COURSE DESCRIPTION

This four-day conference will provide training for primary care health professional teams on integrating behavioral health services into primary care. A core behavioral health team will work with a group of participants to develop a behavior health integration plan for their practice. Participants will receive tools and strategies to integrate behavioral health into primary care. The conference will include evidence-based research, presentations, interactive learning sessions, and small group discussions. Participants will leave with a tailored, practice-specific integration plan to improve patient outcomes.

CONFERENCE OBJECTIVES

1. Identify 3 emerging areas of importance for behavioral health elements as part of regulatory and financial elements of healthcare reform.
2. List the elements of an integrated model of medication assisted treatment of narcotics dependence.
3. Discuss the range of personnel needed for training in team-based care.

CONFERENCE REGISTRATION

$275 for physicians, $185 for other healthcare professionals and $75 for students. (Please note: A 15% discount will be offered if 3 or more from the same organization attend the conference.) The fee includes all training materials, meals, and social events. A non-refundable deposit of $100 will be added after that date. Refunds may be obtained, minus a $50 administration fee, if notice of cancellation is received by October 10. Refunds are not available after that date.

CONFERENCE SYLLABUS (Electronic Download)

NEW THIS YEAR! The conference syllabus will only be available as an Electronic Download with presentations in PDF format. Please plan to bring your laptop or electronic device to view presentations as well as completing the electronic course evaluations via our online UVM CME system. Printed syllabus, paper copies of evaluations and paper certificates will no longer be available.

ABSTRACTS REQUESTED

We invite participants to submit an abstract to present a poster at the conference. We are specifically asking for the abstracts to describe research quality improvement projects or innovations related to the Behavioral Health Integration Toolkit. Please submit your abstract electronically via our online UVM CME submission form. You will receive a notification (via the email you used to submit your abstract) of acceptance to present your poster. You must also complete the conference registration form.

CONFERENCE LOCATION

The conference will be held at The Essex in Essex Junction, Vermont, located at 70 Essex Way. A block of rooms has been reserved at The Essex for conference participants. Please make your reservations directly with the hotel prior to September 21, 2016 to obtain our discounted rates: $149 single or double occupancy plus Vermont state tax. Room rates cannot be guaranteed after September 21st.

Course Director

Rodger Kessler, PhD, ABPP
Associate Professor, Family Medicine
University of Vermont
Co-Principal Investigator, PCORI BHP-1C Trial
University of Vermont Medical Center

Sarah Hudell Schalle, DPhLMFPHI
Vice President, Research & Analysis for Quality Assurance (NCQA)
Washington, DC

Faculty

James Anderson, PhD
DBPIB Medical Director
Behavioral Health & Integrated Services
Bassett Healthcare Network
Cooperstown, NY

Lyne Rabb, MD
Medical Director
Cold Hollow Family Practice
Enosburg Falls, VT

Kay Barovets, PSYCH-M
Psychologist
University of Vermont Family Medicine Center

Candace Collins, MS-MIT
Director, Primary Care
Northern Counties Medical Center
St. Albans, VT

Claude Deschamps, MD
Senior Associate Dean for Research, Medical School
University of Vermont Medical Center

Betty Fowlkes, RN, LICSW, CAPS
Director, Behavioral Health, Supportive Hospice Services
Northern Counties Health Care, Inc.
St. Johnsbury, VT

Mary Fournier, MD
Vice President, Behavioral Health
University of Vermont Medical Group

Daniel Mullin, PsyD, MPH
Assistant Professor, Department of Family Medicine
University of Vermont Medical Center

Sarah Hudson-Scholle, DrPH, MPH
Vice President, Research & Analysis for Quality Assurance (NCQA)
Washington, DC

Candace Collins, MS-MIT
Director, Primary Care
Northern Counties Medical Center
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Sarah Hudell Schalle, DPhLMFPHI
Vice President, Research & Analysis for Quality Assurance (NCQA)
Washington, DC

William Gunn, Jr., PhD
Director, Primary Care Behavioral Health MS/Dissertation MA Program

Judy Gheber, PhD
Clinical Assistant Professor, Obstetrics
University of Vermont Medical Center

John King, MD, MPH
Endorsed by the American Academy of Family Physicians (AAFP) and 11 other national organizations.

Keynote Speaker


IBH-PC Trial

Jointly supported by American Academy of Family Physicians and 11 other national organizations.

Permit No. 143

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### Workshop Description
The goal of behavioral health integration in primary care is the seamless delivery of medical, behavioral, mental health and substance misuse care with well-functioning clinical, operational and financial processes that produce Triple Aim outcomes. Significant planning, design and implementation efforts are needed to ensure these systems exist. The term “collaborative care” has been used to discuss the process of integrating the care of patients with co-occuring conditions. This two-part workshop will focus on preparing providers and teams to develop a comprehensive plan and establish the vision, tools, and strategies to achieve integration.

### Workshop Objectives
**Part One:**
- Understand the current process of care and its relationship to care outcomes.
- Learn how to assess readiness to integrate.
- Establish the expectations of integration.

**Part Two:**
- Evaluate the impact on the practice.
- Implement tools and strategies for integration.
- Explore the role of primary care providers in establishing the vision for integration.
- Establish the principle that ongoing attention is needed to sustain integration.

### Workshop Attendees
Three attendees from each practice is recommended (if only two from a practice attending, please contact the UVM CME Office at 802-656-2292 with questions).

### Conference Registration Fees

<table>
<thead>
<tr>
<th>Conference Registration Fees</th>
<th>Total Amount Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$185</td>
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<tr>
<td>Other Healthcare Professionals</td>
<td>$50</td>
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<tr>
<td>Part One Only</td>
<td>$75</td>
</tr>
<tr>
<td>Part One &amp; Part Two</td>
<td>$100</td>
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### Registration Requested by
October 3, 2016

**Accreditation**
The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should only claim the credit commensurate with the duties of their participation in the activity.

Credit is pending for the following programs:
- Mental Health, Drug and Alcohol Abuse Counseling, Psychology, Staff Workers, Vermont Pharmacy, and Pharmacological Credited.
- The course sequence is 7.5 credits in Primary Care, Pain Management.

The accredited courses are 5.0 credits in Primary Care, Pain Management.

**Enrollment is limited; register early!**

### Optional Two-Part Workshop: Staying Ahead of Integration
**It’s the Process Not the Provider**

**Workshop Description**
This workshop is offered to primary practice teams who want to define or refine their current plan of integration, and to set the steps of integration as identified in the behavioral health integration toolkit. A team from each practice will meet for an initial meeting to discuss their current process and goals.

### Registration for Workshop/Continental Breakfast

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workshop Part One</td>
<td>8:15am</td>
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<tr>
<td>Workshop Part Two</td>
<td>10:45am</td>
</tr>
<tr>
<td>Conference Adjourns</td>
<td>4:15pm</td>
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</tbody>
</table>

**Registration requested by October 3, 2016**

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