

**Student Affairs Committee**

Minutes

427a Waterman

March 7, 2019

8:30-10:00

**Present** Kenneth Allen (CNHS), Sin Yee Chan (CAS), Thomas Chittenden (GSB), Jonathan Flyer (LCOM), William Louisos (CEMS), Patricia Mardeusz (LIB), Omar Oyarzabal (CALS), Cathy Paris (FS President), Berke Tinaz (GSS), Nancy Welch (CAS)

**Absent** Mia Hockett (LCOM), Jennifer Prue (CESS), Trish O’Kane (RSENR)

**Guests** Thomas Borchert, Brian Reed, Jeff Rettew, Annie Stevens

Co-Chair Thomas Chittenden called the meeting to order at 8:33 in Waterman 427a.

1. **Minutes.** The minutes of February 14, 2019 were approved as written.
2. **SAC Academic Calendar Resolution Update, Thomas Chittenden.** This was presented to the full Faculty Senate at the February meeting. It passed with a 98% approval.
3. **Student Rights & Outside of Class Required Attendee Events Survey and Next Steps, Omar Oyarzabal.** The survey went out to more than 1,000 students randomly selected by the Office of Institutional Research. The survey will remain open for two to three more weeks. After the survey is closed the data will be analyzed and a plan to move forward will be made. Omar will present a final report on the data at the next meeting.

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1. **Credit Bearing Residential Learning Communities Discussion – Thomas Borchert.** The main concern is that the residential communities are not funded equitably. The largest contributor to this is that the course requirements are different. COMU1 is a three-credit course where all other learning community courses are one credit. This causes an imbalance in revenue among the communities. Some of the other concerns the committee had included.
   * Academic rigor of the COMU1 class.
   * Accessibility for students who already have really full class loads.
   * Consistency throughout the communities.
   * Access to the most desirable dorm should not be tied to a course.
   * Who oversees the courses of the residential learning communities? Is there a structure like used with the General Education courses?
2. **SAC Chair 2019/ 2020.** The Faculty Senate will send out a call for nominations for SAC Chair for the 2019/2020 academic year. The nomination period will be open for a week and then an electronic election will be conducted by the Faculty Senate Office. Any member of the SAC can act as chair or co-chair, for more information members can reach out to Thomas Chittenden or Jennifer Prue for information.
3. **New Business.** The SGA has passed a Resolution Recommending the Inclusion of Statements Encouraging Student Wellness on College Syllabi. This will be brought to the SAC or perhaps the CAC for consideration of indorsement.

**General Statement + Resources**

The university setting can be both stressful and challenging for students, who are often expected to handle deadlines, coursework, multiple identities, co-curriculars, and outside work, all in a timely manner. These challenges are often compounded by unexpected setbacks and challenges outside of the classroom. In order to not be caught off-guard, it is important for students to take care of themselves; by regularly maintaining a balanced diet, getting enough rest, being aware of their mental health and emotional needs, managing their relationships with other people, and taking time for themselves.

In order to succeed in life, you must be conscious of your health and wellbeing. Without a solid foundation of healthy habits and awareness of personal needs, it is difficult for a student to perform to the best they can, let alone achieve academic success. If at any point you are having difficulties that are impacting your ability to succeed, please reach out to myself or your academic advisor before it becomes overwhelming. Additionally, we encourage you to seek support and access both academic and health resources outside of the classroom. We understand you’ll struggle and be stressed, but there are many resources that exist on-campus which can empower you to succeed mentally, socially, and physically. Below are a few of those resources.

**Resources**

***● Clinical Services***

* ***○  Catamount Recovery Program (Addiction Support)*** 
  + Email: ​recoverycommunity@uvm.edu
  + Website: ​https://www.uvm.edu/recoverycommunity/
* ***○  Counseling & Psychiatry Services (Mental Health)*** 
  + Jacob’s House, 146 S. Williams St.
  + Wright Hall, 436 S Prospect St.
  + Website: ​https://www.uvm.edu/health/CAPS
* ***○  Living Well (Education, Prevention, Self-Care)*** 
  + 1st Floor, Davis Center, 590 Main St.
  + Email: ​LivingWell@uvm.edu

■ Website: ​https://www.uvm.edu/health/livingwell ***○ Student Health Services (Healthcare)***

* 425 Pearl St.
* Website: ​https://www.uvm.edu/health/SHS

***● Identity Centers***

* **○  *Interfaith Center*** 
  + *Phone: 802.656.4703*
  + *Website: h*​ *ttps://www.uvm.edu/interfaithcenter*
* **○  *MOSAIC Center for Students of Color***

■ *802.656.3819*

■ *Website:* ​*https://www.uvm.edu/mcsc/*

* **○  *Prism Center*** 
  + *Phone: 802.656.8637*
  + *Website: h*​ *ttps://www.uvm.edu/prism*
* **○  *Women’s Center UVM Campus Advocate*** 
  + *Phone: 802-656-7892*
  + *Website: h​ ttps://www.uvm.edu/womenscenter*

***Here are some additional resources that we may want to include:***

* **●  *Campus Rec / Gym (Fitness)***
* **●  *Green Cab / Safe Ride Home (Transportation and Safety)***
* ***●  Rally Cat’s Closet and Food Pantry (Food Insecurity)***

This will be considered at a future meeting.

The meeting adjourned at 10:03 am. The next meeting of the SAC is scheduled for April 18, 2019 from 8:30am to 10:00am in Waterman 427a.