December 2014 & January 2015 Publicity Report

**National/Regional/News Service/Internet:**

**Multiple Media Sources, December 8-24**

**Brian Sprague, Ph.D.**, assistant professor of surgery and member of the University of Vermont Cancer Center, led the research published in the journal Annals of Internal Medicine regarding dense breasts and screening results.  
Healthfinder, WebMD Health, WCAX-TV CBS 3  
For a full list of news stories, please click [here](#).

**USA Today, December 9**

**Robert Pierattini, M.D.**, professor and chair of psychiatry, weighs in on why post-Newtown momentum on mental health has slowed.  
[USA Today](#)

**Prevention Magazine, December 10**

Study results published by **Judith Gerber, Ph.D.**, associate professor of obstetrics, gynecology and reproductive sciences, regarding the correlation of fitness to sexual satisfaction were featured in the magazine article, “13 Tips for Seriously Better Sex.”  
[Prevention Magazine](#)

**WWMT Newschannel 3 TV, January 6**

A new **University of Vermont** study is mentioned in this news story about how children with hobbies are developing life-long coping skills.  
[WWMT-TV CBS 3](#)

**Medical and Science Media:**

**Official Journal of The American Academy of Pediatrics, December 1**

American Heart Association, Go Red for Women, December 2
Rachel K. Johnson, Ph.D., MPH, RD, professor of nutrition and pediatrics and past chair of the American Heart Association’s nutrition committee, discusses small steps to adopting healthy behaviors in this Go Red for Women’s article highlighting “National Eating Day.”
Go Red for Women

American Heart Association, December 2
Rachel K. Johnson, Ph.D., MPH, RD, professor of nutrition and pediatrics and past chair of the American Heart Association’s nutrition committee, discusses the correlation between added sugars and added risk of dying from heart disease.
American Heart Association

Health IT Outcomes, December 3
The University of Vermont College of Medicine, in collaboration with other researchers, published a study on primary care practice implementation of ACA-mandated behavioral and mental health assessments, which is featured in this web story.
Health IT Outcomes

Multiple Media Sources, December 3-7
Research by Richard Watts, Ph.D., associate professor of radiology, Class of 2017 medical student Ryan Sofka, and a team of UVM researchers regarding the application of new brain science to find a biomarker for Alzheimer’s disease is featured in this article.
HealthCanal.com

Psychology Today, December 4
David Rettew, M.D., associate professor of psychiatry and assistant professor of pediatrics, contributed a post, titled “Musical Training Linked to Youth Brain Maturation,” in Psychology Today’s “ABCs of Child Psychiatry” blog.
Psychology Today

Multiple Media Sources, December 5-January 25
James Hudziak, M.D., professor of psychiatry and director of the Vermont Center for Children, Youth and Families, and colleagues conducted a study on the effects musical training has with helping kids to focus their attention, control emotions, and diminish anxiety.
Yahoo! Shine CA, Psychology Today, Medical Xpress, Neuroscience News, PsychCentral
For a full list of news stories, please click here.

Multiple Media Sources, December 7-16
Mary Cushman, M.D., professor of medicine and moderator of the press conference at the 56th American Society of Hematology Annual Meeting and Exposition, spoke about the progress being made in preventing blood clots.
NEWS.GNOM.ES, SYS-CON Brasil, American Journal of Managed Care, MedPageToday
For a full list of news stories, please click here.
Debra Leonard, M.D., Ph.D., professor and chair of pathology and laboratory medicine, is quoted on the costs of genetic testing.

James C. Hebert, M.D., professor of surgery, is quoted in this article about a study he authored on the effects of mandatory reduction of medical residents’ duty hours.

Lewis First, M.D., professor and chair of pediatrics, offers commentary in this piece on maintaining tradition while fostering change and a look ahead at pediatrics in 2015.

Peter L. Moses, M.D., professor of gastroenterology and hepatology medicine, debunks the 9 biggest digestive myths in this article.

Rachel K. Johnson, Ph.D., MPH, RD, professor of nutrition and pediatrics, is quoted in this article on yogurt being linked to lower blood pressure.

Rachel K. Johnson, Ph.D., MPH, RD, professor of nutrition and pediatrics and past chair of the American Heart Association’s nutrition committee, offers tips on how to conquer cravings in this article.

Richard Solomon, M.D., Patrick professor of medicine and director of nephrology and hypertension, was interviewed on the link between periprocedural acute kidney injuries to increased mortality in PAD patients.

David Rettew, M.D., associate professor of psychiatry and assistant professor of pediatrics, is author of the article “Is There a Single Dimension of Mental Illness?”
Healio Pediatrics, January 20
William T. Gerson, M.D., clinical professor of pediatrics, is author of the article “‘Core competency’ or simply conformity?”
Healio Pediatrics

Vermont/Regional:

MyChamplainValley.com, December 3
University of Vermont doctoral candidate Eric Clark, M.S., who is being mentored by Christopher Jones, Ph.D., assistant professor of surgery and director of global health economics, is mentioned in this article about his research on how Ebola’s impact was reflected on social media.
MyChamplainValley.com

Vermont Biz, December 3
Vermont Biz reports that Emanuele Chiappinelli, M.D., clinical associate professor of pediatrics, received the Deogracias P. Esguerra, M.D. Service Award and in the past, has received the Dean’s Award for Excellence in Teaching Primary Care from the University of Vermont College of Medicine.
Vermont Biz

Multiple Media Sources, December 3-January 28
Ursula McVeigh, M.D., former associate professor of family medicine and director of the UVM Medical Center palliative care service, comments in the article, “No. 48? Why Vermont Has Been Slow to Adopt Hospice Care.”
Seven Days, Insurance News

Rutland Herald, December 7
Lewis First, M.D., professor and chair of pediatrics, advises parents how to take care of their child’s dry skin during the winter months.
Rutland Herald

Multiple Media Sources, December 9-10
The University of Vermont Medical Center (formerly Fletcher Allen Health Care), in alliance with the University of Vermont, was again recognized as a top performer among leading academic medical centers in the 2014 University HealthSystem Consortium (UHC) Quality and Accountability Study, nationally recognized as the most important analysis of its kind.
Vermont Biz, VTDigger
Vermont Public Radio, December 15
VPR wrote a story on the “die-in” staged by University of Vermont College of Medicine students in an effort to raise awareness of race issues relating to last summer’s events in Ferguson, Mo., and Staten Island, N.Y.

Vermont Public Radio

WCAX-TV, December 19
Harold Dauerman, M.D., professor of medicine and a cardiologist at the University of Vermont Medical Center, talks about a study in which keeping patients on anti-clotting drugs for longer periods of time greatly reduces heart attacks.

WCAX-TV Story

Burlington Free Press, January 1
Fletcher Allen Health Care’s renaming on November 12 to University of Vermont Medical Center to reflect its affiliation with the University of Vermont, was covered in “More moves, deals and changes.”

Burlington Free Press

Rutland Herald, January 7
Joseph McSherry, M.D., Ph.D., assistant professor of neurological sciences, is quoted on the issue of marijuana legalization from a gathering that was held before the start of a legislative session regarding the topic.

Rutland Herald

VTDigger, January 9
The delay of the opening of the new state health lab, co-located with the University of Vermont College of Medicine’s research facility, was covered in this news story.

VTDigger

Press Republican, January 9
The University of Vermont College of Medicine honored Dr. Michael Upton, medical director of the Colby Center for Behavioral Health at Adirondack Medical Center in Saranac Lake, with the Service to Medicine and Community Award, which is covered in this article.

Press Republican

Seven Days, January 14
David Rettew, M.D., associate professor of psychiatry and assistant professor of pediatrics, discusses the long wait times for pediatric psychiatry and shortage of pediatric psychiatrists.

Seven Days

Seven Days, January 14
University of Vermont’s Office of Clinical Trials Research is the subject of this article with Administrative Director Kimberly Luebbers, commenting on current clinical trials and the importance of receiving informed consent from every volunteer.

Seven Days
Multiple Media Sources, January 18
Virginia Hood, M.D., professor of medicine, and Patricia Donehower, R.N., were appointed to the University of Vermont Medical Center Board of Trustees, following approval by the University of Vermont Health Care Network Board of Trustees.

VTDigger, Vermont Biz

VTDigger, January 20
The University of Vermont College of Medicine Area Health Education Centers Program is mentioned in this article on health department budget cuts.

VTDigger

Vermont Public Radio, January 21
Rachel Johnson, Ph.D., MPH, RD, professor of nutrition and medicine, and Stephen Leffler, M.D., professor of surgery and chief medical officer and the University of Vermont Medical Center, were both quoted in this story on a push for a tax on sugar-sweetened beverages.

Vermont Public Radio

WCAX-TV, January 23
W. Kemper Alston, M.D., MPH, professor of medicine, is interviewed for this story on tuberculosis and the recent, active case in the region.

WCAX-TV CBS 3

MyChamplainValley.com, January 28
Erica Gibson, M.D., assistant professor of pediatrics, is quoted in this story on the topic of marijuana legalization and the impact the drug has on memory and brain development in children.

MyChamplainValley.com

WCAX-TV, January 30
Andrea Green, M.D., associate professor of pediatrics and director of the pediatric immigrant clinic at the University of Vermont Medical Center, is featured in this story about providing healthcare to new citizens.

WCAX-TV CBS 3