# **Developing Process-Based Restoration in the NEK...**

....using lessons from elsewhere





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## What is Low-tech, Process-Based Restoration?

...the use of simple, low cost, **structural additions** (e.g., wood and beaver dams) to riverscapes to **mimic functions** and **promote specific processes**...

Add structural diversity and complexity (i.e., 'habitat')...

- Fine woody material
- Large woody material
- Sediment
- Organic matter
- Riffles, runs, pools, glides
- Bed scour, cascades/waterfalls, point bars, bars

....to encourage, promote, and enhance riverine processes (i.e., 'better functions')

- Hyporheic (shallow groundwater) exchange
- Groundwater recharge
- Nitrogen uptake & denitrification
- Phosphorus retention
- Sediment sorting
- Temperature buffering





Low-order streams (Strahler, 1952)

## **Employing the Channel Evolution Model in Process-Based Restoration**

Stream channels *evolve* in response to:

- Changes in sediment supply (erosion-deposition)
- Changes in hydrograph (precipitation-runoff)
- Floodplain connectivity
- Beaver activity
- Large wood inputs
- Riparian vegetation
- Natural or anthropogenic disturbances

Stream channels go through different *stages* over time:

- Stage 0→1 = Stable, single & multi-threaded channels
  - Stages  $2 \rightarrow 3$  = Incising, downcutting, vertical erosion
  - Stage 4 = Widening, horizontal erosion
  - Stage 5 = Aggrading, sediment deposition, new floodplain
  - Stage  $6 \rightarrow 0$  = Re-establishing quasi equilibrium







## A stream comes back to life

Across the U.S. West, scientists and land managers are using beaver dam analogs (BDAs) to heal damaged streams, re-establish beaver populations, and aid wildlife. In some cases, researchers have seen positive changes in just 1 to 3 years.



## Water table 🔒

#### Adding dams

Beaver trapping and overgrazing have caused countless creeks to cut deep trenches and water tables to drop, drying floodplains. Installing BDAs can help.

### Widening the trench

BDAs divert flows, causing streams to cut into banks, widening the incised channel, and creating a supply of sediment that helps raise the stream bed.

#### **Beavers return**

As BDAs trap sediment, the stream bed rebuilds and forces water onto the floodplain, recharging groundwater. Slower flows allow beavers to recolonize.

### A complex haven

Re-established beavers raise water tables, irrigate new stands of willow and alder, and create a maze of pools and side channels for fish and wildlife.



## What does Low-tech, Process-Based Restoration Look Like?

More like this...



Beaver Dam Analogue (BDA), East Fork Divide Creek, MT

And less like this...



Engineered Log Jams (ELJ), Entiat River, WA





**Beaver Dam Analogue (BDA),** Willow Creek, MT





May 2015

Beaver Dam Analogues, California Creek, MT









Beaver Dam Analogues, East Fork Divide Creek, MT



Beaver Dam Analogues, California Creek, MT





Beaver Dam Analogues & Rock Check Dams, California Creek, MT







Floodplain Sediment Deposition, Joyner Creek, MT





**Post-Assisted Log Structures (PALS)**, Entiat River, WA



Earth & Log Beaver Dams, Post Creek, MT









Gully Plugs, Joyner Creek, MT





## **Identifying Potential PBR Projects in Basin 17**





- Sediment loading or deposition
  - Ditching & berming
  - Channelization & straightening
  - Livestock impacts

- Historic beaver dams and meadows
- Culvert plunge pools
- Alluvial fans & toe slopes

- Off-channel wetlands
- Oxbows & confluence areas
- Gullies & headcuts



# Look for the Depositional Landscapes!

# Google Earth

Imagery Date: 6/23/2019 | at 44.836694° | on -72.019050° elev 1237 ft eye at 3540 ft 🔾



# **Take-Away Lessons**

## <u>Do's</u>:

- Work with an expert to identify potential reaches, locate structures, and select methods appropriately
- Consult with your district fisheries biologist, river scientist, and floodplain manager
- Focus on  $1^{st} 3^{rd}$  order streams
- Design & build with redundancy
- Plan on 3-5 years monitoring & maintenance
- Add in-fill structures as channel evolves
- Use locally-sourced natural materials
  - Logs, stumps, rocks, sedge mats, etc.
- Use experienced work crews & sawyers

### <u>Don'ts:</u>

- Put these in big rivers if you want them to work
- Apply an inappropriate structure in the wrong setting
- Put them where landowners don't want flooding
- Locate structures near vulnerable buildings or infrastructure
- Rely on volunteers to do more than a handful of structures
- Assume this is a 'set-it-and-forget-it' project



## **Resources & Acknowledgements**

### **Additional Resources**

Low-tech, Process-Based Restoration Manual

Let the Water do the Work

Hold Back the Snow Pack

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## **Different in Ways from Form Based Restoration**



Channel re-alignment, French Creek, MT

### Focuses more on the shape of a river as it relates to:

- Channel alignment
- Channel bed form
- Bank stability
- Flood flow conveyance
- Floodplain connectivity
- In-stream habitat

### Often manifests as:

- Stream channel re-construction
- Floodplain excavation & grading
- Streambank bioengineering
- Engineered log jams
- Dam removals
- And more...



## **Designing for Form & Process-Based Restoration**



**Stage 0 Restoration**, Oregon Creek, MT





Beaver Dam Analogues, California Creek, MT





Brush fascines for bank stabilization, Mill Creek, MT



Beaver meadow restoration, East Fork Divide Creek, MT

