

Attendance: Murtaza Bharmal, Bryce Bludevich, Daniel Haddad, Rebekah Wieland, Mohammad Mertaban, Sarah Gardner, Liqun Chen, Emily Hadley-Strout, Merima Ruhotina, Shraavan Rao

Excused: Ryan Hendrix

- I. Budget Request for Wilderness Medicine SIG (see below)
  - a. Denied the additional \$600 for kayak event, only approved \$300 additional to current allocated budget of \$300
- II. Budget Request for Internal Medicine SIG (see below)- approved for \$147.79
- III. New SIG Application- Physicians for a National Health Plan-UVM COM Student Chapter (see below)-approved
- IV. Budget Request for PNHP (see below)- denied \$250 request- will use current allocated \$100 for event
- I. Community Service Coordinator- (Catherine Suppan '17)
  - a. Allocated \$5,000 for the academic year
  - b. Community Organizations Document (see below)
  - c. Community Service Survey Completed
  - d. Has webspace- a tab under student governance and currently developing it
  - e. Make more announcements during class/ make presence known
  - f. Will use budget use form for events
  - g. Organized first monthly event- Trail Maintenance Hike Saturday September 20<sup>th</sup>
- II. Orientation BBQ
  - a. Occurred 8/15 at 4 PM-7 PM at North Beach Pavilion
  - b. We used just under \$500 of allocated budget
- III. Christina Litsakos's Resignation as Chair of Students (see below)
  - a. Decided to have an election for another member of student council
  - b. Timeline: ASAP announcement and give a week for people to apply, then a week for elections
  - c. Need to make announcement/email explaining situation
- IV. Student Council Handbook (on dropbox)
  - a. Sent link to everyone on student council
- V. CO 2018 Facebook page
  - a. Start with admissions running the facebook group and then hand off to class historian
- VI. Class of 2018 Election Timeline
  - a. Elections for Student Council, Community Service Coordinator, and Class Historian
  - b. Timeline for the election:
    - i. Paragraphs will be accepted until Sunday, September 7th at midnight.
    - ii. SUBMIT APPLICATIONS to Rebekah Wieland
    - iii. Elections will be held online through COMET from Tuesday September 9th till Tuesday September 16th at 5:00pm
    - iv. Winners will be announced soon after!
- VII. Halloween Dance
  - a. Location: Billings on Friday October 31st
  - b. Alcohol and event form need to be filled out soon
  - c. 2018'ers will do advertising, ticket sales, and food purchase
- VIII. Budget for the year- forwarding approvals to Melanie
- IX. Updates from Executive Board
  - a. Administration
  - b. SEG

- c. Wellness
- d. AAMC/OSR

X. **OMSE Question Time**- Any questions for Kiersten

# Budget Request Form

For Student Interest Groups

The purpose of this form is request funding from Student Council for SIG events. This form should be used if you plan to request funds that are ABOVE your approved budget allocated by Student Council. For any amount WITHIN your allocated budget, please complete the "Budget Use Form" and submit to Student Council Chair of Finance (Murtaza.bharmal@med.uvm.edu).

Name of Interest Group: Wilderness Medicine SIG

Group Leaders: Katherine Lantz, Dale Lee, Angie Palombo, Colin King, Tyler Lemay

Faculty Advisor (*Budgets cannot be funded without an advisor*): Jack Ellis

Group Contact (*Please try to have a group member attend the Class Council meeting to answer questions about requested funding*):

- Name: Katie Lantz
- Phone Number: 603-831-4719
- Given Box #: 216

Amount requested (*Note: Please read the "[Purchasing & Reimbursement](#)" rules prior*):

\$600

Have you or do you plan to fundraise?

No fundraising, but we do plan on having each student pay \$10 toward it

Reason for Funding Request (*Please be as specific as possible and include a description*):

River Kayaking Adventure with Umiak who will outfit us and transport us from their location in Waterbury to the Winooksi River launch site and pick up the kayaks and transport us back after. This fall will be a beautiful time for a river kayak, with the changing colors. Last fall we did a canoe trip on the lake and it was very popular with 23 people in attendance. They are giving a discount for being students to \$40 a person, and we'd have a limit of 20 people.

Intended Use of Funds

*e.g. Arts and Crafts materials for AMWA's Girls Science Day – face paint, popsicle sticks*

<u>Items Requested</u>	<u>Amount Requested</u>
20 Kayaks/Paddles/Lifevests, transport to and from river for 20 people from Umiak	\$600

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Name of Interest Group:

Internal Medicine SIG

Group Leaders:

Kyle Concannon, I-Hsiang Shu, Mary Ledoux.

Faculty Advisor (*Budgets cannot be funded without an advisor*):

Dr. Mark Pasanen.

Group Contact (*Please try to have a group member attend the Class Council meeting to answer questions about requested funding*):

- Name: Kyle Concannon, I-hsiang Shu
- Phone Number: 802-238-7987, 626-817-2094
- Given Box #: 100, 400

Amount requested (*Note: Please read the "Purchasing & Reimbursement" rules prior*):

We are requesting \$147.79 in addition to the \$100 we have in the IMIG account.

Have you or do you plan to fundraise?

We are not planning on fundraising for this event.

Reason for Funding Request (*Please be as specific as possible and include a description*):

We are hosting our first event to go over our year's plan with the 1<sup>st</sup> years. We hope to coordinate all of our events to best fit their schedule and would like a high turnout to get opinions about which activities we would like to most dedicate our efforts throughout the semester and what they would like more of. This will occur on September 3, 2014.

Intended Use of Funds

*e.g. Arts and Crafts materials for AMWA's Girls Science Day – face paint, popsicle sticks*

<u>Items Requested</u>	<u>Amount Requested</u>
Junior's Chicken Parmesan/Vegetarian Lasagna (\$115+\$90) + Delivery Fee (\$22.50) + Tip (20.29)	\$147.79

## NEW STUDENT INTEREST GROUP APPLICATION

*Date of Application:* 8/25/2017

*Name of Group:* Physicians for a National Health Plan-UVM COM Student Chapter

*Officers, list all with their positions/responsibilities/class year:*

*Amy Yu (2017): Co-President*

*Carl Nunziato (2017): Co-President*

*Alissa Correll (2017): Co-President*

*Primary Group Contact Information:* Alissa.correll@med.uvm.edu

*Faculty Advisor, Department (contact info, email):* Joseph Lasek, Psychiatry josephl@howardcenter.org

*Statement of Purpose (Description of Goals and Objectives of this SIG):*

### PNHP-UVM/COM

1. Access to comprehensive health care is a human right. It is the responsibility of society, through its government, to assure this right. Coverage should not be tied to employment.
2. The right to choose and change one's physician is fundamental to patient autonomy. Patients should be free to seek care from any licensed health care professional.
3. Pursuit of corporate profit and personal fortune have no place in caregiving. They create enormous waste and too often warp clinical decision making.
4. In a democracy, the public should set health policies and budgets. Personal medical decisions must be made by patients with their caregivers, not by corporate or government bureaucrats.

*Statement of Operations (Description of Planned Events/Outreach/Anticipated Funding):*

Student attendance of the National meeting of PNHP (will apply for travel grant).

Hosting local speakers for the UVM/COM community in support and against implementation of a single-payer system in Vermont (food costs anticipated).

*Membership Guidelines (what are the requirements to be considered a member of this Student Interest Group):*

Attendance of at least one meeting per semester, membership on mailing list, free online student membership with PNHP.

No group or organization can deny consideration for membership to any student because of sex, race, religion, creed, national origin, handicap, sexual orientation, gender identity, or marital status. The Office of Medical Student Education is not responsible for the recruitment of members or the development of group activities. The group is solely responsible for funding and expense issues.

Submitted By: \_\_\_\_\_ Alissa Correll \_\_\_\_\_ Date: 8/25/2014\_\_

Date: 9/3/14

### Budget Request Form For Student Interest Groups

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**Name of Interest Group:** Physicians for a National Health Program (PNHP)

**Group Leaders:** Amy Yu, Alexia Cornell, Carl Nutcracker

**Faculty Advisor** (Budgets cannot be funded without an advisor): Joseph Lasek MD, Psychiatry

**Group Contact** (Please try to have a group member attend the Class Council meeting to answer questions about requested funding):

- Name: Amy Yu
- Phone Number: 626-709-7637
- Given Box #: A24

**Amount requested** (Note: Please read the "Purchasing & Reimbursement" rules prior): \$250

**Have you or do you plan to fundraise?** we are planning on asking the national + Vermont chapters to support our event - in process.

**Reason for Funding Request** (Please be as specific as possible and include a description):

Food to increase attendance for our first talk/meeting

**Intended Use of Funds**

e.g. Arts and Crafts materials for AMWA's Girls Science Day - face paint, popsicle sticks

Items Requested	Amount Requested
Food to feed 40-50 people	\$250

# Volunteer Opportunities in the Greater Burlington Area

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While this is by no means a comprehensive list of all community organizations in the area, it should be a good place to start if you are interested in volunteering outside of school sponsored events. Hopefully it is helpful and there is something for everyone! The name of the organization, a quick blurb about its purpose, and a link to the volunteer page are included below, organized (somewhat) by the similarities of the programs. Enjoy!

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## **Vermont Refugee Resettlement Program**

As a local field office of the U.S. Committee for Refugees and Immigrants (USCRI), the Vermont Refugee Resettlement Program (VRRP) serves as the only resettlement program in the state of Vermont. Since its establishment in 1980, VRRP has been bringing hope and opportunity to the lives of refugees and immigrants by defending human rights, promoting self-sufficiency, and forging community partnerships. VRRP provides refugees with their first home in the United States and acculturation services. VRRP's award-winning volunteer program offers crucial community connections to newly arrived refugees. In addition, VRRP's Interpreting and Translating Services (VITS) provides the region with professional services in more than twenty-five languages. Through a wide range of direct and collaborative programs, VRRP helps refugees to successfully adapt to life in the United States.

<http://www.refugees.org/about-us/where-we-work/vrrp/our-services/community-connections.html>

## **Vermont Goat Collaborative**

The purpose of the collaborative is to help refugee farmers produce goats for the greater Burlington (VT) ethnic market, thereby replacing 3000 goats currently imported frozen from Australia and New Zealand every year.

<https://www.facebook.com/pages/Vermont-Goat-Collaborative/624379750921125>

## **Shelburne Farms**

Shelburne Farms is a nonprofit organization whose mission is to educate for a sustainable future. Our campus is a 1,400-acre working farm, forest, and National Historic Landmark, located on the shores of Lake Champlain in Shelburne, Vermont.

<http://www.shelburnefarms.org/learn/internships-volunteers>

## **The Humane Society of Chittenden County**

The mission of the Humane Society of Chittenden County is to foster compassionate treatment of animals and to prevent animal suffering.

<http://www.chittendenumane.org/get-involved>

## **Bike Recycle Vermont/Local Motion**

**Our Mission:** To provide bicycles and skills training to low-income Vermonters.

**Our Vision:** Bike Recycle Vermont (BRV) is an inspiring, welcoming, hub of hands-on learning and service where the synergy of recycling, skills training, and bicycling propels a healthier community.

<http://www.localmotion.org/about/volunteers>

## **Steps to Wellness**

Steps to Wellness is a medically based rehabilitation program that serves the unique needs of Cancer Survivors. The program includes a physical therapy evaluation, medical assessment, individualized exercise prescription, and education. There are multiple phases of rehabilitation based on your needs. You can receive individualized Oncology/Hematology rehabilitation services and recommendations for exercise at different stages through your cancer survivor journey.

<http://stepstowellnessvt.org>

## **RunVermont**

RunVermont, established in 1989 as Vermont City Marathon, Inc., has grown into a year round organization that executes many events and programs including First Run, the Ready, Set, Run! youth program, a Sport & Fitness Expo,

the Half Unplugged and much more. RunVermont is committed to the promotion of running as a life-long activity through complementary programs that celebrate athletic spirit and embrace the Vermont community.

<http://www.runvermont.org/page.php?pid=7&pname=become-volunteer>

### **Green Mountain Club**

The Green Mountain Club was established to build and maintain Vermont's Long Trail, America's first long-distance hiking trail.

<http://www.greenmountainclub.org/page.php?id=72>

### **UVM Rescue**

UVM Rescue is a state certified Advanced Life Support (ALS) ambulance. It is staffed and operated by University of Vermont students 24 hours a day, 365 days a year.

<http://www.uvm.edu/~rescue/?Page=membership.html>

### **Fletcher Allen Health Care**

The Volunteer Program is a coordinated and integrated effort to assist Fletcher Allen personnel. Volunteers provide supplemental services that contribute to total patient care in support of the Fletcher Allen mission. Volunteers meet new friends, learn new skills and make valuable contributions to this organization and the community it serves. Fletcher Allen encourages the teamwork of employees and volunteers in order to offer our patients and families the best possible service. Volunteers contribute unique talents and skills infused with direct knowledge of our community. The personal touch and special attention that volunteers provide to our patients, families and visitors is an essential part of the caregiving process.

[http://www.fletcherallen.org/community\\_resources/volunteers/](http://www.fletcherallen.org/community_resources/volunteers/)

### **Community Health Centers of Burlington**

The mission of the Community Health Centers of Burlington is to improve the health of all within the communities we serve. We are dedicated to providing exceptional care with respect and compassion and with a commitment to serving people who have a limited ability to pay.

<http://www.chcb.org/careers/volunteer-opportunities>

### **Vermont Coalition of Clinics for the Uninsured**

Formed in 1995, the VCCU is a 501(c)3 organization whose purpose is to increase access to health care for low income uninsured and underinsured Vermont residents.

<https://www.vccu.net/index.htm>

### **Lund Family Center**

For over 120 years, Lund has been making a positive and lasting difference in the lives of women, children and families in our home state of Vermont, and well beyond. We serve over 5,000 people in Vermont each year and hundreds more throughout the country. Originally founded as a maternity home in 1890, Lund has evolved over the years to meet the changing needs of society, yet never straying from our mission of helping children to thrive. Today, Lund is a comprehensive treatment center and family support agency, offering an array of integrated services in response to the needs of pregnant or parenting teens and women, adoptive families, and children.

<http://www.lundvt.org/volunteer.html>

### **Women Helping Battered Women**

Women Helping Battered Women (WHBW) has evolved into the largest service provider for domestic abuse victims in Vermont, serving Chittenden County. We believe that all adults and children have the right to live without fear of abuse – sexual, physical, emotional, or financial.

<http://www.whbw.org/about/volunteers/>

### **Spectrum Youth & Family**

Spectrum helps teenagers, young adults, and people with a history of violence, and their families turn their lives around.

<http://www.spectrumvt.org/volunteer/>

### **Howard Center**



Our mission is to improve the well-being of children, adults, families, and communities.

We offer life-saving professional crisis and counseling services to children and adults; supportive services to individuals with autism and developmental disabilities who need help with education, employment, and life maintenance skills; counseling and medical services for those struggling with substance abuse, and intensive interventions for adults with serious and persistent mental health challenges. Howard Center was founded in 1873 and serves more than 15,000 individuals and families every year.

<http://www.howardcenter.org/Volunteer-Opportunities>

### **Champlain Valley Office of Economic Opportunity**

CVOEO addresses fundamental issues of economic, social, and racial justice and works with people to achieve economic independence.

[http://www.cvoeo.org/index.cfm?fuseaction=menus&menu\\_id=13&pId=4](http://www.cvoeo.org/index.cfm?fuseaction=menus&menu_id=13&pId=4)

### **Committee on Temporary Shelter (COTS)**

The Committee on Temporary Shelter (COTS) provides emergency shelter, services, and housing for people who are homeless or marginally housed in Vermont.

<http://cotsonline.org/get-involved/volunteer/>

### **ANEW Place**

Our mission is to provide a holistic continuum of services for the homeless, centered in love and dignity, that foster growth, cultivate community engagement, and provide tools for lifelong change so that each person may start anew.

<http://anewplacevt.org/volunteer/>

### **Habitat for Humanity**

Since 1984 Green Mountain Habitat for Humanity has helped to change the lives of local families by constructing simple, decent and affordable housing. We are an affiliate of Habitat for Humanity International that serves Chittenden County, Vermont. Together with our two [chapters](#), one in Franklin Grand Isle and another in Lamoille Counties, we support families throughout northwest Vermont buy affordable homes.

<http://www.vermonthabitat.org/get-involved/>

### **Chittenden Emergency Food Shelf**

The Chittenden Emergency Food Shelf works to alleviate hunger by feeding people and cultivating opportunities. As the largest direct service emergency food provider in Vermont, CEFS serves over 12,000 people each year.

<http://www.feedingchittenden.org/volunteer/>

### **Green Mountain Mahler Festival**

The **Green Mountain Mahler Festival**, founded in 2002, is dedicated to providing an opportunity for local area musicians to experience and enjoy the works of Gustav Mahler and other great Romantic composers, and to bring this music to the public.

<http://www.vtmahler.org/>

### **Burlington Civic Symphony Orchestra**

The BCSO is a nonprofit orchestra whose members volunteer their time and talent. Ticket sales do not cover all of our expenses, and we depend on contributions from the community to help cover operating costs including rental fees for rehearsal and performance space, liability insurance, and the purchase or rental of music. Your support helps bring affordable, high quality musical experiences to audiences in northwestern Vermont.

<http://www.bcsovt.org/>

### **Stern Center for Language and Learning**

The non-profit Stern Center for Language and Learning is dedicated to learning for all as we recognize that all great minds don't think alike. We are committed to helping individuals identify their learning strengths and finding solutions to challenges that allow everyone to learn.

<http://www.sterncenter.org/about/friends-of-the-stern-center>

### **YWCA of Vermont**

YWCA Vermont is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. We do this by engaging women and girls in leadership experiences and advocating for racial and economic justice.

<http://www.ywcavt.org/get-involved/httpwww-ywcavt-orgget-involvedvolunteer2014-volunteer-agreement/>

### **King Street Youth Center**

King Street Center is a not-for-profit community organization that provides children and families the core life-building skills necessary for a healthy and productive future. Our high quality programs build academic skills, improve physical fitness, and develop the fortitude needed to succeed at home, in school, and in life. Our whole-person approach to youth development embraces the entire family, neighborhood, and community. Join us!

<http://www.kingstreetcenter.org/get-involved.html>

### **Winooski Teen Center**

The Teen Center provides a safe, supervised, and substance-free setting for high school students in Winooski to get academic support and hang out with their peers.

<https://www.facebook.com/winooski.teencenter>

Phone: (802) 655-1392

### **Vermont Adaptive Sports**

Empowering individuals with disabilities through year-round, statewide sports and recreation.

[http://www.vermontadaptive.org/volunteer\\_overview.php](http://www.vermontadaptive.org/volunteer_overview.php)

### **Special Olympics**

To provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills and friendships with their families, other Special Olympics athletes and the community.

<http://www.specialolympicsvermont.org/get-involved/become-a-volunteer/>

### **Community Sailing Center**

SC is a community-based non-profit organization that will celebrate its 20th year of providing lake access and educational programs in 2014. The CSC has received national awards from U.S. Sailing for its innovative programming and hallmark performance, and is a vital community resource on the Burlington waterfront that provides recreation, education, and access to Lake Champlain for over 5,000 people each year.

<http://communitysailingcenter.org/support/volunteer/>

### **Burlington Parks and Recreation**

The mission of the Burlington Parks and Recreation Department is to enhance quality of life of all the citizens of Burlington and for the visitors to our community in the following ways: By acquiring, developing and maintaining a system of parks which offers a broad spectrum of built facilities and open spaces. By providing high quality, affordable recreation programs which meet the needs of all segments of the community. By regulating and managing public trees and property along city streets in an effort to create attractive green space. By managing the Burlington harbor and providing the necessary facilities to ensure safe and pleasurable water-based recreation opportunities.

<http://www.enjoyburlington.com/AboutUs/Volunteering.cfm>

**Additionally, the following link may include opportunities and organizations not listed above.**

<http://www.volunteermatch.org/>

To my fellow student council representatives,

The time has come for me to admit to all of you that I am not the right person for this job, which is why I've decided to resign my position as chair of students. Truthfully, I had doubts about my commitment to student council many months ago. I told myself then that I would re-evaluate my role and the part I've played in SC after my completion of 1<sup>st</sup> year. Unfortunately, the realization is that my heart is not in it. And this is not fair to my classmates, each of you, and the COM family in general. You all deserve a fellow representative that is as focused, dedicated and hard-working towards SC issues as each of you. I'm grateful to Mohammed for taking over as chair of students and I believe that he is the right person for this job.

Thank you all for your time, consideration and support during my year as a student council representative. I learned a great deal and I'm thankful to have shared this experience with folks as great as you all! I wish each of you happiness, health and success.

Sincerely,  
Christina Litsakos  
MS-2, Class of 2017  
The University of Vermont College of Medicine  
Burlington, Vermont