



UVM OUTING CLUB

Trips & Trainings | Fall 2018

THE UVM OUTING CLUB

outside@uvm.edu
(802) 656-3439
www.uvm.edu/outingclub

Outing Club House,
8 Colchester Ave.
M-Th 10:00-3:00, F 10:00-4:00

A NEW ADVENTURE IS CALLING.

UVM Outdoor Programs offer comprehensive, four-season wilderness recreation, learning, and leadership development opportunities. For more than 100 years the UVM Outing Club has upheld a proud tradition as one of the oldest collegiate Outing Clubs in the country. UVM's proximity to the wilderness areas of the North country's best crags, waterways and mountain ranges (Greens, Whites, and Adirondacks) guarantee an attractive classroom for UVM students interested in developing climbing, skiing, hiking, paddling, biking and wilderness living skills.

As part of an environmentally-focused university, UVM Outdoor Programs encourage students to develop a deeper relationship with their environment through fun, challenge, stewardship and community-building, making their student experience at UVM more meaningful.

UVM Outdoor Programs provide direct support to students in pursuit of learning and wilderness adventure regardless of where their wilderness adventure sports interest lies! All of our trips, facilities and leadership training opportunities are open to all and designed to be affordable. Most importantly, trips and training experiences are organized, staffed and lead by student like you, in the spirit of peer leadership!

Whether you're hoping to hike Mount Mansfield for the first time, rent equipment to do your own weekend expedition or are looking to develop wilderness leadership skills, UVM Outdoor Programs offers something for everyone. . .most importantly, get outdoors and get involved!



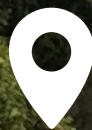
Yours in Adventure,
JOHN ABBOTT, ED. D.

Assistant Director Outdoor Programs
Dept. of Student Life
jdabbott@uvm.edu



HANG OUT.

The UVM Outing Club hosts events, shop talks, social justice forums, and film festivals! Keep up with all the festivities and learning opportunities on our website, uvm.edu/outingclub.








STOP BY.

THE OC HOUSE
8 Colchester Ave.
(802) 656-3439
Mon - Thurs: 10:00-3:00
Friday: 10:00-4:00
Closed Sat & Sun.



SOCIALIZE.

 fb.com/uvmoutingclub
 uvmoutingclub
 uvm.edu/outingclub
 outside@uvm.edu

Follow us on  and keep your eyes peeled for chances to win swag, gear, food, & more



TRIPS & TRAININGS.



FREE TRIPS

CAMEL'S HUMP DAY TRIP **

Start your semester off with a hike up Camel's hump. Hang out at the summit and get psyched for a fall full of more trips like this one!

Date: Sept 9 | Price: Free! | Limit: 9

CABIN CLEANUP WEEKEND *

Spend your weekend at the Outing Club cabin in Bolton cleaning, building, eating lots of mountain pies, swimming, and having a heck ton of fun.

Date: Sept 9 | Price: Free! | Limit: Unlimited

STOWE PINNACLE DAY HIKES *

Get ready for the winter in a positive light on our last trips of the semester! Hike up in snow and get a beautiful view of Stowe Resort on Mt. Mansfield. These trips will be the best way to close out the semester, celebrating with some good company.

Date: Dec 1 & Dec 2 | Price: Free! | Limit: 2 groups of 9 each

NATURAL HISTORY DAY HIKE **

Did you know the Green Mountains were once taller than the Himalayas of today? Hike through history on this awesome day trip! Learn about forest succession, the fragile alpine zone, land use in Vermont, and the geologic forces that shaped our state!

Date: Oct 14 | Price: Free! | Limit: 9

SERVICE DAYS **

Each semester, there are a few service trips where we work with local communities like the Old Goats and the Green Mountain Club to help with trail and shelter maintenance. These trips will be free and will be announced at later dates. Get your name on the UVMOC listserv and look out for email announcements.

SPECIALTY TRIPS

TRAIL RUNNING DAY **

Our poor cross country ski trails are neglected in the warmer months, so let's show them some love! Join us for a jaunt through Shelburne Farms, or Blueberry Hill, or the Catamount Trail, or wherever your heart desires! Hydration packs and a passion for running in beautiful places are HIGHLY recommended!

Date: Sept 22 | Price: \$15 | Limit: 9

MOUNT HUNGER NATURAL HISTORY DAY HIKE **

Hike through the krummholz zone and onto the bald peak of Mount Hunger with some great company. Learn about the natural history of Vermont on this awesome day hike.

Date: Nov 3 | Price: \$15 | Limit: 9

CAMEL'S HUMP NATURAL HISTORY DAY HIKE **

Take a hike up the Forest City Trail and through the Natural History of Vermont! Join some of the Outing Club's natural historians to learn about forest succession, the history of land use in Vermont, and the geologic forces that shaped our state!

Date: Oct 20 | Price: \$15 | Limit: 9

FULL MOON HIKE **

Enjoy the woods by way of headlamp! As you climb higher, let the moon guide the way, until you find the full glowing light at the top. Join us to enjoy some dinner, hot cocoa, and a beautiful moonrise all while getting to know the people around you.

Date: Oct 6 | Price: \$15 | Limit: 9

HIKE FOR HUNGER **

Hunger Mountain is calling for us, but our surrounding community could use our help too. We can hike a mountain, but we can also help feed families in Burlington who struggle to put food on the table.

Date: Oct 28 | Price: Non-perishable food donations | Limit: 9

BACKCOUNTRY COOKING **

Ever wanted to know how to make a calzone in the backcountry? Well, now you can learn that and any number of other possible delicious foods if you join us for a weekend of backcountry cooking!

Date: Oct 20 - 21 | Price: \$30 | Limit: 9

CREATIVE ARTS AT THE CABIN *

Bring your guitar, ukulele, flute, pens, pencils, and paints! Spend a weekend getting in touch with your artistic side. Make masterpieces, music, poems, and anything you else you use as an outlet. All in the comfort of the Outing Club Cabin in Bolton.

Date: Oct 20 - 21 | Price: \$30 | Limit: 9

CABIN YOGA *

Need a break before finals? Join us for a Saturday afternoon getaway to the cabin. Light the fire, and relax as we practice yoga and mindfulness, while eating a hearty dinner afterwards.

Date: Nov 10 - 11 | Price: \$15 | Limit: 9



ROCK CLIMBING

INTRO TO ROCK CLIMBING *

These are day trips designed to introduce new climbers to outdoor rock climbing. Ideal for first-time climbers, however anyone is welcome to sign up. Some of the topics covered on these trips will include basic climbing technique, climbing knots and belaying. These trips will explore climbing locations around North Western Vermont.

Dates: Oct 6, 7, 13, 14, | **Price:** \$20 | **Limit:** 8

INTRO TO ROCK CLIMBING WEEKEND! **

These overnight weekend trips are for new climbers who want a more in-depth rock climbing experience at a more remote location. No prior climbing experience is necessary for this trip, and beginners are welcome! This trip will cover similar topics as our 101 trips and will dive a little more into advanced climbing technique.

Dates: Sept 15 - 16, Oct 20-21, 27-28 | **Price:** \$35 | **Limit:** 8

WOMEN'S ROCK TRIP *

This trip is designed as a Rock 101 for female-identified participants. We will teach the basics of equipment, belaying, and climbing technique, while simultaneously providing a space for women to learn in a gender affinity space.

Date: Sept 23 | **Price:** \$20 | **Limit:** 8

PADDLING

CANOE DAY TRIPS *

Get to the water while it's still warm! Fall semester is the PERFECT time to explore the tributaries and lakes of New England, so spend your day with us and maybe discover a love for the flow.

Date: Sept 9, Oct 7, 28 | **Price:** \$20 | **Limit:** 9

KAYAK DAY TRIP **

Spend a day paddling with some of the Vermont's finest waterways (Waterbury Reservoir, Lake Champlain, etc.)! Learn the tricks of the kayak trade, and enjoy some good food and company while you're at it!

Date: Sept 8,9, Oct 6 | **Price:** \$20 | **Limit:** 9

SEA KAYAKING WEEKEND **

How do you bring a sleeping bag on a kayak trip? You pack it in your boat! Come learn a new way of travel with everything you need for the weekend staying dry in your own vessel. Enjoy cool waters and cool company for an extra cool weekend.

Date: Sept 22 - 23 | **Price:** \$35 | **Limit:** 9

CANOE WEEKEND **

Spend the weekend outside of UVM, outside of closed walls, and outside of technology. Mid-terms are coming up around this time, so treat yourself to a little weekend escape and find the serenity in the water.

Date: Oct 6 - 7 | **Price:** \$35 | **Limit:** 9

CATAMOUNT CLASSIC

SEPT 29 - 30

Avi Kurganoff was an Outing Club kayak, ski and backpacking instructor from 2011 to 2012. His life ended prematurely in the Spring of 2012, after just getting back from an Alternative Spring Break trip. Avi had devoted his life to anyone and everyone in the outdoors. His passion, music, and infectious smile touched so many people across the university and within the Outing Club community. In Avi's memory, the Catamount Classic was born.

Avi was involved in a youth mentoring program called DREAM. Each year, the money raised from the Catamount Classic goes towards a scholarship to send a DREAM student on an Outward Bound trip. The Catamount Classic is an event that happens every year where the UVMOC works to complete an outdoor recreation goal in one weekend. This year, join us to get more people outside than ever before in OC history. Our goal: Get over 200 people outside during this one wild weekend. After we complete our goal, come join the festivities at our after party for live music, cornhole, and food.

HOW TO SIGN UP

GROUP SIGN-UP: Make your own groups of club members, trek reunions, or just a bunch of friends. Register with the Outing Club at upcoming tabling events or email catamount.classic@gmail.com. Food is not included if you register as your own group. You can choose a day trip on either Saturday or Sunday, or an overnight.

Price: \$10 each | **Limit:** 9 per group

INDIVIDUAL SIGN-UP: Sign up individually on one of our eight OC sponsored trips. These trips will be available for sign-up online at go.uvm.edu/octrips. Food, transportation, and gear is included.

Price: \$15 for a day trip, \$30 for an overnight | **Limit:** 9 per group

THREE WEEKEND BACK COUNTRY SKILLS COURSE

New this semester! We will be putting out a three weekend backcountry skills course. Go on three overnight backpacking trips with some of our experienced Outing Club Leaders. Learn what you need to know to safely go on your own backcountry expeditions on this course. Topics covered will include: Leave No Trace Ethics, Navigation, Dressing for the Weather, Food Planning, Backcountry Cooking, Shelter Building, And many more things you need to know to head into the woods safely!

You must have availability for: Oct 6 - 7, Oct 20 - 21, Nov 10 - 11

Limit: 9 | **Price:** \$80 | Financial Aid may be available upon request.

To apply: Email Lulu (lorne@uvm.edu) and Ella (ella.mighell@uvm.edu) with the subject 'Backcountry Skills Course' by Monday, September 10. We will respond shortly with a brief questionnaire.



FALLS OF LANA HIKING & SWIMMING *

The Falls of Lana is a short hike in and rewarded with one of the most beautiful swimming holes in Vermont. Come join us and see for yourself and explore to your heart's content!

Date: Sept 8 | Price: \$15 | Limit: 9

SUNSET RIDGE DAY TRIP **

Hike the tallest mountain in Vermont and catch some early fall foliage! Join the Outing Club on a hike up the Sunset Ridge trail on Mt. Mansfield for some truly spectacular views during the best season of the year.

Date: Sept 15 | Price: \$15 | Limit: 9

FALL FOLIAGE HIKE (DENDROLOGY 101) *

Delight in the pure gold, orange, and red hues while getting to know some of your fellow students during a walk in the woods. Vermont's fall leaves are famous world-wide. You won't want to miss out.

Date: Sept 16, Oct 13 | Price: \$15 | Limit: 9

INTRO TO BACKPACKING *

Want to learn a new skill? Never backpacked before? Come on our brand-new, intro to backpacking trip the first weekend of the semester! Learn how to pack a backpack correctly, hike with a weighted pack, navigate a trail, camp in the backcountry of Vermont and so much more. Many OC trips are geared towards beginners, but this one includes extra skills building.

Date: Oct 20 - 21 | Price: \$30 | Limit: 9

MONROE SKYLINE TRADEOFF **

Two separate groups will spend the weekend on the Long Trail's majestic Monroe Skyline. One group will be Northbound and the other Southbound-- make sure to exchange high fives between Mt. Abe and Mt. Ellen!

Date: Nov 10 - 11 | Price: \$30 | Limit: 2 groups of 9 each

SPOT THE WILD WAMPAHOOFUS OF MT. MANSFIELD DAY HIKE **

The Wild Wampahoofus is a legendary beast, half bear/half moose. Catch a glimpse of this mysterious creature on the Wampahoofus Trail on your way to Mansfield's forehead!

Date: Sept 22 | Price: \$15 | Limit: 9

RATTLESNAKE CLIFFS DAY HIKE *

Contrary to the name, we haven't sighted any rattlesnakes here in a while, but we HAVE seen some totally epic views of Lake Dunmore, Silver Lake, and the Adirondacks. But don't just take our word for it, join us and see it in real life!

Date: Sept 16 | Price: \$15 | Limit: 9

BACKPACKING MT. MANSFIELD WEEKEND **

We can't get enough of Mansfield and neither should you, come hike up with the OC to the summit of Mt. Mansfield for a weekend of fantastic company and phenomenal views on Vermont's most notable peak.

Date: Nov 3 - 4 | Price: \$30 | Limit: 9

JAY PEAK DAY HIKE *

Join us on a hiking trip up Jay Peak and catch some views of (almost) Canada and summit the last major peak of the Long Trail in person!

Date: Oct 28 | Price: \$15 | Limit: 9

BACKPACKING THE WHITES ***

Come hang out in the most rugged mountains of New England for an overnight. This beautiful range spans over almost one quarter of the state of New Hampshire. The White mountains of New Hampshire offer challenging courses, but their majestic views make it all worth it.

Date: Oct 6 - 7 | Price: \$30 | Limit: 9

PICO PEAK WEEKEND **

Backpacking up Pico Peak where you can catch views of Killington and the surrounding Green Mountain National Forest. Explore Southern VT views and find out if the maple syrup really does taste different down there.

Date: Oct 27 - 28 | Price: \$30 | Limit: 9

BURNT ROCK DAY HIKE **

Catch a glimpse of the intricate rock formations located at the summit after hiking through the legendary Vermont foliage.

Date: Sept 23 | Price: \$15 | Limit: 9

MT. ABE DAY HIKE **

Mt. Abraham just cuts it as a 4,000' Vermont mountain coming in at 4,006'. The summit is .8 miles from the peak of Lincoln, which looks down at the slopes of Sugarbush. This area of the green mountains is a great getaway for a day of solitude in the woods.

Date: Oct 20, Nov 11 | Price: \$15 | Limit: 9

MOUNT ELMORE DAY HIKE **

Hike to the top of Mount Elmore and then hike some more up to the top of the fire tower. Catch the fall foliage before it's gone!

Date: Oct 27 | Price: \$15 | Limit: 9

STARK'S NEST DAY HIKE **

Hike up some of the only switchbacks in Vermont to the Long Trail! Follow the white blazes to an awesome cabin at the top of Mad River Glen for some awesome Fall Foliage views!

Date: Oct 27 | Price: \$15 | Limit: 9

MOUNT MANSFIELD DAY HIKE ***

Hike the steepest trail up the tallest mountain in Vermont! The Hellbrook trail is renowned for its steep pitches and the awesome views of the Green Mountains. If you're feeling fit and ready, sign up for this wild day hike!

Date: Oct 7 | Price: \$15 | Limit: 9

CAMEL'S HUMP DAY HIKE **

Hike one of Vermont's tallest peaks in the height of foliage season! Join us for some leaf peeping and adventure.

Date: Oct 14, 21, Nov 3 | Price: \$15 | Limit: 9

MOUNT PHILO SUNSET HIKE *

Hike to the top of Mt. Philo in time to see the sunset from one of the best perches in Vermont!

Date: Nov 10 | Price: \$15 | Limit: 9

SUNSET RIDGE DAY HIKE **

Hike to the top of Mount Mansfield on one of its raddest trails, Sunset Ridge! Check out the alpine zone with some great company.

Date: Nov 10 | Price: \$15 | Limit: 9

SNAKE MOUNTAIN DAY HIKE *

Imagine yourself slithering your way up to the summit of Snake Mountain with some awesome company and enjoying a spectacular view of the entire Champlain Valley.

Date: Oct 21, Nov 11 | Price: \$15 | Limit: 9

BELVIDERE FIRE TOWER DAY HIKE **

Hike with us to the top of Belvidere Mountain and then climb the fire tower to experience sweeping views of Vermont at the height of foliage season!

Date: Oct 20, Nov 4 | Price: \$15 | Limit: 9

KILLINGTON DAY HIKE **

Hike to the top of Vermont's highest southern peak! Stand on top and feel cool! You can't miss this totally rad alpine zone.

Date: Nov 4 | Price: \$15 | Limit: 9

BACKPACKING THE 'DAKS ***

Spend a weekend in the High Peaks Region of the Adirondacks in New York State hiking some of the coolest peaks this side of the Mississippi!

Date: Nov 10 - 11 | Price: \$30 | Limit: 6

BACKPACKING KINSMAN RIDGE ***

Spend a weekend in the White Mountains of New Hampshire and complete a section of the Appalachian Trail!

Date: Oct 13 - 14 | Price: \$30 | Limit: 9



FILM FESTIVALS

NO MAN'S LAND

This traveling film festival highlight the importance of female representation in the outdoor industry. The Outing Club has paired with local organizations in Burlington whose missions align with the mission of the films. You can't miss this legendary event!

Date: FALL (TBD)
Location: TBD

TELLURIDE MOUNTAINFILM

This film festival out of Telluride, Colorado, showcases some of the best films of the year. Categories include mountain biking, skiing and surfing.

Date: Nov 2 | 7 - 10PM
Location: Grand Maple Ballroom, Davis Center

BANFF MOUNTAIN FILM FESTIVAL

This behemoth of a film festival draws locals from every corner of Vermont. Critically acclaimed and always awesome, Banff shows us some of the most unique short films from the last year in the outdoor film industry. Watch carefully- you might just see an Outing Club leader featured!

Dates: Jan 17, Jan 18
Location: Flynn Theater

Date: Jan 19
Location: Grand Maple Ballroom, Davis Center

LEADERSHIP DEVELOPMENT PROGRAMS

ADVENTURE ROPES COURSE F.U.N. TRAINING (FACILITATION UNDERSTANDING & NUANCES)

The UVM Adventure Ropes Course offers engaging challenge course and teambuilding experiences for UVM groups and for the surrounding community (schools, businesses, camps, etc). The FUN training course will prepare you to lead groups through a thoughtful progression and encourage participant growth and healthy risk taking. New trainees will be taught "the ropes" by current lead facilitators who each bring their own particular facilitation magic to the course. Technical skills as well as the art of group facilitation will be covered. All these skills are highly transferable to other areas of leadership, education, and outdoor programming. Plus, when you finish this training you'll probably have a job! FUN meets weekly for 2 1/2 class hours supplemented by 3 days of training at the course.

When: Fall & Spring | Price: \$100.00
Dates: Sept 23, 30, Oct 21

PADDLING FOR DEVELOPMENT (PFD): SEA KAYAK/CANOE

PFD is a semester long teaching program. There are three weekend trips in which PFDers will learn all the basic paddling skills they will need to be proficient Outing Club leaders, as well as the skills necessary to enhance their own personal paddling abilities. Each weekend we will be out on different bodies of water working on both hard and soft skills, while searching for the always elusive Champ. PFDers will learn all the essential wilderness skills to be an excellent and prepared OC leader. Most importantly we will all get to know each other through icebreakers, fireside chats and corny jokes.

When: Fall Only | Price: \$150.00
Dates: Kayak PFD - Sept 15 - 16, Oct 13 - 14, Nov 3 - 4
Canoe PFD - Sept 15 - 16, Sept 22 - 23, Oct 12 - 14

SITE MANAGEMENT AND ANCHOR CONSTRUCTION (SMAC) - ROCK

SMAC is an instructional rock climbing skill development program for students interested in acquiring safe, comprehensive, top-roped climbing, anchor construction and teaching skills. Rock SMAC runs in the early fall semester. Emphasis is placed on fundamentals of equipment, climbing technique, belaying and rappelling technique and safe management of climbing instruction areas in an institutional setting. Completion of SMAC is mandatory for UVM student climbers interested in leading climbing trips for the UVM Outing Club.

When: Fall (Ice Climbing SMAC is offered in the Spring) | Price: \$150.00
Dates: Sept 15 - 16, 22 - 23, Oct 7 - 8, 13 - 14

WILDERNESS INSTRUCTION LEADERSHIP DEVELOPMENT (WILD)

WILD is dedicated to cultivating wilderness leadership skills and is a mandatory requirement for all Outing Club hiking trip leaders. Each semester, 15 student trainees work alongside upper class WILD coordinators focusing specifically on hard skill instruction, situational leadership development, understanding leadership & learning styles, risk management, wilderness medical instruction and Leave No Trace ethics. Most importantly, 'WILDees' develop a skilled & motivated leader community! WILD meets weekly for 2 1/2 class hours supplemented by 3 weekend field practical trips.

When: Fall and Spring | Price: \$150.00
Dates: Sept 21 - 23, Oct 26 - 28, Dec 1 - 2



BECOME AN OC LEADER.

Info available at uvm.edu/outingclub or by emailing outside@uvm.edu. Applications for these programs are due soon after the general meeting.

WILDERNESS EXPEDITIONS, CERTIFICATIONS & CLASSES

BACKCOUNTRY SKI/RIDE & LEVEL I AVALANCHE EDUCATION: SUN VALLEY, IDAHO

Spend your break laying fresh tracks in the powder stashes of the Sawtooth Range. Learn basics of big mountain backcountry ski expedition preparation, planning and hut living. Enrolled students receive Level I American Avalanche Association (AAA) instruction.

Dates: Spring Break 2019 (Mar 9 - 17)
Contact: Jdabbot@uvm.edu or (802) 656-2060

PRT 188 - ADVENTURE TOURISM & TREKKING IN THE EVEREST REGION, NEPAL

Safely climbing in big mountains requires personal preparation, group expedition planning and diverse mountaineering, glacier travel & rescue skills. This expedition is open to all UVM students and will focus on: basic axe & crampon technique, roped team travel skills and summiting alpine objectives in the "Alps of South America".

Dates: Summer Session I 2019 (May 23 - Jun 6) | Credits: 3 | Limit: 16
Info Sessions: September 19 & October 10th (Student Life, Mahalo Room)
Contact: Jdabbot@uvm.edu or (802) 656-2060

SOLO (WFR) WILDERNESS FIRST RESPONDER

This 80-hour wilderness first aid course is essential for outdoor leadership and backcountry travel safety. Focus of course is on injury prevention, assessment, treatment & packaging for evacuation.

Dates: Winter Session 2018 (Jan 6 - 13) | Price: \$450 | Limit: 24
Contact: UVM Outing Club: outside@uvm.edu or (802) 656-3439

SPRING BREAK SEA KAYAKING: CUMBERLAND ISLANDS, GA

Tired of the cold weather in VT? Enjoy the sun baked coast of the N. Georgia low country and surrounding islands. In addition to developing basic to intermediate paddling skills, students will camp on sandy beaches, swim & paddle alongside dolphins and recharge for the last leg of spring semester!

Dates: Spring Break 2018 (Mar 9 - 17)
Contact: UVM Outing Club: outside@uvm.edu or (802) 656-3439

WINTER LEADERSHIP & MOUNTAINEERING SKILLS: MT. WASHINGTON, NH

Wilderness leadership and backcountry group travel in winter environments requires disciplined preparation, execution & personal skill development. This teaching expedition will focus on critical safety issues, hard skill development and leadership training to prepare UVM students to successfully meet the cold weather challenge of New England mountain environments.

Dates: Winter Session 2018 (Jan 9 - 12)
Contact: Jdabbot@uvm.edu or (802) 656-2060



FINANCIAL AID

If you are receiving financial aid and want to do a program but don't have the funds, you may qualify for program subsidies! Don't let it stop you from applying.



HELLO FROM THE OUTING CLUB.

Get involved with the Outing Club! There are so many ways! Trips, Leadership Development Programs, Gear Rentals, Shop Talks, Film Festivals, Social Justice Forums, Waffle Wednesday! If at any time you have questions or want to rent gear, stop by our Outing Club House at 8 Colchester Ave. Free pancakes and waffles every Wednesday!

HOW DO I SIGN UP FOR TRIPS.

SIGN-UP/PAY ONLINE:

Once trips go live you can sign up for OC adventures online at go.uvm.edu/octrips!

Please Note: There is a \$2 processing fee in addition to our trip pricing.

CANCELLATION / REFUND POLICY POLICY:

Unfortunately we cannot give refunds for trips. You can sell your ticket to another student and they can assume the responsibility of communicating with the trip leaders and filling out the proper medical and liability forms.

HOW CHALLENGING ARE TRIPS?

* - Indicates trips for all experience levels. Beginners and folks looking for low impact experience welcome.

** - Indicates a trip presenting intermediate challenge. Open to newcomers eager to build experiences and those with prior activity experience and/or skills.

*** - Indicates trips for students who are comfortable spending extended amounts of time in the backcountry and looking for advanced level of challenge.

RENTALS & EQUIPMENT

The Outing Club House serves as a great community resource for all UVM students looking to get outside. The House provides gear rentals for all-season backcountry travel, a wide array of map resources, and a team of House Managers that can help give advice on trip planning and connect you with other people and resources in the community. The House is open Monday-Thursday from 10am-3pm and Friday from 10am-4pm.

Questions? Call the OC at (802) 656-3439.

	Day	Weekend
HIKING & BACKPACKING		
Backpack (4,000 cu/in)	\$8	\$14
Day pack (2,500 cu/in)	\$6	\$10
Hiking Boots	\$5	\$8
Sleeping bag (summer/winter)	\$5/\$7	\$8/\$12
Sleeping pad.....	\$2	\$3
Tent.....	\$10	\$15
Tarp.....	\$2	\$3
Rain Gear	\$2	\$3

CANOES

Canoe*	\$15	\$25
Paddles	Free	Free
PFD (life jacket)	Free	Free
Canoe trailer** (Need UVM cert)	\$40	\$50

*Paddles and PFDs included in rental fee
**Proper vehicle for transportation required

COOKING

Cook Set (pots, pan & lid)	\$3	\$5
Stove (MSR International)	\$5	\$8

EQUIPMENT

Plastic Mountain Boots.....	\$8	\$14
Gaiters.....	\$2	\$3
Microspikes.....	\$5	\$10

BACK COUNTRY SKIS & SNOWSHOES

Snowshoes	\$8	\$14
XC Ski Package.....	\$10	\$16
Telemark skis	\$15	\$20
Telemark ski boots	\$5	\$8
Ski Poles	\$3	\$5

OC CABIN & RETREAT CENTER

E-mail cabinmanager@uvm.edu for reservations and info. \$200 per night for up to 10 people. Additional \$15 per person after 10 people.

PARTNERSHIPS & OTHER OUTDOOR RESOURCES

ADVENTURE ROPES COURSE

Teams take a variety of shapes and forms, from a classroom of 5th grade students to a group of software developers working from home across the globe. Each comes with their own personality, challenges, goals, and set of individuals and each team has potential for growth. Through a progression of low to high elements, we help teams reach their full potential. Facilitating at the UVM Adventure Ropes Course is fun, inspiring, and rewarding! Our facilitators are drawn to this work by many things: A beautiful work environment, a flexible schedule, thoughtful coworkers, and unique programs. Facilitators are constantly challenged to acquire new skills, learn new games and initiatives, and help people find deeper meaning and connect the dots. The UVM ARC hires and trains UVM students, staff, and surrounding community members to facilitate our programs. For those interested in the UVM ARC and intend on working with us, we offer facilitator trainings - Megan Meinen (ropes@uvm.edu).

CLIMBING TEAM

The UVM Climbing team is for students interested in intercollegiate indoor climbing and bouldering competition. The Climbing Team trains together year round and competes in six to eight "comps" during the academic year.

CLIMBING WALL

These facilities offer UVM students interested in rock climbing and bouldering the opportunity to develop climbing skills in a safe and supportive community of peers. Our indoor wall, located in the lobby of the Gucciardi Sports and Recreation Center is open Sunday through Thursday from 5-10pm and on Friday and Saturday from 4-8pm. It is free for all students and a one-time belay test is required for climbers wanting to belay for others. There is no fee for students needing to rent shoes and harnesses. The bouldering hallway is located in the basement of the Patrick Gymnasium and is open during all hours of operation.

G.E.A.R. PROGRAM

GEAR is an instructional program for ALANA (African, Latina, Asian, Native American) students interested in gaining outdoor experience in a group setting that is supportive and does not assume any prior knowledge or experience (but is not an affinity group). GEAR is a sister club to the Outing Club and strives to foster a love for the outdoors and build a strong relationship between the UVM OC & GEAR communities, with a focus on building wilderness and leadership skills, team building, positive group dynamics, and FUN!

Contacts: kvesely@uvm.edu, Isabella.Sierra@uvm.edu, Forum.Patel@uvm.edu, and Emily.M.Louis@uvm.edu

GREEN MOUNTAIN MANNA

GMM's mission is to build community through engaging UVM students in the outdoors both physically and spiritually. GMM teams with the UVMOC and other clubs on campus to create a diverse range of student led outdoor opportunities for the entire UVM community. Contact Rachel Rubenstein and Max Berman for details.

OUTING CLUB CABIN

The UVM Outing Club Cabin has been providing UVM student groups with this unique & rustic retreat and recreation base since 1986. "The OC Cabin" can accommodate groups of up to 20 and is close to some of the best hiking, climbing, biking & skiing in the area! Gather your SGA student group for a weekend get-away. Rentals are permitted only for UVM affiliates with a faculty sponsor. All inquiries please contact our cabin managers, Alex Van Raalte (Alexander.Van-Raalte@uvm.edu) and Sam Gerteis (Samuel.Gerteis@uvm.edu).

OTHER OUTDOOR-ORIENTED ORGS:

- Freestyle Ski Team
- Kayak Club
- Nordic Ski Team
- Ski & Snowboard Club
- Cycling Team (M&W)
- Snowboard Team
- Ultimate Frisbee (M&W)



UVM STUDENT LIFE
OUTDOOR PROGRAMS