**READING ASSIGNMENTS (Pinel Portion)**

**Note:** The readings are subject to change as we refine the list. We will notify you by email if we need to make any changes.

**Week 8, March 12th: The Social Self**


**Supplemental (optional) Reading:**


**Week 9, March 19th: Positivity**


**Supplemental (optional) Reading:**


**Week 10, March 26th: Belief Validation**


**Week 11, April 2nd: Belonging**


**Week 12, April 9th: Empathy and Perspective-Taking (Liz)**


**Week 13, April 16th: Self and Health**


**Week 14, April 23rd: NO CLASS**

**Week 15, April 30th: Presentation of Exam Responses (Liz)**

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**Additional Readings: Self-Transcendence**

