End-of-Life Informational Resources

**Websites**

NIH, National Institute on Aging, End of Life, Helping with Comfort and Care
Resources for finding end of life services.

National Institute of Nursing Research, Palliative Care: The Relief You Need When You are Experiencing the Symptoms of Serious Illness.
This information booklet provides an explanation of palliative care.

US Department of Health and Human Services, Eldercare Locator
This website has a directory to find hospice programs in the United States.
http://www.eldercare.gov/ELDERCARE.NET/Public/Resources/Factsheets/Hospice_Care.aspx

National Hospice and Palliative Care Organization
Use the topics on the left hand side of the page for information on how to choose a hospice and a caregiver as well as information on how to pay for hospice.
http://www.nhpco.org/about-hospice-and-palliative-care/hospice-faqs

Wake up to Dying Project
This website uses the power of story to explore death, dying, and life.
http://www.wakeuptodyingproject.org/

**Books Available from the Frymoyer Center**

“The Best Care Possible: A Physician’s Quest to Transform Care Through the End of Life”. Ira Byock.


“My Mother, Your Mother: Embracing Slow Medicine, the Compassionate Approach to Caring for Your Aging Loved Ones”, Dennis McCullough.

“When the Focus is On Care: Palliative Care and Cancer”. Kathleen Foley.
Local Resources

Palliative Care Services, University of Vermont Medical Center. 802-847-2700
https://www.uvmhealth.org/medcenter/Pages/Departments-and-Programs/Palliative-Care.aspx

Visiting Nurse Association of Chittenden and Grand Isle Counties, End of Life Care Services.
Information on palliative and hospice services available from the Visiting Nurse Association.
1110 Prim Road, Colchester, VT  05446    1-802-658-1900
http://www.vnacares.org/health-care-services/end-of-life-care

Visiting Nurse Association of Chittenden and Grand Isle Counties, Madison Dean Initiative.
The mission of the Madison-Deane Initiative is to educate the public about quality care at the end of life.
1110 Prim Road, Colchester, VT  05446    1-802-658-1900

Start the Conversation
To find hospice and palliative care service in Vermont go to this website and click Resources and then “search the database”.
http://www.starttheconversationvt.org/

Vermont Ethics Network
The website of the Vermont Ethics Network provides resources on advance directives, health care decision making, end-of-life care, palliative care and pain management. The Vermont Advance Directive form is also available here.
http://www vtethicsnetwork.org/

For assistance finding health information please contact the Frymoyer Community Health Resource Center at the University of Vermont Medical Center.

Frymoyer Community Health Resource Center
3rd Level Main Pavilion, Ambulatory Care Center
802-847-8821 or resourcecenter@uvmhealth.org
UVMHealth.org/MedCenterCHRC