Get to know UVM & Vermont

- Join campus clubs and organizations and volunteer.
- Get to know faculty and staff members.
- Take classes in different areas of study.
- Learn about your community—go to concerts and plays, talk with people and ask lots of questions.
- Connect with diverse groups & resources.

Discover your interests, values, and skills

- Read media, textbooks, newspapers, books, blogs, or journals related to interesting career areas.
- Develop your communication skills in and out of class.
- Identify 3 skills that will help you reach your goals, and plan how to acquire them through undergraduate research, service learning, part-time jobs, and more!
- Use interest inventories to identify interests and careers.

Explore majors and careers

- Talk to advisors, faculty, career counselors or mentors about majors, study abroad & careers.
- Explore majors, courses and requirements on-line or attend Major Choice Fair/ workshops.
- Explore career options by major and plan for Pre-Health & Pre-Law pathways if interested.
- Draft a college résumé.
- Log onto Catamount Job Link—UVM’s database of jobs, internships and employers.
- Attend 2 Career Center workshops or programs (Resume Building, Internship Hop, Alumni Networking etc.)

Winter Break

- Talk to professionals (family, friends, acquaintances, alumni) about their work.

Following summer

- Work/volunteer/job shadow in your area of interest.

Reflect or discuss: What are you learning about yourself and the world of work this year?