Crime Prevention & Personal Safety

BASIC TIPS
When you’re walking...

- **Body language counts!**
  Walk with confidence. Show that you are aware and in control.

- Whenever possible, **walk with at least one other person.**
When you’re walking...

- **Use well lit, well traveled routes.** Consider using public transportation after dark.

- Consider carrying a small, readily available, high-intensity flash light and/or cell phone.

- If a follower persists, head toward a well lit, occupied area and use a Blue Light to call the police or Dial 911.
When you park...

- Park in an area that will be well lit when you return.
- **Lock your car.** Lock valuables in the trunk or hide them from view.
- Don't get in your car until you have checked the inside, especially the back seat.
- Before driving, **lock your doors** and put on your seatbelt.
At Work...

- **Be aware of your environment.** Report unusual or suspicious circumstances to the police.

- If you must work alone before or after normal business hours, **secure your work area** and **tell someone where you are.**

- **Re-secure propped doors** on-campus. Report repeated offenses to Police Services at 6-3473.

- **Report defective lighting, locks or phones** to **Service Operations** at 6-2560.
Personal Safety on Dates

- **Maintain sobriety.** Watch the drug & alcohol use of dates. Intoxication can bring out the worst.

- **Watch your drinks!** "date rape drugs" such as Rohypnol, are real. They incapacitate and create amnesia.

- **Communicate clearly with dates.**

- **Listen to your "gut feeling."**

- **Avoid pairing off with someone at a party to be alone in a room.**

- **Avoid anyone who doesn't respect your caution, and your limits.**
If you are...

A survivor of sexual or physical abuse, the following resources are available for you.

- **UVM Victim’s Advocate** (6-7892)
- **UVM Student Health/Medical Clinic** (6-3350)
- **UVM Counseling Center** (6-3340)
- **UVM Police Services** (6-3473) or **Chittenden Unit for Special Investigations** (652-6800)
Bias Incidents

- View [protocol and reports](#) of bias incidents on campus.
- [Report on-line](#) or via phone (6-3473).
Your Valuables...

- **Never leave your room unlocked and unoccupied:** A thief with a target in mind only needs minutes to accomplish his or her task.

- **Record the serial number of each piece of equipment:** visit Police Services’ [property registration page](http://www.uvm.edu/police) for this free, on-line service.
Your Computer...

- **Buy a locking device**: The University Bookstore and Police Services offers locking devices for laptops and desktops.

- **Consider tracking software**: available through the bookstore or Police Services web page.
Report Crime...

On-line

or

656-TIPS
For more information...

www.uvm.edu/police