Course Description

The breadth and complexity of issues surrounding women’s health care makes it increasingly difficult for health care providers to remain current. While osteoporosis and peripartum depression are important concerns to women, cardiovascular disease and consequences from smoking are the leading causes of death in women. The goal of this conference is to incorporate several important health care issues from various specialties and illustrate how they uniquely impact women.

This conference is designed to bring together experts from a variety of disciplines to discuss advances in women’s health care in one concise meeting. Workshops have been added this year to facilitate greater participation and interaction among attendees. This conference is intended for physicians, advance practice providers, midwives, nurses, students and other allied health care professionals who provide care for women.

Course Objectives

At the conclusion of this conference, participants should be able to:

* Review common topics like Polycystic Ovary Syndrome, Human Papilloma Virus, Sexually Transmitted Infection and Contraceptive Eligibility.
* Describe health issues specific to women in regards to Multiple Sclerosis, Lupus, Smoking Cessation and Peripartum Depression.
* Consider workshop experiences that include Nutrition, Alcoholism and Substance Abuse, Breastfeeding, SIDS and Endometrial Biopsies and Office Management of Miscarriage.

Workshops

Participants will be able to choose two workshops - one from 3 choices given concurrently over 2 sessions. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choice.

Registration

- Tuition: $425 Physicians (postmarked by August 4)
- $350 Other Health Professionals (postmarked by August 4)

The course fee includes tuition, comprehensive course syllabus via Dropbox, continental breakfasts, coffee breaks and lunch on Thursday for registrants.

Refunds: Refunds, minus an administrative fee of $75, will be made only if notice of cancellation is received in writing by August 14, 2015. Refunds are not possible after that date.
Wednesday, September 9
11:30am REGISTRATION/EXHIBITS
12:00pm Welcome
Anya Koutras, MD, FAAFP, IBCLC
12:15 PCOS
Christine Murray, MD
1:00 Top 10 Things You Should Know About HPV
Elisabeth Wegner, MD
1:45 What's New in Women's Heart Disease
Friedenke Keating, MD
2:30 BREAK/EXHIBITS
3:00 Anticipating Pregnancy, Labor and Delivery
Complications: The Importance of Early and Ongoing
Risk Assessment in Prenatal Care
Kiley McLean, MD
3:45 Medical Eligibility for Contraceptive Choices
Michelle Mertz, MD, ABHIM
4:30 Conservative Management of Pelvic Organ Prolapse
Jane Kaufman, PT, SCB-PMD
5:15 ADJOURN

Thursday, September 10
7:30am CONTINENTAL BREAKFAST/EXHIBITS
8:00 Welcome
Anya Koutras, MD, FAAFP, IBCLC
8:15 Assessment of Fatal Chromosome Abnormalities
Using Cell-Free DNA: Where Have We Come and
Where Are We Going?
Stephen Brown, MD
9:00 Endometrial Cancer: The Top 25 Questions Asked
by Patients
Elise Everett, MD
9:45 Multiple Sclerosis in Women
Angela Applebee, MD
10:30 BREAK/EXHIBITS
11:00 Lupus in Women
Chi Chi Lai, MD
11:45 Peripartum Depression
Jono Cihakni, Ill, MD
12:30pm LUNCH (PROVIDED)
1:15 BREAK/EXHIBITS
1:45 Concurrent Session I:
Managing Common Early Difficulties with
BREASTFEEDING
Martha Churchill, APN, CNM, IBCLC
Optimizing Nutrition in Women
Kimberly Evans, MS, RD
IUds and Endometrial Biopsies
Melisa Gibson, MD and Kimberly Hageman, MD
2:30 Concurrent Session II:
Alcoholism and Substance Abuse in Women
Alicia Jacobs, MD
This talk has been approved for 1 credits in
Prescribing Controlled Substances
Office Management of Miscarriage
Linda Prine, MD
Medications in Pregnancy and Breastfeeding
Giselle D’Eppo, PharmD, BCACP
3:00 ADJOURN
Friday, September 11
7:30am CONTINENTAL BREAKFAST/EXHIBITS
8:15 Assisting Pregnant Patients with WorkPlace Issues
Linda Prine, MD
9:00 Osteoporosis
Anne Morris, MD
9:45 Smoking Cessation in Women
Anya Koutras, MD, FAAFP, IBCLC
10:30 BREAK, EXHIBITS AND HOTEL CHECKOUT
11:00 Eating Disorders: What’s Different in DSM-5 and Treatment
John Koutras, MD
11:45 New STI Guidelines: Prevention and Treatment Across
the Lifespan and Lifestyle
Kathy Mariani, MD
12:30pm CONFERENCE ADJOURN

Accreditation
The University of Vermont is accredited by the Accreditation Council
for Continuing Medical Education to provide continuing medical
education for physicians.

The University of Vermont College of Medicine designates this live
activity for a maximum of 15 AMA PRA Category 1 Credits™
Physicians should claim only the credit commensurate with the
extent of their participation in the activity.

Application for CME credit has been filed with the American
Academy of Family Physicians. Determination of credit is pending.

Request for assignment of ACOG Cognate Credits is pending.

This program has been reviewed and is acceptable for up to 15 Nursing Contact Hours.*

*The University of Vermont-Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Conference Location
The conference will be held at the DoubleTree Hotel in South Burlington,
VT. Take Exit 14E from I89. Merge onto Williston Road. The hotel will be just
past Dorset Street on the right.

A limited number of rooms with reduced rates has been reserved for conference registrants at the DoubleTree. Please
make your hotel reservations directly with the hotel (802-658-0250) prior to
August 10 and indicate your participation in this conference to receive special rates ($139 single - quad occupancy per room, per night). Rooms rates cannot be guaranteed after August 10, 2015.

Conference Syllabus
The conference syllabus will be sent via Dropbox with presentations in
PDF format. Dropbox is a free service, please download at
www.dropbox.com. You will receive a notification via email a week from the conference start date that the presentations will be available for
downloading. For an additional $15, you may choose either a flash drive with presentations in PDF or a printed syllabus
(printed six slides per page). Please plan to bring your laptop to view
Dropbox or flash drive presentations.

Course #16-801-47.

REGISTRATION FORM - Women’s Health
On Line: www.uvm.edu/medicine/cme

Name (As you would like it to appear on NameTag & Certificate)
Degree: MD  DO  PA  NP  RN  Other

Address
City State Zip Phone

Specially

Email

Last 4 digits of SSN (For CME tracking purposes)

Registration Fee:

$425 Physicians
$350 Other Health Professionals
$150 Residents (Verification by Program Director Required)
$15 Optional - Receive Flash Drive or Printed Syllabus

Late Fee: Add $75 if postmarked after August 4, 2015

$ Total Due

Workshop Interest
Please rank your workshop preferences from 1 (most) to 2 (least)
desirable in each session. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their

Session I (1:45 - 3:15)          Session II (3:30 - 5:00)

- Breastfeeding Difficulty
- Alcohol/Substance Abuse
- Nutrition in Women
- Office Mgt. Miscarriage
- IUds/Endometrial Biopsies
- Medications in Pregnancy

Payment Method

☐ To pay by credit card, please register on-line by visiting
our website at www.uvm.edu/medicine/cme and select
the “Women’s Health Conference”.

☐ To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to
the address below:
Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100, Burlington, VT 05401
Phone: (802) 656-2292 Fax: (802) 656-1025