### Excel in your studies & expand your academic knowledge

- Review remaining academic requirements.
- Work closely with faculty and advisors.
- Identify potential **graduate/professional** schools.
- Connect your **major and career options**.

- **MAKE A PLAN AND TAKE ACTION**

- Review CATS Report and plan final 4 semesters
- Attend seminars/conferences and make a connection with a presenter

### Hone your career interests and acquire occupational skills

- **Assess and prioritize abilities and interests**
- Build multi-cultural competencies & skills.
- Identify preferred work settings.
- Attend career-related **panels, information sessions** or **networking events**.
- Use Career Center for **internship assistance**, to explore **career fields**, or receive **coaching**.
- Conduct **informational interviews** or job shadow.
- Engage in experiential learning opportunities: **study abroad**, **undergraduate research**, **service learning**, **design/capstone projects**, & **internships**.

- **MAKE A PLAN AND TAKE ACTION**

- Prepare application for spring semester abroad
- Look at **Alternative Spring Break** options
- Apply to be an NR1 TA or **SL-TA**
- Go to Fall Job Fair and learn about local environmental organization internships
- Apply to the **Perennial Summer Internship Program**

### Develop job search skills

- Write a **resume** and **cover letter** to market your qualifications; upload in **Catamount Job Link** for review.
- Hone your **interviewing skills**, do mock interviews with Career Counselors and practice with **Big Interview**.
- Join and use the **UVM Career Connection** on LinkedIn to conduct informational interviews and build a professional network. (Track your contacts).

- **MAKE A PLAN AND TAKE ACTION**

- Stop by The Hub **Drop-ins** to have cover letter and resume reviewed for internships
- Look into jobs with state agencies
- Make an appointment for a **mock interview**

### Winter Break

- Explore careers in a specific area by taking an online UVM Career Institute course.
- Conduct **informational interviews** or job shadowing.
- Attend **UVM career networking events** in Boston or NYC.

- **MAKE A PLAN AND TAKE ACTION**

- Go to UVM Boston Networking Event
- Find UVM alumni in the environment on LinkedIn and ask for informational interviews

### Following summer

- Gain career-related experience through a job, **internship**, **research** or **informational interview**.
- Research **graduate/professional** schools and requirements & prepare for examinations.
- Research post-grad **academic** and **service** fellowships.

- **MAKE A PLAN AND TAKE ACTION**

- Be a **LANDS** Summer Intern
- Do the Research Experiences for Undergraduate (REU) Program
- Start Udall or **Truman applications**

### Reflect or discuss: What are you learning about yourself and the world of work this year?