," which consisted of a bus with a climbing wall and other promotional materials touring around New England. Ratcliffe put together the PowerPoint slides for the tour. She also worked in the warehouse where she was responsible for gathering promotional products from Pepsi, Mountain Dew and other sponsors for giveaways. "I loved the whole experience," she says. "I got a good understanding of how marketing works. It was valuable to be able to put some of the concepts I learned in class to use at work."

The Experience: As freestyle skier, soccer player and hiker, working with fellow athletes was the perfect work situation for Ratcliffe. Although she didn't get to participate in any work-sponsored sporting events, Ratcliffe did play sports with fellow employees after work, something she thought helped create closer co-worker relationships and a better workplace environment. "People worked hard and got done what they had to do, but at the same time the environment was laid back and everyone enjoyed work. I think a lot of that had to do with the fact that they hire people who like outdoor activities. We got together outside work and played softball and other sports and I think that helped everyone get along at work."

Future Plans: "I love sports and would really like to continue working in the sports action-related field," she says.

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Celebrating Convocation

By Jon Reidel

Article published Sep 02, 2005



Former Vermont Gov. Madeleine Kunin and President Daniel Mark Fogel proceed into Ira Allen Chapel for Convocation. (Photo: Sally McCay)

Amid the pomp and circumstance of Convocation, the bright academic robes and polished words from practiced politicians, a student's passion stole the show. Senior Claire Ankuda's eloquent, emotional speech about her education in Burlington and field work in China drew a standing ovation.

Grappling to make sense of her time at the university while writing her speech, probing what her studies really

are *for*, Ankuda found herself haunted by a moment this summer in a remote region of Hubei province, which she was visiting for a project interviewing AIDS patients in rural China. She found herself, she said, in front of a sick newborn — a baby dying for the lack of a few hundred dollars.

"He kept looking up towards me, towards the sounds above him, crying with this small mew-like noise, yawning and stretching his body, pushing back the blankets so a nurse would have to wrap him again," Ankuda said. "This is my classroom. Since I've come here, I've had the amazing opportunity to do work that breaks my heart, that exudes hope, that consumes me."

After arriving at UVM three years ago, Ankuda quickly immersed herself in two College of Medicine research projects, including a study of sleep and children with ADHD. Ankuda is also an active volunteer, teaching knitting and working as a tutor at the Lund Center for Pregnant and Parenting Young Woman. Her summer trip to China was supported by a grant through College of Letters and Sciences' Academic Programs for Learning and Engagement program.

"I wish that I could credit this university for all of this, for the drive that pushes me through late nights and early mornings," she said, continuing her story of the terrible scene in Hubei. "But really, the opportunities and encouragement I've encountered here have merely let a wider world and a greater humanity be my professor. So this fall, while buying books and tacking photographs to my bulletin board, I feel especially grateful to be a student, I feel especially indebted for these lessons, for my teachers, as young or as far away as they may be."

Dreams from a mother

The keynote speaker for the Convocation welcoming the largest incoming class in the university's 214-year history, former Vermont Gov. Madeleine Kunin, also spoke on themes of indebtedness and possibility.

Drawing on the words of her immigrant mother for her address, Kunin said she still believes anything is possible in America as long as students aren't afraid to take chances in pursuit of their dreams.

"My mother gave us a great gift: the ability to believe that dreams can come

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true in America," said Kunin, who was also U.S. ambassador to Switzerland. "What's possible for me is possible for you, but even more so... go beyond what you know. Try new things. Talk to people you normally wouldn't. Begin to think about how you'd like to spend the rest of your life."

In keeping with Convocation's theme, "the active landscape," Gov. Jim Douglas joined Kunin, a distinguished visiting professor, in urging students to get involved in as many aspects of college life as possible. He challenged students to be "involved and dynamic citizens" as members of a university that has "raised its collective metabolism" to unprecedented levels while trying to fulfill its 10-year vision. Douglas also announced that the State of Vermont plans to help Gulf Coast residents affected by Hurricane Katrina.

Serving others

President Daniel Fogel spoke of the importance of preparing students to help alleviate the anguish brought on by tragedies like Hurricane Katrina, and announced that the university is in the process of exploring ways to help those suffering from the disaster. The university has accepted two displaced Tulane students and is exploring ways to help students and faculty at Dillard and Xavier Universities until their campuses re-open. Fogel said he spoke recently about this issue with Michael Lomax, 2004 UVM honorary degree recipient, former president of Dillard, and current president of the United Negro College Fund, who will be facilitating UVM's outreach proposals to those institutions.

During an update of the progress of the university's 10-year vision, Fogel signed a new [green building policy](#), which states that new buildings, at a minimum, be equivalent to Leadership in Energy and Environmental Design certification. The policy also recommends that the university purchase Vermont goods and services whenever "possible and financially feasible."

Fogel also drew attention to a potential six-credit diversity requirement currently under review by the Faculty Senate and deans that comes on the heels of a policy adopted in May protecting students and employees from discrimination on the basis of gender identity and expression. "It is a cornerstone of the values we call on all members of our community to embrace as the UVM family strengthens its commitment to UVM's Common Ground of respect, integrity, innovation, openness, justice and responsibility," he said.

Other achievements highlighted by Fogel included the university's recent mention by Newsweek Kaplan College Guide as one of the nation's top 25 "hottest schools" for "creating a buzz" and "preparing students well for a complex world," and UVM's No. 2 ranking behind only Harvard in a recent Cornell study that asked representatives from 35 leading institutions, "To what institutions do you look for leadership in the environmental field."

"Together let us embrace with joy and a high sense of urgency the challenges that lie before us as the most engaged of all public universities, as a community that chooses with passion and intelligence to make a difference in the world," he said. "To each and every member of this community, we offer best wishes for a stimulating, productive and deeply rewarding academic year."

Other speakers included Provost John Bramley; Carl Lisman, chair of the board of trustees; Justin Joffe, professor of psychology; and SGA president Sarah Poirier. To read more about Convocation, including the prepared remarks of speakers, see [Convocation 2005](#)

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UVM HOMEPAGE

Kroepsch-Maurice Awards Honor Top Teachers

By the view Staff

Article published Sep 07, 2005

Four members of the faculty have received 2005-2006 Kroepsch-Maurice Excellence in Teaching Awards, the university's most prestigious award for classroom instruction. They are:

- Patricia Julien, assistant professor of music
- Juan Maura, associate professor of romance languages
- Julie Richards, lecturer of social work
- Steven Shackford, professor of surgery

Each recipient received \$1000. Judges for the award consider excellence in instruction, an ability to animate and engage students, innovation in methods, commitment to cultural diversity and excellence in advising. For more information about the program, see [Kroepsch-Maurice Excellence in Teaching Awards](#).

the view will publish a profile of each award-winner during the upcoming academic year.

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UVM HOMEPAGE

UVM First-Year Student Recognized by College Board

By Jeff Wakefield

Article published Sep 07, 2005

Matthew Brown, a first-year student from Richmond, has been singled out by the College Board as one of the nation's five most outstanding students for his high scores on the SATs and his impressive high school career.

Brown was flown to Washington D.C. Aug. 30 to attend The College Board's annual College-Bound Seniors press conference, at which the educational-testing firm discussed SAT score trends for the previous year's high school graduating class.

Brown graduated from the Vermont Commons School, a small private school in South Burlington, where he pursued an academic curriculum and received the school's first Naturalist Certification. His mother is a professor of communication sciences.

Passionate about the environment, Brown plans to major in biology. Over the past two summers he has worked as a counselor at a local camp, teaching kids about organic farming and caring for animals, as well as leading hiking and canoeing trips.

During his last year of high school, Brown worked with his biology teacher, Peter Goff, to design and teach a course for seventh through twelfth graders that revolved around Living Machines, a type of natural water purification system invented by John Todd, research professor in the Rubenstein School of Environment and Natural Resources.

"What really convinced me to attend UVM," Brown says, "was being invited to join the Honors College," a program, now in its second year, that provides an intensely focused, academically challenging environment for some of the university's most outstanding undergraduate students.

The College Board announced at the press conference that math scores on the SAT have continued on their recent upward trend, rising from 518 in 2004 to 520 this year, while verbal skills have increased only fractionally, remaining at 508.

Joining Matt at the press conference were four other students, diverse in ethnicity and gender, including Eugene Byuen, a senior at Governor Livingston High School in Berkeley Heights, New Jersey; Deborah Francois, a senior at Brooklyn Technical High School in Brooklyn, New York; Alejandro Gac-Artegas, a first-year student at Harvard University; and Addison Kemp, first-year student at Mount Holyoke College.

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UVM HOMEPAGE

Family Depression Study Seeks Participants

By the view Staff

Article published Sep 07, 2005

The Department of Psychology wishes to inform the UVM community about an opportunity to participate in a research study. Families where one or both parents have experienced depression are invited to take part in a national research study called "Raising Healthy Children: Coping with Family Depression."

This study may help to promote a child's healthy adjustment by:

- Teaching a family about the nature and effects of depression
- Providing information that may help to strengthen parenting
- Teaching children coping skills to deal with stress

To be eligible for this program, families must have a child between the ages of 9 and 15 years old and at least one parent who has had depression. To determine whether a family meets additional eligibility requirements, applicants will be asked a few screening questions.

Participation in this program is free and, once enrolled in the study, compensation will be provided for completing interviews and questionnaires.

Psychology Professor Rex Forehand is the UVM primary investigator for the study, which is being conducted in partnership with Vanderbilt University. The research efforts at both institutions is funded by separate five-year, \$1.6 million grants from the National Institute of Mental Health.

Information and participation: Lori Roberts, 656-4498 or [Raising Healthy Children](#)

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Digging Into Burlington's Past

By the view Staff

Article published Sep 07, 2005

A Center for Research on Vermont research-in-progress seminar will discuss archaeological findings from a Burlington location used by early-19th century soldiers. The talk, "Burlington's War of 1812 Soldiers' Burial Grounds," will take place on Sept. 13 at 7:30 p.m. in Memorial Lounge, Waterman Building.

Kate Kenny, an archaeologist and historian who works with the UVM Consulting Archaeology Program, will discuss the program's recent work excavating 15 burials on North Street in Burlington as the result of new construction projects.

Personal and military-issue items recovered with the remains clearly indicate that these burials are just a few of an estimated five hundred soldiers believed to have been interred here between 1812 and 1815. Extensive archival research conducted in conjunction with the excavations has provided a detailed historical context for the burials and has also revealed numerous human-interest stories.

Kenny's talk will present the history of the military cemetery, detail the archaeological excavations (highlighting the work conducted in 2005), report on the analysis of the skeletal material and reveal discoveries made during the conservation of the artifacts.

To read more about the dig, see [this article](#).

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UVM HOMEPAGE

UVM to Celebrate Its Staff Sept. 12-19

By the view Staff

Article published Sep 06, 2005

Staff Recognition Week, UVM's annual celebration of its employees, will take place Sept. 12-19. Here's a rundown of the events:

- Sept. 12, 11 a.m. Personal Best Kick-Off. A lunchtime event will mark the second year of the program, which offers employees financial incentives for taking concrete steps to improve their health. The kick-off will offer discount (\$5) pedometers, a walk (11:30 a.m.) with Michael Gower, vice president for finance and administration and a motivational speech (12:15 p.m.) from former men's basketball coach Tom Brennan. Organizers will raffle off two tickets to anywhere in the continental U.S. compliments of Jet Blue to people present in the audience.
- Sept. 14, 10-Year Staff Recognition Lunch (invitation only)
- Sept. 16, Staff Recognition Dinner (invitation only). The dinner for staff with 15 or more years of experience is hosted by Provost John Bramley, with Vice President Tom Gustafson as emcee.
- Sept. 19, 11:30 a.m. Social on the Green. Hosted by President Daniel Mark Fogel and Rachel Kahn-Fogel. Sponsored by Sodexo. Organizers will serve lunch in a tent near the Fleming Museum Entrance.

Information: [Staff Recognition Week 2005](#)

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Distinguished Lecture Series Begins Sept. 13

By the view Staff

Article published Sep 06, 2005

The first two fall events in the Burack President's Distinguished Lecture Series will bring an eminent medieval historian from Northwestern University and a climate-change expert from Penn State to campus Sept. 13-14.

Robert Lerner, the Peter B. Ritzma Professor in the Humanities in the Department of History at Northwestern University, will speak on "The Occident Express and Medieval Views Concerning the Flow of Time" on Sept. 13 from 5 to 6:15 p.m. in John Dewey Lounge, Old Mill building. A reception just outside the John Dewey Lounge will immediately follow the lecture.

Lerner is an internationally recognized historian whose work focuses on heresy, prophecy, millenarian movements, and the religious, intellectual and cultural history of medieval Europe. In addition to numerous important articles, he has authored or co-authored nine books, including *The Age of Adversity*; *The Heresy of the Free Spirit*; *The Powers of Prophecy*; *Western Civilizations* (now in its fourteenth edition) and most recently *The Feast of Saint Abraham: Medieval Millenarians and the Jews*.

A Fellow of the Medieval Academy and the American Academy in Rome, he has been a member of the Institute for Advanced Study and has won awards from the Guggenheim Foundation, the Woodrow Wilson Center for Scholars and the Max Planck Society of the Federal Republic of Germany.

Richard Alley, the Evan Pugh Professor of Geosciences at Pennsylvania State University, will speak on "How to Get Rich Saving the World: Climate Change for the Coming Century" on Sept. 14 from 7 to 8 p.m. in the Billings Campus Center Theatre. A reception will immediately follow the lecture in Cook Commons.

Alley is a premier scholar in the field of climate change with numerous papers in high-profile journals such as *Nature* and *Science*. He chaired the National Research Council panel on Abrupt Climate Change, which provided key data and interpretations helping to demonstrate that regional to global climate changes, larger than any experienced by agricultural or industrial humans, have occurred repeatedly in the past.

He has spent three field seasons in Antarctica, six in Greenland and three in Alaska. His recent book, *The Two-Mile Time Machine: Ice Cores, Abrupt Climate Change, and Our Future* was the national Phi Beta Kappa Science book award winner for 2001 and winner of a 2001 Choice Award.

Alley was one of three climate-change experts featured on a 2004 National Public Radio series on the subject. Audio and text from the program is available at [Three Views on Global Warming](#). He has testified before Vice President Gore (1994) and before the Senate Committee on Commerce, Science and Transportation (2003). He is a Fellow of the American Geophysical Union, and has been awarded a Packard Fellowship, a Presidential Young Investigator Award and the Horton Award of the American Geophysical Union Hydrology Section among many other honors.

Alley will give another talk on Sept. 15 at 4:30 p.m. in Fleming 101 on "Tides, Volcanic Eruptions, and the Future of the Big Ice Sheets."

Lerner information: 656-4408; Alley information: 656-4411

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Yoga Class Stretches the Lunch Hour

By the view Staff

Article published Sep 07, 2005

"Yoga at Noon," a series of fall Yoga classes for the UVM community, is offering hour-long sessions on Mondays and Thursdays at 12 p.m. on the Ira Allen Chapel Stage.

The class is \$8 per session, with monthly payments. Information and registration: Dianne.Schwartz@uvm.edu

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September 7, 2005

Awards and Honors

Sanjeeva Murthy, associate professor of physics, received a \$37,000 grant from the Research Corporation's Cottrell College Science Awards program to pursue a project titled "Modification of the Structure of Polymer Surfaces to Control and Direct Cell Growth."

Publications and Presentations

Robert Manning, professor in the Rubenstein School of Environment and Natural Resources, contributed an article, "Research to Support Management of Visitor Carrying Capacity of Boston Harbor Islands," to a special issue of *Northeastern Naturalist* devoted to the islands published this summer.

Edward McMahon, research associate professor of community development and applied economics and political science, visited Nepal Aug. 25-Sept. 1 at the invitation of the U.S. embassy. His visit focused on the role of political parties in a democracy. The country's fragile democratic institutions are caught between an authoritarian king and a gruesome Marxist insurgency. McMahon discussed key elements of political leadership, strategic planning, and coalition building in a series of workshops in both Kathmandu and Biratnagar.

Annie Viets, lecturer of business administration, volunteered two weeks this past summer to teach Business Ethics, Social Responsibility and Conflict Management on a management development program in Vologda, Russia. The program is sponsored by the nonprofit New Horizons Project in Boston and is designed to prepare young Russian businesspeople to contribute meaningfully to their county's social and economic development.

August 27, 2005

Awards and Honors

Christopher Allen, professor of chemistry and former project director for Vermont EPSCoR, was honored for his 38 years of service to UVM in an Aug. 15 *festschrift* at the Vermont EPSCoR annual meeting. The celebratory volume includes writing from a wide range of people, and many of Allen's former graduate students returned to campus to celebrate their mentor and make professional and research presentations. The day-long EPSCoR meeting featured more than 80 posters from EPSCoR-funded projects pursued by private companies and faculty at UVM and other baccalaureate institutions.

Judith Van Houten, professor of biology, is the program's new director.

Thomas McEvoy, forest resources specialist, won a second national award for his 2004 book, *Positive Impact Forestry: A Sustainable Approach to Managing Woodlands*. The volume was recognized by *Choice*, a publication of the Association of College & Research Libraries, as the year's outstanding academic title in biology/botany.

Publications and Presentations

Kathleen Manning, associate professor of education, visited the Chinese University of Hong Kong for two weeks in June via Fulbright Senior Scholar Program. This is her third trip to China and first to Hong Kong as part of Fulbright programs. As part of the visit, she conducted several presentations at the Chinese University of Hong Kong, University of Hong Kong and the U.S. Consulate in Guangzhou. She consulted with the student affairs staff of the