

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## [Aging Liberally](#)



Nick Danigelis (L) and Stephen Cutler, both professors of sociology, have produced new research showing that age doesn't translate to conservatism. (Photo: Rajan Chawla)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

[FULL STORY ►](#)

### CURRENT NEWS BRIEFS AND EVENTS

[Davis Center First Union in Nation to Receive LEED Gold Designation](#)

[McConaughy to Deliver University Scholar Lecture Feb. 21](#)

[Lecture and Exhibit Examine Buffalo Soldiers in Vermont](#)

[Fleming Debuts Painted Word Poetry Series](#)

[Spring Social Justice Film Series Continues on Feb. 27](#)

[Where Pixels and Calories Meet](#) Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

[Car by the Slice](#) The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

### THE WEEK IN VIEW

Feb. 21, 22, 23. Board of Trustees meetings. [Information, schedule.](#)

Feb. 23, 7:30 p.m. Lane Series: Thomas Gallant, oboe, and Pedja Muzijevic, piano. \$25 adults, \$20 students. Music Building Recital Hall. A pre-concert talk with the artists will begin at 6:30 p.m. [Information.](#)

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Aging Liberally

*UVM sociologists debunk stereotype that people grow more conservative as they age*

By Jon Reidel  
*Article published February 20, 2008*



Nick Danigelis (L) and Stephen Cutler, both professors of sociology, have produced new research showing that age doesn't translate to conservatism. (Photo: Rajan Chawla)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill

more conservative at age 15 than at age 35?

New research by Nick Danigelis, professor and chair of sociology, and Steve Cutler, professor of sociology and Distinguished Bishop Joyce Chair of Gerontology, strongly suggests that this long-held belief about older citizens being more rigid isn't true. Their findings, published in the October 2007 edition of the prestigious *American Sociological Review* in an article titled "Population Aging, Intracohort Aging, and Sociological Attitudes" has sociologists and politicians alike rethinking the attitudes and social and political leanings of older Americans.

The study is based on U.S. General Social Survey data from 25 surveys between 1972 and 2004 that measure the changes in attitudes that occur within cohorts at different stages in life. The political leanings of 46,510 Americans were examined with regard to how they felt about the political and economic roles of historically subordinate groups (e.g., women and African-Americans); the civil liberties of groups considered outside the U.S. mainstream (e.g., atheists and homosexuals); and privacy issues (e.g., right-to-die and sex between consenting adults).

Results showed that although change occurred in both the 18-39 and 60-and-over age groups, the movement among the older group was greater and was most often toward "increased tolerance rather than increased conservatism."

PRINT | EMAIL THIS PAGE  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

[Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

[Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

“It proves that some of the commonly held beliefs about older people being rigid and unwilling to change aren’t true,” says Danigelis. “Clearly both cohorts changed, but the older one changed more dramatically. In other words, getting older makes you more conservative, but only if you’re a younger person,” he adds with a wink.

### **Contributing to the ‘aging’ literature**

When Danigelis looks out his second floor office on South Prospect Street he can see the old Bishop DeGoesbriand Memorial Hospital (now University Health Center) where he was born. After explaining that he went to elementary, middle and high school within a stone’s throw of his office before attending UVM, Danigelis jokes about fitting the stereotype of the inflexible older American that his research debunks. But he and Cutler have been anything but stuck in a rut when it comes to research on aging. Cutler, past president of the Gerontological Society of America, has been researching age-related issues for three decades and has received numerous grants from the National Institute on Aging. His research with Danigelis is especially significant because it’s among the first to show over an extended period of time that people age 60 and over become more liberal at a faster rate than their younger counterparts on a number of measures.

Danigelis and Cutler note that Americans who grew up in the Depression have different attitudes toward many issues than those who grew up in the 1960s. Their research, however, shows that although people tend to be shaped by defining issues during their lifetime, a general pattern of aging Americans changing their attitudes — regardless of era — is clearly evident. And much of this change is in a liberal direction.

Challenging supposed societal beliefs has always intrigued Danigelis and Cutler. They point to a Gallup poll from 1970 that went against the commonly held notion that more educated people were against the Vietnam War while lesser educated ones supported it. Danigelis asks students in his sociology courses if they think people with more education would be more or less likely than someone with less education to tolerate an adult male punching another adult male. More than 95 percent assume the lesser educated ones would be apt to condone a left jab. Not true, according to studies. “We want our students to be critical thinkers regardless of the issue,” says Danigelis.

### **A history of stereotypes**

Danigelis and Cutler say that every stereotype has its own reason for existing. In regard to the idea of older Americans being inflexible, Danigelis says it’s a combination of historical factors led by a shift in opinion about the older patriarchal way of life that changed during the free-thinking Revolutionary War era. Conservative or rigid depictions of older Americans by writers like Emerson and Thoreau, and assertions by prominent figures such as Freud, who once said anyone over age 50 was ineducable, contributed to the shift in perception. “Take a long look at U. S. history and you will see a change in attitudes toward older people that

have produced these sets of stereotypes," says Danigelis.

Moving ahead to the modern era, Cutler says a number of institutions that continue to buy into the notion that you can't teach old dogs new tricks are losing out on a major market share. The idea that there's a sort of 'social sclerosis' or hardening of the social arteries simply isn't true, he says. "The idea that older people are uninterested in computers or can't learn to use them isn't true," says Cutler. "The same goes for the current presidential election. When you dissect the electorate you will see that older voters will support Obama. It would be a mistake to ignore them. There are differences in the ways younger and older Americans function and approach issues, but nothing about the aging process is endemic."

theview

University Communications  
86 South Williams Street  
Burlington, Vermont  
05401-3404

pho 802.656.2005  
fax 802.656.3203

[theview@uvm.edu](mailto:theview@uvm.edu)

[The View Homepage](#) | [UVM Homepage](#)  
[News Briefs](#) | [Events](#) | [Notables](#) | [About Us](#) | [RSS](#) | [Feedback](#)

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Where Pixels and Calories Meet

### *Study explores links between TV viewing and diet*

By Thomas Weaver

Article published February 14, 2008



Menu Choices: Doctoral student Jennifer Otten (L) and Katie Jones and Bridget Shea (R), both master's degree students in nutrition, are studying the relationship between watching television and caloric intake. (Photo: Sally McCay)

Formally wed with C. A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. But the relationship has grown far beyond those tidy foil trays — the succotash safe from the fried chicken, the peach slices protected from the potatoes —

which seemed to reflect a simpler time.

We live in an age of nearly infinite viewing and eating options, cable channel menus and snack aisles rolling out to the horizon. The reasons for America's obesity epidemic are many, but surely that comforting couple television and easy food have something to do with it.

TView, an in-progress study by three graduate students in nutrition and food sciences, aims to explore several important questions about these relationships among television viewing, weight, nutrition, physical activity and sleep.

#### Breaking routine

Doctoral student Jennifer Otten leads the investigation, sharing the TView research and a snug office in Marsh's Carrigan Wing with Katie Jones and Bridget Shea, both studying for their master's degrees.

Wedged in among shelves and filing cabinets filled with the tech tools of their study—boxes of "BOB" television viewing time monitors and armbands that measure physical activity — the team describes their study design and the questions they'll be exploring. The basics: Forty-four individuals between the ages of 21 and 65, viewers of three to six hours of TV per day, will have their television viewing, physical activity, food

PRINT | EMAIL THIS PAGE  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

#### CURRENT FEATURES

##### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

##### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

consumption, and sleep monitored for a six- to eight-week period. For the latter half of the study's duration, a randomly selected half of the group will be asked to reduce their TV viewing time, a change the researchers will monitor for its effect on a number of aspects of the study participants' lives.

Once the data is collected, Otten will examine the relationship between reduced hours in front of the TV and calorie intake. Shea will look closely at foods eaten while viewing television versus other foods eaten during the day and document differences in nutrient density. And Jones' approach will be to examine what having a television in the bedroom means to the sleep habits of the subjects.

"It's known that physical activity is good for you," Otten says, "but we wanted to get out of the box a bit with creativity to see what might motivate that." Noting that past studies have mainly focused on overweight children's response to reduced sedentary behavior, Otten adds, "We wanted to explore if the adult routine is so set that you can't make any changes. Is there a level at which you can motivate change?"

### **Subject search**

Professor Jean Harvey-Berino, who advises Otten and Shea, and Jones' advisor, Dean Rachel Johnson, can help to smooth the course of research for the graduate students. Harvey-Berino meets with the group weekly, acts as a sounding board and helps with processes such as the Institutional Review Board.

But there are lessons that a young researcher needs to learn through personal experience — for instance, the fact that conducting a study sometimes requires marketing skills in addition to scientific ones. In the early stages of TView, the researchers have worked hard to get the word out to potential subjects. You may have seen a flyer tacked to a bulletin board around campus, and (as you might suspect) you're reading the result of some savvy media relations work right now.

Shea, who spent three years as a research tech at Massachusetts General Hospital in Boston before coming to UVM, jokes, "In bench work you can control every aspect of the experiment. Recruiting people or recruiting cells, which is more difficult?"

Shea chimes in that life is so much simpler in a Petri dish.

But it's not so simple to round up human beings willing to let you step into their living rooms and their lives. Those who do for TView will stand to benefit from the insight of a close look at their own diet and activity, (not to mention a stipend of up to \$250). And they'll be helping add to a base of scientific knowledge that could one day improve the health of millions.

[Read more about TView.](#) The study team can be reached at 656-5299 or [tview@uvm.edu](mailto:tview@uvm.edu).

theview

University Communications  
86 South Williams Street  
Burlington, Vermont  
05401-3404

pho 802.656.2005  
fax 802.656.3203

[tview@uvm.edu](mailto:tview@uvm.edu)

[The View Homepage](#) | [UVM Homepage](#)  
[News Briefs](#) | [Events](#) | [Notables](#) | [About Us](#) | [RSS](#) | [Feedback](#)

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Car by the Slice

By Joshua Brown

Article published February 20, 2008



(Photo: Joshua Brown) If you're worried about your pocketbook, carbon footprint, or traffic jam, graduate student Annie Bourdon would like you to know about Green Mountain CarShare, her new non-profit car sharing company.

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

"We don't drive very much," Westdijk says, signing her name on a clipboard at an open house about the project in Burlington's Union Station on Feb. 13. She and her husband live downtown, he rides the bus to work, and she walks to work at UVM. If the car-sharing network starts soon, they might not need to replace their ailing car, she says. They could share one instead.

"Some people don't need a car, and a lot of people don't need a second or third car. They need a fraction of a car," explains Bourdon. But since you can't buy cars by the slice, many people own more cars than they usually need, "just in case. Or for that occasional trip to the grocery store," she says.

That's where a car-sharing network steps in. For about \$10 month (plus a \$30 joining fee) members of Green Mountain CarShare will be able to reserve one of six cars parked on campus or downtown, using a toll-free number or a website. Then, with an electronic tag on their keychain, these few dozen charter members will be able to take a nearby car and drive to a dentist appointment or visit a friend out of town.

Though exact prices aren't yet set, Bourdon expects the use of cars will cost about \$5 per hour and 40 cents per mile. "Gas, insurance, and maintenance are all included," she says. Within five years, she aims to have 30 cars (plus a few pick-up trucks and vans) scattered around neighborhoods in Burlington, used by hundreds of households.

PRINT | EMAIL THIS PAGE  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.



She's not grabbing these numbers out of the air. In 2001, Bourdon and two friends in San Francisco launched CityCarShare, the first car-sharing program in the United States. Four years later, she was deputy director of the organization with 15 employees. Today, CityCarShare has more than 13,000 members. Now back in her home state of Vermont, as the final project in her Master's of Public Administration degree, Bourdon plans to start something similar.

### **Demand management**

But Vermont is not the same as San Francisco. Though more than 130,000 people are part of 18 car-sharing programs in cities across the US, according to University of California research, Green Mountain CarShare will be the first one in a rural place. "That's why we're starting in Burlington," Bourdon says. She and a group of about ten volunteers think that Vermont's biggest city is big enough — and environmentally minded enough — to make it work.

"It's a place where people are willing to try something unconventional, to walk a block or two to their neighborhood car," she says. But she and transportation planners around the country will be watching — to see "how it goes with this size city and population density," she says.

UVM and the City of Burlington have been eagerly encouraging Bourdon's project, including assistance from researcher Richard Watts at UVM's Transportation Center and offers of free parking spaces. "We're a strong supporter of this effort and plan to be a big initial customer," says Katherine Decarreau, UVM's director of transportation and parking administration. She is working to provide some of the \$200,000 Bourdon says the new organization needs for a successful start this summer.

"This is a great opportunity for us" says Mike Gower, UVM's vice president for finance and administration. "Our master plan aims to get more cars off campus," as part of the university's larger effort to reduce its emissions of greenhouse gases and make better use of land than for parking lots, he says. Though car sharing doesn't work well for daily commuting, it can reassure students and employees who arrive by bus or foot that they'll be able to use a car "if they need to get off campus for a couple of hours," he says.

### **Green bottom Line**

Car share programs work because they save people money. It costs an average of \$471 per month to own a car, Bourdon says, citing an AAA study, "just to sit in the garage. That doesn't include operating it." A car-share member who drives 100 miles and uses a car for 10 hours each month would have a \$90 tab. "This puts car use in reach for many lower-income people," Bourdon says.

And car sharing changes the behavior of people at all income levels. "Who here is looking to slim down on their carbon diet?" asks Chapin Spencer, as he introduces Bourdon to the more than 80 people gathered at the open house. He's executive director of Local Motion, a bike and

pedestrian advocacy organization in Burlington that has been supporting the new project. He sees car sharing as complementary with his efforts.

Statistics from the department of energy in Switzerland (where car sharing was invented in 1987) back him up. They show that car-share members reduce their driving miles by over 50 percent – “I could do all those errands in one trip,” Bourdon explains—and a University of California study shows that people increase their use of public transit and bikes after they join a car sharing network. And this tallies into reductions in gasoline consumption, carbon pollution, and road congestion.

“Car sharing doesn’t limit mobility. It just makes people more thoughtful,” Bourdon says. Instead of the delayed and sometimes-hidden costs of car ownership, “you see the real cost of driving on your credit card statement each month.”

theview

University Communications  
86 South Williams Street  
Burlington, Vermont  
05401-3404

pho 802.656.2005  
fax 802.656.3203

theview@uvm.edu

[The View Homepage](#) | [UVM Homepage](#)  
[News Briefs](#) | [Events](#) | [Notables](#) | [About Us](#) | [RSS](#) | [Feedback](#)

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Davis Center First Union in Nation to Receive LEED Gold Designation

By Jeffrey Wakefield

*Article published February 20, 2008*

The spectacular, four-story atrium in the Dudley H. Davis Center, the new student union that opened at the University of Vermont in August 2007, routinely elicits ooh's and ah's from visitors.

Few would know, however, that the space is also an ingeniously engineered natural chimney that evacuates smoke, in the event of fire, without needing energy-intensive mechanical systems.

The atrium/chimney is one of a variety of features in the Davis Center that has made it the first student union in the country to receive the LEED Gold designation from the U.S. Green Building Council. The council's tiered LEED system recognizes buildings for exemplary environmental design and construction.

"We're thrilled that the Davis Center has received this first-in-the-nation accolade," said UVM president Daniel Mark Fogel. "In pursuing our goal of being a premier environmental university, we wanted to set the highest environmental standard for this signature UVM building. We more than met our goal. The team of UVM staff, students, faculty, and external consultants who oversaw and executed the design and construction of the Davis Center deserve the highest praise for their creativity and hard work."

Specific elements of the building's green design that earned it points on the LEED applications include the following:

**Energy efficient design.** The Davis Center is expected to use 52 percent less energy than a conventional building of the Davis Center's size. Key energy-reducing design elements include sensors that regulate electric lighting based on the amount of daylight entering the space and air conditioning, heating, and ventilation regulated by occupancy sensors. The building also has a high performance "envelope" of exterior walls and insulating systems; a heat recovery system that uses exhaust air to either pre-heat or pre-cool the fresh air entering the building; and mechanical systems that are designed to fit the precise needs of the space they serve.

**Reduced water use.** Waterless urinals in the building reduce water use by 41 percent. In addition, the project's landscape design on the exterior of the building and on its storm-water-absorbing green roof feature

PRINT | EMAIL THIS PAGE  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

#### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

native plantings, which do not require a permanent irrigation system.

**Widespread use of locally harvested and manufactured construction materials.** Sixty-three percent of the material used in the Davis Center construction was manufactured or sourced within 500 miles of the site, including the center's 280,000 bricks, which came from the Vermont Brick Company in Highgate, and the 62,000 slate shingles on its roof, which came from Camara Slate in Fair Haven. When there was a choice to purchase from a local manufacturer or distributor or one from outside the northeast region, the university chose to purchase locally, even when costs were slightly higher.

The Davis Center also received four "Innovation in Design" credits for design features and programs over and above those on the application checklist. Those credits include:

**A natural smoke evacuation system.** The Davis Center's atrium/natural chimney functions as follows: A row of windows on the top floor of the atrium and louvers on the second level open automatically when the fire alarm senses smoke and establish negative pressure that draws the smoke up and out of the space. The system is an example of the university investing in cutting edge design and technology that also saves energy.

**An education-oriented building monitoring and display system.** Imbedded in the Davis Center are 175 sensors placed in strategic locations to provide data on energy used for heating and cooling, electricity, water usage, and soil moisture, content, and temperature on the building's green roof. Beginning in late February, the data will be displayed on the Web and on a kiosk located in the corridor under Main Street. The monitoring system is designed to educate students and the larger community about the amount of natural resources the Davis Center and its occupants are consuming on a real-time basis. All the data will be logged and will be able to be viewed in several time scales, consumption equivalents, and quantitative comparisons.

Other features that earned the Davis Center LEED credits include interior spaces that maximize daylight, offer exterior views, and eliminate air contaminants; a green landscaped roof to reduce storm water runoff; extensive use of products with recycled content; and recycling of over 92 percent of construction waste by weight, including deconstruction rubble from an existing building on the Davis Center site, which was used as the base under an adjacent roadway and parking lots. The project also earned points for promoting alternative transportation via its pedestrian/transit accessible location, which reduces automobile trips to the facility, the free alternative fuel shuttle bus service serving it, and its encouragement of bicycle use and carpooling.

The U.S. Green Building Council awards LEED certification, in ascending order, at the Certificate, Silver, Gold, and Platinum levels.

UVM established a green building policy in 2005, requiring all new and

renovated buildings to reach the equivalent of the basic LEED certification level. After President Fogel signed the Presidential Climate Commitment Challenge in 2007, the policy was revised to state that buildings should achieve the equivalent of the LEED Silver level.

Other LEED buildings on the UVM campus include the University Heights Residential Learning Complex, which received a Gold certification, the Carrigan Wing addition to Marsh Life Sciences, which received LEED Silver, and the Wing/Davis/Wilks Residential Complex renovation, which also received a Silver. The 438 College Street historic preservation renovation and addition is under review for a Silver certification. WTW Architects of Pittsburgh, architect of record, partnered with TruexCullins & Partners of Burlington to design the project. The architectural team spearheaded the LEED design and registration process. The general contractor was William A. Berry & Son of Danvers, Mass. Linda Samter served as the owner representative's LEED consultant, working closely with Michelle Smith Mullarkey, UVM's green building coordinator. UVM faculty, staff, and students, guided by UVM project manager Ray Lavigne, were also actively engaged in the formulation of the LEED strategy.

theview

University Communications  
86 South Williams Street  
Burlington, Vermont  
05401-3404

pho 802.656.2005  
fax 802.656.3203

[theview@uvm.edu](mailto:theview@uvm.edu)

[The View Homepage](#) | [UVM Homepage](#)  
[News Briefs](#) | [Events](#) | [Notables](#) | [About Us](#) | [RSS](#) | [Feedback](#)

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## McConaughy to Deliver University Scholar Lecture Feb. 21

By The View Staff

*Article published February 19, 2008*

Stephanie McConaughy, research professor of psychiatry and psychology, will deliver a University Scholar lecture on "Interviewing and Observing Children for Psychological Assessment" on Thursday, Feb. 21 at 4 p.m. in Memorial Lounge, Waterman Building.

McConaughy will discuss methods of gathering data about children for psychological assessment. According to McConaughy, clinicians and researchers must not rely solely on interviews and observations, but should integrate those findings with reports from children's parents and teachers.

Her lecture will describe the interviewing and observational procedures she's helped develop, procedures that she says "dovetail with parent and teacher reports of children's problems and competencies."

The University Scholar Awards Program recognizes distinguished faculty members for sustained excellence in research and scholarly activities. University Scholars are selected by a panel of prominent faculty, based upon nominations submitted by their colleagues.

McConaughy's fellow Scholars for the 2007-2008 academic year are Robert Gordon, professor of anthropology; Charles Irvin, professor of medicine and molecular physiology and biophysics; and Martin LeWinter, professor of medicine and molecular physiology and biophysics.

 [PRINT](#) | [EMAIL THIS PAGE](#)  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

#### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Lecture and Exhibit Examine Buffalo Soldiers in Vermont

By The View Staff

Article published February 20, 2008

From 1909 to 1913, the 10th Cavalry Regiment, a group of "buffalo soldiers" — African American enlisted men who served in the army between the Civil War and World War I — were stationed at Fort Ethan Allen in Colchester. Frank Schubert, veteran and retired historian in the Department of Defense, will discuss the role this regiment played in a talk, "Buffalo Soldier Contributions: 10th Cavalry Regiment, U.S. Army," on Wednesday, Feb. 27 at 6:30 p.m. in the Sugar Maple Room, Davis Center.

The 10th Cavalry Regiment was one of four regiments of African American soldiers known as buffalo soldiers. Schubert's lecture will explore their contributions to national expansion across the continent; their service conditions and family lives; the relations between the soldiers and the American Indians; and the mythology that surrounds the buffalo soldier.

Schubert has written extensively on the history and legacy of buffalo soldiers in five books including, *Buffalo Soldiers, Braves and the Brass: The Story of Fort Robinson; On the Trail of the Buffalo Soldier: Biographies of African Americans in the U.S. Army, 1866-1917; Black Valor: Buffalo Soldiers and the Medal of Honor, 1870-1898; Voices of the Buffalo Soldier: Records, Reports, and Recollections of Military Life and Service in the West; and On the Trail of the Buffalo Soldier volume II: New and Revised Biographies of African Americans in the U.S. Army, 1866-1917.*

His talk is a Black History Month event sponsored by numerous university offices and departments as well as the Champlain College Office of Student Diversity and Inclusion.

In conjunction with the event, UVM Special Collections and descendants of the soldiers who remained in the area are sponsoring an exhibit on the main floor of Bailey/Howe Library. On display will be panels telling the history of the 10th Cavalry prior to coming to Fort Ethan Allen, their time here and where they went when they left. Also, many photos and personal items will be on display for the first time.

Information about the lecture: 656-3888.

Information about the exhibit: 656-2138.

 [PRINT](#) | [EMAIL THIS PAGE](#)  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

#### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Fleming Debuts Painted Word Poetry Series

By The View Staff

*Article published February 20, 2008*

On Wednesday, Feb. 27, the Fleming Museum will present the debut of the Painted Word Poetry Series, hosted by Major Jackson, associate professor of English and celebrated poet. The series will pair half an hour of live music with poetry readings by established and emergent New England poets.

"Vermont, simply, has a great tradition of producing writers," Jackson says. "How wonderful if students graduated aware of that tradition!"

The first event, which will take place at the Fleming, features poets Stephen Cramer and Paige Ackerson-Kiely. Music begins at 6 p.m., and the readings begin at 6:30.

The series is co-sponsored by the Department of English and is funded in part by the James and Mary Buckham Fund. [Visit the Fleming Museum's website](#) for the full series schedule.

 [PRINT](#) | [EMAIL THIS PAGE](#)  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

#### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.



NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## Spring Social Justice Film Series Continues on Feb. 27

By The View Staff

*Article published February 20, 2008*

The 2008 Spring Social Justice Film Series continues on Wednesday, Feb. 27 with "bell hooks: Cultural Criticism & Transformation."

The series includes four films related to the theme of "Social Justice and the Media." Each film runs once at noon in 104 Allen House and again at 6:30 p.m. in 427 Waterman. "bell hooks: Cultural Criticism & Transformation" discusses the concept of cultural criticism and the need for a critical reading of media.

The series continues on March 19 with "Sexual Stereotypes in Media: Superman and the Bride." This film explores the history of sexual stereotypes as presented in the media. The film "Off the Straight & Narrow: Lesbians, Gays, Bisexuals & Television" is scheduled for April 30 and casts a critical eye over the growth of gay images on TV.

 [PRINT](#) | [EMAIL THIS PAGE](#)  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

#### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

NEWS BRIEFS

EVENTS

NOTABLES

SEARCH

PRINT THIS ISSUE

PRINT PAST ISSUES

FEEDBACK

SUBSCRIBE  
(ENTER E-MAIL)

UVM HOMEPAGE

## South African Biologist to Give Lecture on Angolan Wildlife Restoration

By Joshua Brown

*Article published February 20, 2008*

For 27 years, civil war battered the African republic of Angola — ravaging not only its people, but also its national parks and wildlife. Combat and bushmeat hunters drove many spectacular species, including elephants, to local extinction.

In 1994, South African wildlife scientist Wouter Van Hoven and others started an effort to restore these parks and their animals through the Kissama Foundation.

Then, in 2001, they launched an ambitious — and eye-popping — airlift of many of these species, including giraffes, zebras, and elephants from Botswana and other places that maintained robust or overabundant populations — and into Angola's Quicama National Park.

Van Hoven will speak about this project, Operation Noah's Ark, and other aspects of African wildlife conservation — including the dilemma of bushmeat and sustainable use of African wildlife — at the University of Vermont's Billings Hall, Wednesday, Feb. 27 at 3:30 p.m.

The event is free and open to the public.

Van Hoven, will provide a portrait not only of the technical challenges of getting a giraffe into an airplane, and the political challenges of mounting this international operation in light of changes in the Angolan government, but also the scientific ecology behind the effort — and the uncertain future it now faces.

"The airlift was done for a few years for only a short period mid-winter," Van Hoven said, speaking from South Africa where he leads the Centre for Wildlife Management at the University of Pretoria. "I'll be using Angola as an example of why it is not always so easy to do projects of this nature in central Africa and what are the hurdles one needs to overcome. But, on the whole, I think Angola has a lot of potential. I'd like to highlight where we can end up — if we succeed."

"At the end of the war there was very little wildlife left in the entire country," he said, "just a few pockets because there was such a breakdown of civil structure and transportation. People had to simply rely on what the land had to offer. Soldiers even shot the giant sable, a rare and endangered antelope, just to have something to eat."

 [PRINT](#) | [EMAIL THIS PAGE](#)  
Text Size: [Sm](#) | [Md](#) | [Lg](#)

### CURRENT FEATURES

#### [Aging Liberally](#)

Winston Churchill is often credited with saying that if "you're not a liberal when you're 25, you have no heart. If you're not a conservative by the time you're 35, you have no brain." Makes sense; everyone knows older people are more conservative and set in their ways. So why then was Churchill more conservative at age 15 than at age 35? New research on aging by two UVM sociologists may provide some answers.

#### [Where Pixels and Calories Meet](#)

Formally wed with C.A. Swanson & Sons' 1953 introduction of the "TV Brand Frozen Dinner," television and food have enjoyed a long, not-so-healthy marriage. An in-progress study by three graduate students aims to explore several important questions about the relationships among television viewing, weight, nutrition, physical activity and sleep.

#### [Car by the Slice](#)

The transmission on Kate Westdijk's 1984 sports car just died. That's promising. At least it's promising for the volunteers who'd like to recruit her into Green Mountain CarShare, a new non-profit company being launched by UVM graduate student Annie Bourdon.

In addition to this plenary lecture, Van Hoven will be in residence for more than a week as he begins a three-year relationship with UVM as the University's next James Marsh Professor-at-Large. He will be meeting with faculty and others across many departments at UVM, discussing his expertises in wildlife as well as ruminant biology, traditional medicines, and plant biology.

His visit is hosted by Dr. Naomi Fukagawa and the UVM College of Medicine.

theview

University Communications  
86 South Williams Street  
Burlington, Vermont  
05401-3404

pho 802.656.2005  
fax 802.656.3203

[theview@uvm.edu](mailto:theview@uvm.edu)

[The View Homepage](#) | [UVM Homepage](#)  
[News Briefs](#) | [Events](#) | [Notables](#) | [About Us](#) | [RSS](#) | [Feedback](#)

[NEWS BRIEFS](#)[EVENTS](#)[NOTABLES](#)[SEARCH](#)[PRINT THIS ISSUE](#)[PRINT PAST ISSUES](#)[FEEDBACK](#)[UVM HOMEPAGE](#)

## NOTABLES

February 20, 2008

### Publications and Presentations

**Jamie Shaw**, lecturer in the Department of Animal Science, is featured in this month's edition of *Business People-Vermont* magazine. The article describes her activities as a highly successful dog trainer. Shaw teaches the UVM course "Dog Training and Behavior," which is one of the most popular in the department. The article describes Shaw's work as an expert in dog behavior and as the operator of the dog training facility, The Dog School, in Williston. She is also author of the book "Dog to Dog Communication: The Right Way to Socialize Your Dog."

February 13, 2008

### Publications and Presentations

**David Novak**, assistant professor of business administration, had a paper accepted for publication in *Decision Support Systems* titled "Managing Bandwidth Allocations between Competing Recreational and Non-Recreational Traffic on Campus Networks." The paper demonstrates a decision support methodology to set optimal bandwidth allocations for competing recreational peer-to-peer (P2P) file sharing traffic and non-recreational traffic (non-P2P) with respect to minimizing the total cost of network operations. Total costs include the explicit costs to the Internet provider associated with network management, as well as the implicit costs resulting from unsatisfied users under various bandwidth allocation scenarios. Management decisions include bandwidth allocations for P2P and non-P2P traffic during specific time periods, as well as the number of allocation changes made during the day. A goal program (GP) is used to estimate both P2P capacity demand and P2P user demand at different time periods and bandwidth allocations. A Markov Decision Process (MDP) is used to solve the cost minimization problem. A real-world example for optimizing bandwidth allocations between competing P2P and non-P2P interests is provided using empirical data from a large university.

**Carolyn Bonifield**, assistant professor, and **Amy Tomas**, lecturer, both of the School of Business Administration, had a paper titled "A Different Reality: Considering Possible Selves in Virtual Worlds," accepted for the 2008 Advertising and Consumer Psychology Conference on Virtual Social Identity and Consumer Behavior. The conference will take place in Philadelphia in May. Bonifield and Tomas are currently working on a program of research focused on marketers' and consumers' behaviors in virtual worlds. These virtual worlds, among them the very popular Second