
DAN AND CAROLE BURACK
PRESIDENT'S DISTINGUISHED LECTURE SERIES



THE EVOLUTION OF COGNITIVE PROCESSING THERAPY FOR PTSD OVER THREE DECADES

PATRICIA A. RESICK, PhD, ABPP

Professor of Psychiatry and Behavioral Sciences, Duke University
Creator of cognitive processing therapy for PTSD

This talk will describe how cognitive processing therapy (CPT) for PTSD has changed over time as different populations and formats have been studied. CPT was developed as a 12-session protocol in group or individual format, with or without written narratives. Now variable length CPT is being studied, along with study of comorbidities. Telehealth, texting, and intensive outpatient are currently being tested.

Patricia Resick created cognitive processing therapy for PTSD. Professor of Psychiatry and Behavioral Sciences at Duke University, she is past president of the Association for Behavioral and Cognitive Therapies and the International Society for Traumatic Stress Studies. She is the recipient of a lifetime achievement award from the American Psychological Association.

Date

Thursday, April 18

Time

4:00 – 5:00 p.m.

Location

Livak Ballroom

UVM Davis Center

Reception immediately following

Sponsored by the Department of Psychological Science, with support from the College of Nursing and Health Sciences, Student Veteran Services, and the Larner College of Medicine Division of Psychiatry
THIS EVENT IS FREE AND OPEN TO THE PUBLIC.

For more information:

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