You are cordially invited to attend

The Seventh Annual
Bruce A. Gibbard, M.D. Memorial Lectureship Program
Sponsored by the University of Vermont College of Medicine Department of Psychiatry

David Mintz, M.D.
Meaning and Medication:
Psychodynamic Approaches to the Treatment Resistant Patient

Friday March 26, 2010
The Davis Auditorium
Fletcher Allen/UVM Medical Education Center, Burlington

Morning Program:
10:30 – 11:50 A.M.  Gibbard Lecture* (Grand Rounds Workshop #10-128-30)
“Meaning and Medication: Psychodynamic Approaches to the Treatment Resistant Patient”
12:00 – 1:00 P.M.  Lunch Reception
(Lunch and the afternoon program will be held at the Sullivan Classroom ~ Case Method Room at The College of Medicine)

Afternoon Program:
1:00 – 3:00 P.M.  Workshop**
“Understanding ‘Resistance’ in Pharmacologic Treatment-Resistance”

Lecture and Workshop Topic:
By the end of today’s program, participants will better understand the following subjects:

The morning lecture will introduce the notion of Psychodynamic Psychopharmacology. In spite of the transformation of mental health care by the advent of safer, more tolerable medications, treatment resistant psychiatric conditions are still far too frequent. The presentation will survey the emerging but neglected evidence base showing how psychodynamic psychotherapy can address meanings attached to medications, providing a potent boost to the treatment of complex psychiatric disorders. Technical implications for therapists and prescribers working with pharmacologic treatment resistance will be outlined.

In the afternoon workshop, Dr. Mintz will focus in on some specific dynamics that promote pharmacologic treatment resistance, sharpening participants’ skills to promote more effective identification of and engagement with those dynamic issues in clinical work. In addition to enhancing the effectiveness of pharmacologic treatment, the presentation will also consider the ways that an exploration of the meaning of medications can deepen therapies and add to patients’ self-understanding in important ways.

*The morning lecture will be complete in itself.
**The afternoon workshop, also complete unto itself, is limited to clinicians and mental health professionals; attendance and clinical affiliation will be taken at the door.
About Our Speaker:
Dr. David Mintz is a graduate of the University of Miami School of Medicine and the Cambridge Hospital/ Austen Riggs Center Combined Residency Program. He completed a Fellowship in Psychodynamic Psychotherapy at the Austen Riggs Center, where he remained on staff and currently holds the positions of Residency Training Director and Director of Continuing Medical Education. At the Austen Riggs Center, Dr. Mintz is engaged in intensive psychoanalytic psychotherapy with complex, treatment resistant patients with multiple psychiatric co-morbidities. He has described the discipline of Psychodynamic Psychopharmacology as a technical approach for overcoming pharmacologic treatment resistance, and he has written and presented widely on the subject. Dr. Mintz is also interested in psychodynamic aspects of medical education. He is on the Education Committee of the American Academy of Psychoanalysis and Dynamic Psychiatry, and is on the Medical Student Education Committee of the American Psychoanalytic Association.

Dr. Mintz has suggested the following bibliography as most relevant for his presentations:

Continuing Education Credits:
The morning lecture (Workshop #10-128-30) is part of the UVM Department of Psychiatry Grand Rounds Series. Attendees will receive 1.25 *AMA PRA Category 1 Credits*™

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont designates this educational activity for a maximum of 1.25 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Afternoon Workshop is not accredited for Category 1 CME or CEU Credits.

Registration and Program Fees:
No registration is required for the morning program. Attendance and clinical affiliation will be recorded for the afternoon program. This program is free and open to the public, and is provided at no charge to participants, thanks to donations made to the Bruce A. Gibbard M.D. Lectureship in Psychiatry Fund at the University of Vermont, College of Medicine. To learn more about the Gibbard Lectureship Fund or to make a donation, contact: sarah.keblin@uvm.edu.

Directions to Davis Auditorium:
From the Fletcher Allen Health Center parking garage Level 2 (orange), enter the Ambulatory Care Center (ACC). Once inside, follow the signs to the Medical Education Center. At the snack kiosk, turn left through the double glass doors. Davis Auditorium is on the right.

Directions to Fletcher Allen Health Center Parking Garage:
Map available at: http://www.fletcherallen.org/Quick_Links/mchv_flrplan.html

Questions?
Contact: Brooke Barss, UVM Gibbard Committee Chair, at 951-9101 or mbbars@me.com.