The University of Vermont Department of Family Medicine

Presents

Transforming Primary Care and Behavioral Health

October 23-24, 2015
The Essex
Essex Junction, Vermont
COURSE DESCRIPTION

"Given that over one-half of primary care patients have a mental or behavioral diagnosis or symptoms that are significantly disabling, given that every medical problem has a psychosocial dimension, given that most personal care plans require substantial health behavior change—a Patient Centered Medical Home is incomplete without behavioral healthcare fully incorporated into its fabric".


Endorsed by: the American Academy of Family Physicians (AAFP) and 11 other national organizations.

This year, Transforming the Divide will provide a contemporary model of advanced primary care behavioral health focusing on complexity and multi-morbidity. Leadership in the Green Mountain Care Board, OneCare, and the Blueprint for Health will critique the model and place it in the context of developments nationally and locally, moving Vermont healthcare forward clinically and financially. Participants will review a rapid method of assessing the level of integrated practice that highlights facilitators and barriers to practice and system-level integration development. Address the need for a Vermont inter-professional training model both for those in practice and for students across Vermont academic institutions and for motivated practice teams. An optional half day workshop will facilitate practice-specific integration improvement strategies using the Behavioral Health Integration Toolkit over the course of the coming year. Join us!

COURSE OBJECTIVES:

• List the dimensions of the advanced model of integrated care.
• Plan a specific integration strategy to implement over the next year.
• Identify the elements of a panel-based model of integrated medical behavioral care of patients with co-morbid chronic illness.

REGISTRATION

$275 for physicians, $185 for other health professionals and $75 for students. (Please note: A 15% discount will be offered if 3 or more from the same organization attend the conference.) The fee includes the comprehensive course syllabus, continental breakfast, lunch and coffee breaks. Please register by October 1. An additional $50 will be added after that date. Refunds may be obtained, minus a $50 administrative fee, if notice of cancellation is received by October 9. Refunds are not available after that date.

CONFERENCE SYLLABUS

The conference syllabus will be sent via Dropbox with presentations in PDF format. Dropbox is a free service, please download at www.dropbox.com. You will receive a notification via email a week from the conference date that the presentations will be available for downloading. For an additional $15, you may choose either a flash drive with presentations in PDF format, or a printed syllabus (printed six slides per page). Please plan to bring your laptop to view Dropbox or flash drive presentations.

ABSTRACTS REQUESTED

We invite participants to submit an abstract to present a poster at the conference. We are specifically asking for the abstracts to describe research quality improvement projects or innovations related to Integration. The blinded abstracts will be judged and ranked. Six abstracts will be chosen and registration fees will be waived for the winners. Posters will be accepted until September 15. The form may be uploaded when you register for the conference online at www.uvm.edu/medicine/cme, those submitting abstracts should still complete the conference registration form.

CONFERENCE LOCATION

The conference will be held at The Essex in Essex Junction, Vermont, located at 70 Essex Way. A small block of rooms has been reserved at The Essex for conference participants. Please make your reservations directly with the hotel prior to September 22, 2015, (800) 727-4295, and indicate your participation in this course to obtain our discounted rates: $149 single or double occupancy plus Vermont State tax. Room rates cannot be guaranteed after September 22nd.
Course Director

Rodger Kessler, PhD, ABPP
Associate Professor, Family Medicine
University of Vermont
College of Medicine
Clinical Associate Professor
Doctorate in Behavioral Health Program
Arizona State University
Senior Scientist
National Research Network
American Academy of Family Physicians

Keynote Speaker

Roger Kathol, MD
President, Cartesian Solutions, Inc.
Adjunct Professor, Internal Medicine and Psychiatry
University of Minnesota

Faculty

Chris Jones, D.Phil
Assistant Professor, Surgery and Economics
University of Vermont
College of Medicine
Director, Global Health Economics Unit
Vermont Center for Clinical and Translational Science

John King, MD, MPH
Professor and Vice Chair Academics and Regional Development
Department of Family Medicine
University of Vermont
College of Medicine

Vicki Loner, MHCDS, RN, CCM, CMCN, PAHM
Vice President, Clinical and Network Operations
OneCare Vermont
University of Vermont
Health Network

Mark McGovern, PhD
Professor, Department of Psychiatry
Department of Community and Family Medicine
The Dartmouth Institute for Health Policy and Clinical Practice
Director of Addiction Treatment and Recovery Services
Hanover Psychiatry
Geisel School of Medicine at Dartmouth

Richard Pinckney, MD, MPH
Associate Professor, Medicine
Department of Internal Medicine
University of Vermont
College of Medicine

Allan Ramsay, MD
Professor Emeritus, Family Medicine
University of Vermont
College of Medicine
Member, Green Mountain Care Board
State of Vermont

Dale Stafford, MD
Assistant Professor, Family Medicine
University of Vermont
College of Medicine
Medical Director
University of Vermont
Medical Center at Berlin

Beth Tanzman, MSW
Assistant Director
Vermont Blueprint for Health

Constance van Eeghen, DrPH
Assistant Professor, Medicine
Department of General Internal Medicine - Research
University of Vermont
College of Medicine
PROGRAM SC

Friday, October 23

7:15am  Registration/Continental Breakfast/Exhibits

7:45    Welcome and Introductions
         Rodger Kessler, PhD, ABPP

KEYNOTE
8:00    Prioritized Steps in Transitioning to Sustainable
         Value-Added Integrated Primary Care
         Roger Kathol, MD

9:30    Panel
         Vermont’s Response to Keynote Address
         Vicki Loner, MHCDS
         Allan Ramsay, MD
         Beth Tanzman, MSW

10:30   Break/Exhibits/Poster Session

10:45   Moving Beyond “Just Do It:” The Behavioral
         Health Integration Toolkit
         Constance van Eeghen, DrPH

11:30   Inter-Professional Team Training
         John King, MD, MPH

12:00pm Break/Luncheon Buffet and Lecture

12:30   Measuring Levels of Behavioral Involvement
         in Primary Care: Vermont Integration
         Profile (VIP)
         Rodger Kessler, PhD, ABPP

1:00    Population Health Management: Redefining
         Relationships and Care Delivery
         Vicki Loner, MHCDS

1:45    Break/Exhibits/Poster Session

2:00    Vermont’s Evolving Community Health Systems:
         Blueprint for Health and New Reforms
         Beth Tanzman, MSW

Course # 16-802-07
C H E D U L E

C O N C E R N T W O R K S H O P S
(attend one of the simultaneous workshops)

2:45   Optimal Chronic Disease Management: Integrating Behavioral Health Services
       Rodger Kessler, PhD, ABPP
       Mark McGovern, PhD
       Richard Pinckney, MD, MPH

       Population-Based Primary Care Fails Without Addressing Behavioral Co-Morbidity
       Roger Kathol, MD
       Rodger Kessler, PhD, ABPP
       Dale Stafford, MD

3:45   Health Economic Considerations in E-Health Technologies: Leveraging Personalized Incentives to Impact on Health Behavior and Bend the Cost Curve
       Chris Jones, PhD

4:30   Summary and Next Steps
       Rodger Kessler, PhD, ABPP

5:00   Conference Adjourns

S a t u r d a y , O c t o b e r 2 4
O P T I O N A L H a l f - D a y I n t e n s i v e W o r k s h o p : P r a c t i c e T r a n s f o r m a t i o n w i t h t h e B e h a v i o r a l H e a l t h I n t e g r a t i o n T o o l k i t
(Par t i c i p a t i o n in workshop does not certify competence.)
       Roger Kathol, MD
       Rodger Kessler, PhD, ABPP
       Dale Stafford, MD
       Connie van Eeghen, DrPH

7:30am  Continental Breakfast
8:00   Welcome and Introductions

         Participants will rotate through the following sessions:
         • Review of Practice Vermont Integration Profile Outcomes
         • How to Change Elements on Integration Inside Your Practice

10:15-10:30  Break
         • How to Initiate the Change Process in Practice
         • Conclusion: Outlining Next Steps and Identifying Support Needed

12:00pm  Workshop Adjourns
Optional Half-Day Intensive Workshop: Practice Transformation with the Behavioral Health Integration Toolkit

Workshop Description
The goal of behavioral health integration in primary care is the seamless delivery of medical, behavioral, mental health and substance misuse care with well-functioning clinical, operational and financial processes that produce Triple Aim outcomes. Significant planning, design and implementation efforts are needed to integrate these primary care services. Integration efforts (sometimes called Collaborative Care) have lacked such initial and ongoing attention.

This intensive half-day workshop is offered to five primary practice teams who want to define their current state of integration and lay out the steps to integration as identified in the Behavioral Health Integration Toolkit. The outcome of this workshop will be a detailed plan to support an integration project within the practice.

Rodger Kessler, PhD, ABPP, Connie van Eeghen DrPH, Roger Kathol MD and Dale Stafford MD will lead practice teams consisting of at least one primary care provider, at least one clinical staff member of the practice (nurse or rooming staff), and a behavioral health clinician who is working, or plans to work, in the practice. Other practice members can be included as appropriate. Team members can expect to work through the initial steps in the toolkit to tailor a plan for the next year to implement in their practice setting. In addition to planning, we will discuss the potential for ongoing consultation.

Attendees: (Note: Preparatory work will be requested prior to attending workshop. Dropbox is a free service, please download at www.dropbox.com. You will receive a notification via email that the materials will be sent via Dropbox once registration for workshop is received. Please download and complete the preparatory work and bring with you to the workshop.)

Limit 5 Practices with 3 attendees from each practice (if only 2 from a practice attending please contact the UVM CME Office at 802-656-2292 with questions):
• Primary care provider
• Clinical staff member of the practice (nurse or rooming staff)
• Behavioral health clinician

Workshop Objectives:
• Assess the current degree of integration of the practice.
• Identify the opportunity for further integration within the practice.
• Define the prerequisites for increasing integration in the practice.
• Identify a plan for initiating a team-based project to increase integration.

ACCREDITATION
The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of 11.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit is pending for the following providers: Mental Health, Drug and Alcohol Abuse Counselors, Psychology, Social Workers, Vermont Pharmacy and Pharmacological Credits.

This program has been reviewed and is acceptable for up to 11.75 Nursing Contact Hours.

The University of Vermont Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

PLEASE NOTE: If you do not participate in the optional workshop, the conference is
Transforming Primary Care and Behavioral Health

Name

Degree: MD PA NP RN PhD MA MS
MSW LICSW LADC LCMHC PHARMD RPh

Worksite

Address

City
State

Phone
Specialty

Email

Initials
Last 4 digits of SSN (For CME Tracking Purposes Only)

REGISTRATION FEE:
$275 Physicians
$185 Other Health Professionals
$75 Students
$15 Optional - Receive Flash Drive or Printed Syllabus

Add a $50 late fee if postmarked after October 1, 2015

CONCURRENT WORKSHOPS (Please choose one)
Optimal Chronic Disease Management
Population-Based Primary Care

OPTIONAL INTENSIVE HALF-DAY WORKSHOP
(Workshop attendance is limited to five practices - a total of 15 people)
$75 One-person from one practice
$65/pp 2-people from one practice
$55/pp 3-people from one practice

$______ TOTAL AMOUNT DUE

PAYMENT METHOD:
To register by credit card, please visit our website at:
www.uvm.edu/medicine/cme. Scroll down to select “Transforming Primary Care”

Check (payable to the University of Vermont) Please mail your payment along with a completed registration form to the address below:

Mail to: University of Vermont Continuing Medical Education
128 Lakeside Avenue, Suite 100, Burlington, VT 05401
Phone: (802) 656-2292 Fax: (802) 656-1925

Registration requested by October 1, 2015