Hi! I'm Nichole Showalter and I'm a soon-to-be third year at UVM from Minnesota. I am an upcoming Advocat and I have been a waitress for the past 2 years which has equipped me with the experience of speaking confidently and respectfully to people I don't know and who I have to work with to please.

As a senator of SGA I plan to focus on two main concerns I have. The first being how separated foreign exchange students are from the rest student body. I have talked to many exchange students and I often hear they feel detached from the community due to their placement in the Marsh Austin Tupper residence halls and find it hard to connect to other students and Vermont locals because of the cultural and language barriers. One of my goals as a senator is, with the help and coordination of current exchange students, to find new ways to integrate exchange students with others in hopes of strengthening student relationships with people of different backgrounds.

Another goal of mine is to continue to strengthen mental health awareness around campus. I have used the Counseling and Psychiatry Services many times in my two years here and still find there is a stigma in our University that keeps some students from finding help when they need it. I hope to lessen the stigma by working directly with the student body and I plan to help with the coordination of the mental health awareness events UVM holds, as the topic of mental health is very important to me.

Thanks for your interest in voting for the future SGA Senate!