



The University of Vermont  
CONTINUING MEDICAL EDUCATION  
In Alliance with The University of Vermont Medical Center

128 Lakeside Avenue, Suite 100  
Burlington, VT 05401

## Transforming Primary Care and Behavioral Health

October 20-21, 2016

The Essex  
Essex Junction, VT

Non-Profit Org.  
U.S. Postage  
PAID  
Permit No. 143  
Burlington, VT

The University of Vermont Department of Family Medicine  
Presents

# TRANSFORMING PRIMARY CARE and BEHAVIORAL HEALTH

October 20-21, 2016  
The Essex - Essex, Vermont

Prescribing Controlled  
Substances .75  
credits available.  
Hospice, Palliative Care,  
Pain Management 1.5  
credits available.

### COURSE DESCRIPTION

*"Given that over one-half of primary care patients have a mental or behavioral diagnosis or symptoms that are significantly disabling, given that every medical problem has a psychosocial dimension, given that most personal care plans require substantial health behavior change - a Patient-Centered Medical Home is incomplete without behavioral healthcare fully incorporated into its fabric."*

*Barcl M. Blount, A. Branganth, S. Kessler, R. et al. Joint principles: integrating behavioral healthcare into the patient-centered medical home. Ann Fam Med. 2014; 12(2): 184-185.*

**Endorsed by: The American Academy of Family Physicians (AAFP) and 11 other national organizations.**

This year, Transforming Primary Care will provide strategies for prioritizing and measuring behavioral integration into medicine. Leadership in the National Committee for Quality Assurance (NCQA), OneCare, and Community Physicians and Behavioral Health practitioners involved in integration activities will discuss specific strategies to help your practice improve medical care, moving Vermont healthcare forward clinically and financially.

Participants will review practice assessment, recognize facilitators and barriers to integration, consider the need for a Vermont interprofessional training model for those in practice and in Vermont academic institutions. An optional workshop day will facilitate practice-specific integration improvement strategies using the Behavioral Health Integration Toolkit. Join us!

### COURSE OBJECTIVES:

- Identify 3 emerging areas of importance for behavioral health elements as part of regulatory and financial elements of healthcare reform.
- List the elements of an integrated model of medication assisted treatment of narcotics dependence.
- Discuss the range of personnel needed for training in team-based care.

### CONFERENCE REGISTRATION

\$275 for physicians, \$185 for other healthcare professionals and \$75 for students. (Please note: A 15% discount will be offered if 3 or more from the same organization attend the conference.) The fee includes the electronic download of course syllabus, continental breakfast, lunch and coffee breaks. Please register by October 3. An additional \$50 will be added after that date. Refunds may be obtained, minus a \$50 administrative fee, if notice of cancellation is received by October 10. Refunds are not available after that date.

### CONFERENCE SYLLABUS (Electronic Download)

**NEW THIS YEAR!** The conference syllabus will only be available as an Electronic Download with presentations in PDF format. Please plan to bring your laptop or electronic device to view presentations as well as completing the electronic conference evaluations via our online UVM CME system. **Printed syllabus, paper copies of evaluations and paper certificates will no longer be available.** You will receive a notification (via the email you used to register for this conference) about a week from the conference start date that presentations will be available for downloading.

### ABSTRACTS REQUESTED

We invite participants to submit an abstract to present a poster at the conference. We are specifically asking for the abstracts to describe research quality improvement projects or innovations related to Integration. The blinded abstracts will be judged and ranked. Six abstracts will be chosen and registration fees will be waived for the winners. Poster abstracts will be accepted until September 16. The poster abstract form may be uploaded upon conference registration online at [www.uvm.edu/medicine/cme](http://www.uvm.edu/medicine/cme). Those submitting abstracts should still complete the conference registration form.

### CONFERENCE LOCATION

The conference will be held at The Essex in Essex Junction, Vermont, located at 70 Essex Way. A small block of rooms has been reserved at The Essex for conference participants. Please make your reservations directly with the hotel prior to **September 21, 2016**, (800) 727-4295, and indicate your participation in this course to obtain our discounted rates: \$149 single or double occupancy plus Vermont State tax. **Room rates cannot be guaranteed after September 21st.**

### Course Director

**Roger Kessler, PhD, ABPP**  
Associate Professor, Family Medicine  
University of Vermont  
College of Medicine  
Co-Principal Investigator, PCORI  
IBH-PC Trial  
University of Vermont Medical Center  
Associate Chair for Research  
and Evaluation  
Doctor of Behavioral Health Program  
Arizona State University  
Senior Scientist  
National Research Network  
American Academy of  
Family Physicians  
Director, Collaborative Care  
Research Network

### Keynote Speaker

**Sarah Hudson Scholle, DrPH, MPH**  
Vice President, Research & Analysis  
National Committee  
for Quality Assurance (NCQA)  
Washington, DC

### Faculty

**James Anderson, PhD**  
DSRP Medical Director  
Behavioral Health & Integrated Services  
Bassett Healthcare Network  
Cooperstown, NY

**Lorne Babb, MD**  
Medical Director  
Cold Hollow Family Practice  
Enosburg Falls, VT

**Kay Barrett, PSYCH-MA**  
Psychologist  
University of Vermont Medical Center  
Family Medicine, Berlin

**Candace Collins, MS-MIIT**  
Director, Primary Care  
Northwestern Medical Center  
St. Albans, VT

**Claude Deschamps, MD**  
Senior Associate Dean for  
Clinical Affairs  
University of Vermont  
College of Medicine  
President & CEO  
University of Vermont Medical Group  
Thoracic Cardiovascular Surgeon  
University of Vermont Medical Center

**Betsy Fowler, MSW, LICSW,  
LADC**  
Director, Behavioral Health  
Northern Counties Health Care, Inc.  
St. Johnsbury, VT

**William Gunn, Jr., PhD**  
Diretor, Primary Care, Behavioral Health  
NH/Dartmouth FMR Program

**Judith Gerber, PhD**  
Clinical Associate Professor, Obstetrics  
& Gynecology and Psychiatry  
University of Vermont Medical Center  
Family Medicine, Colchester

**John King, MD, MPH**  
Professor and Vice Chair  
Academics and Regional Development  
Department of Family Medicine  
University of Vermont  
College of Medicine  
University of Vermont Medical Center  
Milton Family Physician

**Vicki Loner, MHCDS, RN,  
CCM, CMCN, PAHM**  
Vice President, Clinical and  
Network Operations  
OneCare Vermont  
University of Vermont  
Health Network

**C.R. Macchi, PhD**  
Clinical Associate Professor  
Associate Chair of Internship Programs  
Arizona State University, Phoenix, AZ

**Daniel Mullin, PsyD, MPH**  
Assistant Professor, Department of  
Family Medicine and  
Community Health  
Director, The Center for  
Integrated Primary Care  
University of Massachusetts  
Medical School, Worcester, MA

**Richard Pinckney, MD, MPH**  
Associate Professor, Medicine  
Department of Internal Medicine  
University of Vermont  
College of Medicine  
Co-Director, Internal Medicine  
Resident Clinic  
University of Vermont Medical Center

**Louise Rosales, MSN, APRN**  
Psychiatric Nurse Practitioner  
Family Nurse Practitioner  
Richmond Family Medicine  
Richmond, VT

**Dale Stafford, MD**  
Assistant Professor, Family Medicine  
University of Vermont  
College of Medicine  
University of Vermont Medical Center  
Family Medicine, Berlin

**Constance van Eeghen, DrPH,  
MHA, MBA**  
Assistant Professor, Medicine  
Department of General Internal  
Medicine - Research  
University of Vermont  
College of Medicine

# PROGRAM SCHEDULE

Thursday, October 20

## OPTIONAL TWO PART WORKSHOP: (Participation in workshop does not certify competence.)

Candace Collins, MS-MHIT  
Rodger Kessler, PhD, ABPP  
Sarah Scholle, DrPH, MPH  
Dale Stafford, MD  
Connie van Egghen, DrPH, MHSA, MBA

8:15am	<b>Registration for Workshop/Continental Breakfast</b>
8:45	<b>Welcome and Introductions</b>
9:00	<b>Workshop Part One: Introduction to the Behavioral Health Integration Toolkit</b>
9:30	<b>Review of Assessments: (Completed Prior to Workshop Day)</b> • Readiness Assessment • Practice Integration Profile (PIP)
10:30	<b>Break</b>
10:45	<b>Toolkit - Stage I</b> • Establish the Expectations of Integration: BH Provider and the IBH Model for the Practice • Evaluate the Impact on the Practice
12:15pm	<b>Lunch (included)</b>
1:00	<b>Workshop Part Two: Are You Ready for Stage II?</b> • Toolkit Tactics • Team Development
2:30	<b>Break</b>
2:45	<b>Understand the Current Process of Care and Its Challenges</b>
4:15	<b>Summary and Closing Remarks</b>
4:45	<b>Workshop Adjourns</b>

Friday, October 21

7:15am	<b>Registration for Conference Continental Breakfast/Exhibits</b>
7:45	<b>Welcome and Introductions</b> Rodger Kessler, PhD, ABPP
8:00	<b>KEYNOTE</b> <b>From an NCOA Perspective: Integrated Primary Care as Part of the Patient-Centered Medical Home</b> Sarah Scholle, DrPH, MPH

9:30	<b>Panel: The Medical Provider Perspective: Is Integrated Behavioral Care Necessary?</b> Lorrie Babb, MD; John King, MD, MPH; Louise Rosales, MSN, APRN; Dale Stafford, MD
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10:30 **Break/Exhibits/Poster Session**

10:45	<b>An Integrated Treatment Model of Medication Assisted Treatment of Narcotics Dependence</b> This talk has been approved for 75 credits in Prescribing Controlled Substances. James Anderson, PhD Daniel Mullin, PsyD, MPH
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11:30	<b>The Integration Metrics Project: Results of a National Expert Panel</b> Rodger Kessler, PhD, ABPP Daniel Mullin, PsyD, MPH Sarah Scholle, DrPH, MPH
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12:15pm	<b>Lunch</b>
1:00	<b>Education for Teams That are Integrating Behavioral Care: What's Needed and How to Get It</b> C.R. Macchi, PhD; William Gunn, Jr., PhD

1:45	<b>Panel: Future of Behavioral Health in New Healthcare Funding Models: What Would it Look Like and What Would it Take?</b> Claude Deschamps, MD Vicki Loner, MHCDS, RN, CCM, CMCN, PAHM Sarah Scholle, DrPH, MPH
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2:30 **Break/Exhibits/Poster Session**

3:00	<b>CONCURRENT BREAKOUT SESSIONS (attend one of the simultaneous breakouts)</b> <b>Behavioral Management of Chronic Pain: Tools We Can All Use to Transform Care</b> This talk has been approved for 1.5 credits in Hospice, Palliative Care, Pain Management. Richard Pinckney, MD, MPH
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3:00	<b>The Relationship of Care Processes to Care Outcomes</b> Rodger Kessler, PhD, ABPP Sarah Scholle, DrPH, MPH
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3:00	<b>Mental Health Providers in Primary Care: Reflections on Practice and Lessons Learned</b> Kay Barrett, PSYCH-MA Bejss Fowler, MSW, LICSW, LADC Judith Gerber, PhD
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4:30	<b>Closing Remarks</b> Rodger Kessler, PhD, ABPP
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5:00	<b>Conference Adjourns</b> Course # 17-802-07
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## OPTIONAL TWO-PART WORKSHOP: Staying Ahead of Integration: It's the Process Not the Provider

### Workshop Description

The goal of behavioral health integration in primary care is the seamless delivery of medical, behavioral, mental health and substance misuse care with well-functioning clinical, operational and financial processes that produce Triple Aim outcomes. Significant planning, design and implementation efforts are needed to integrate these primary care services. Integration efforts (sometimes called Collaborative Care) have lacked such initial and ongoing attention.

This workshop is offered to primary practice teams who want to define their current state of integration and lay out the steps to integration as identified in the Behavioral Health Integration Toolkit. The outcome of this workshop will be a detailed plan to support an integration project within the practice. Attendees may opt to attend only workshop Part One or attend both Part One and Part Two. (Please note: you must attend Part One in order to attend Part Two.)

Rodger Kessler, PhD, ABPP, Connie van Egghen DrPH, Sarah Scholle, DrPH, MPH, Dale Stafford MD and Candace Collins, MS-MHIT will lead practice teams consisting of at least one primary care provider, at least one clinical staff member of the practice (nurse or rooming staff), and a behavioral health clinician who is working, or plans to work, in the practice. Other practice members can be included as appropriate. Team members can expect to work through the initial steps in the toolkit to tailor a plan to implement in their practice setting. In addition to planning, we will discuss the potential for ongoing consultation.

**Workshop Attendees: (Note: Preparatory work will be requested prior to attending workshop. You will receive a notification via email that the materials will be available for downloading once registration for workshop is received. Please download and complete the preparatory work and bring with you to the workshop.)**

Three attendees from each practice is recommended (if only two from a practice attending, please contact the UVM CME Office at 802-656-2292 with questions).

**Enrollment is limited, register early!**

Part One ONLY: Physicians - \$75; Other Healthcare Professionals - \$50  
Part One & Part Two: Physicians - \$150; Other Healthcare Professionals - \$100  
(Register a group of 3 from the same practice, receive \$100 discount off the group total.)

- Primary Care Provider
- Clinical Staff Member of the Practice (nurse or rooming staff)
- Behavioral Health Clinician

### Workshop Objectives Part One:

- Assess the current degree of integration of the practice.
- Identify the opportunity for further integration within the practice.
- Define the prerequisites for increasing integration in the practice.
- Identify a plan for initiating a team-based project to increase integration.

### Workshop Objectives Part Two:

- Identify tactics for increasing integration in the practice.
- Identify tools for team development.
- Describe the current process of care and its challenges.

### ACCREDITATION

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of **14 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit is pending for the following providers: Mental Health, Drug and Alcohol Abuse Counselors, Psychology, Social Workers, Vermont Pharmacy and Pharmacological Credits.

This conference includes 75 credits in Prescribing Controlled Substances AND 1.5 credits in Hospice, Palliative Care, Pain Management.

This program has been reviewed and is acceptable for up to 14 Nursing Contact Hours.

The University of Vermont-Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation.

**PLEASE NOTE: If you do not participate in the optional workshop, the conference is only accredited for 7.5 credits.**

## Transforming Primary Care and Behavioral Health

Name		
Degree: <input type="radio"/> MD <input type="radio"/> PA <input type="radio"/> NP <input type="radio"/> RN <input type="radio"/> PhD <input type="radio"/> MA <input type="radio"/> MS <input type="radio"/> OMSW <input type="radio"/> LICSW <input type="radio"/> LADC <input type="radio"/> LCMHC <input type="radio"/> PHARMD <input type="radio"/> RPh		
Worksite		
Address		
City	State	Zip
Phone	Specialty	
Email		

### CONFERENCE REGISTRATION FEES:

- \$275 Physicians
- \$185 Other Healthcare Professionals
- \$75 Students
- Add a \$50 late fee if postmarked after October 3, 2016

### CONCURRENT BREAKOUT SESSIONS: (Please choose one)

- Behavioral Management of Chronic Pain
- Relationship of Care Processes to Care Outcomes
- Mental Health Providers in Primary Care

### OPTIONAL WORKSHOP REGISTRATION FEES:

- Part One Only:**
- \$75 Physicians
  - \$50 Other Healthcare Professionals

**Part One & Part Two:** (Register a group of 3 from same practice, receive \$100 discount off the group total.)

- \$150 Physicians
- \$100 Other Healthcare Professionals/per person

\$ \_\_\_\_\_ TOTAL AMOUNT DUE

(Please note: If mailing in registration form and would like to download the poster abstract form, please go to [www.uvm.edu/medicine/cme](http://www.uvm.edu/medicine/cme), scroll down to select "Transforming Primary Care" to access the abstract form.)

### PAYMENT METHOD:

- To register by credit card, please visit our website at: [www.uvm.edu/medicine/cme](http://www.uvm.edu/medicine/cme). Scroll down to select "Transforming Primary Care"

- Check (payable to the University of Vermont) Please mail your payment along with a completed registration form to the address below:

**Mail to:** University of Vermont Continuing Medical Education  
128 Lakeside Avenue, Suite 100, Burlington, VT 05401  
**Phone:** (802) 656-2292 **Fax:** (802) 656-1925

Registration requested by October 3, 2016