



MAKE A PLAN AND TAKE ACTION

Get to know UVM & Vermont

- Join campus clubs and organizations and volunteer.
- Get to know faculty and staff members.
- Learn about your community— go to concerts and plays, talk with people and ask lots of questions.
- Connect with diverse groups & resources.
- Talk to professionals (family, friends, acquaintances, alumni) about their work.

Discover your interests, values, and skills

- Read media, textbooks, newspapers, books, blogs, or journals related to interesting career areas.
- Develop your communication skills in and out of class.
- Identify 3 skills that will help you reach your goals, and plan how to acquire them through undergraduate research, service learning, part-time jobs and more!
- Use interest inventories to identify interests and careers.
- Peruse weekly Career Center and Business School emails for jobs/internship opportunities and events.

Explore majors and careers

- Talk to Student Service advisors, faculty, career counselors or mentors about majors, study abroad & careers.
- Explore majors, courses and requirements on-line or attend Major Choice Fair/ workshops.
- Explore different minor offerings.
- Draft a college résumé, and update it to the Resume Book database on Catamount Job Link.
- Log onto Catamount Job Link—UVM's database of jobs, internships and employers and set up your profile.
- Create a LinkedIn and 12Twenty Profile.
- Attend 2 Career Center workshops or programs (Resume Building, Internship Hop, Alumni Networking etc.)
- Begin to research Internship opportunities in your field- the more work experience the better!

Winter Break/ Following summer

- Work/volunteer/job shadow in your area of interest.
- Consider an internship or externship in your field of interest.

Reflect or discuss: What are you learning about yourself and the world of work this year?
