9th Annual Child Psychiatry In Primary Care Conference

From the University of Vermont College of Medicine

Friday, May 15, 2015
Hampton Inn, Colchester, Vermont
COURSE DESCRIPTION
This is the ninth meeting of this highly acclaimed conference for which previous attendees have praised for its quality and usefulness. This year’s conference will feature lectures on a broad variety of topics from a clinical and public health perspective.

AUDIENCE
Pediatricians, Family Medicine Physicians, Nurses and Other Primary Care Providers, Mental Health Professionals, Educators, and Social Workers.

OBJECTIVES
The objective of this conference is to equip primary care clinicians and other professionals with updated knowledge on issues related to child mental health and to provide practical and updated strategies for the assessment and treatment of many of the most common childhood psychiatric conditions and problems. Specific topics to be addressed at this conference include treating sleep problems, ADHD, the proper use of antipsychotic medications, mindfulness strategies and more.

Emphasis will focus on incorporating strategies within the practical confines of a busy outpatient setting. Treatment options, both pharmacological and nonpharmacological, will be presented. There will also be opportunities for small group discussion of your specific clinical questions.

At the end of the conference, participants should be able to:

1. Compare their practice of prescribing antipsychotic medications to best practice guidelines.
2. Teach parents the proper way to administer time-outs to children.
3. Develop more effective patient advocacy strategies for clinicians when working with school systems.
4. Incorporate additional health promotion strategies in day-to-day practice.

REGISTRATION & CANCELLATION
All course materials, continental breakfast and coffee breaks are included. Refunds, less a $75 administrative fee, are available if cancellation is made prior to April 24, 2015. No refunds are possible after that date.
COURSE DIRECTOR

David C. Rettew, MD
Associate Professor of Psychiatry and Pediatrics
University of Vermont College of Medicine
Director of Child & Adolescent Psychiatry
Fellowship Director, Pediatric Psychiatry Clinic
University of Vermont Children’s Hospital

FACULTY

Robert R. Althoff, MD, PhD
Associate Professor of Psychiatry, Psychology and Pediatrics
Director, Division of Behavioral Genetics
University of Vermont
College of Medicine

Garrick A. Applebee, MD
Associate Professor of Neurological Sciences and Pediatrics
University of Vermont
College of Medicine

Jeremiah E. Dickerson, MD
Assistant Professor of Psychiatry
Director, VCCYF Autism Assessment Center
University of Vermont
College of Medicine

Sarah E. Guth, MD
Fellow in Child & Adolescent Psychiatry
University of Vermont
College of Medicine

Joseph F. Hagan, Jr., MD, FAAP
Hagan, Rinehart and Connolly Pediatricians, PLLC
Clinical Professor, Pediatrics
University of Vermont
College of Medicine

Allison Y. Hall, MD
Assistant Professor of Psychiatry
University of Vermont
College of Medicine

James J. Hudziak, MD
Professor, Departments of Psychiatry, Medicine & Pediatrics
Thomas M. Achenbach Chair in Developmental Psychopathology
Director, Vermont Center for Children, Youth and Families
University of Vermont
College of Medicine

Blanche R. Podhajski, PhD
President, Stern Center for Language and Learning
Clinical Associate Professor, Neurological Sciences
University of Vermont
College of Medicine
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tr>
<td>7:30am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:15</td>
<td>Opening Comments</td>
<td>David Rettew, MD</td>
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<td>8:30</td>
<td>What’s Hot in Child Psychiatry</td>
<td>James Hudziak, MD</td>
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<td>9:15</td>
<td>Approach to Preschool ADHD</td>
<td>Robert Althoff, MD, PhD</td>
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<td>10:00</td>
<td>Advocating for School Success: The ABCs of 21st Century Learning</td>
<td>Blanche Podhajski, PhD</td>
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<td>10:45</td>
<td>Break</td>
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<tr>
<td>11:00</td>
<td>Health Promotion in Child Psychiatry</td>
<td>James Hudziak, MD</td>
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<td>11:45</td>
<td>Lunch (on own)</td>
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<td>1:00pm</td>
<td>Panel Discussion for Clinical Questions</td>
<td>Conference Faculty</td>
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<td>1:30</td>
<td>Sleeping Problems: Beyond Melatonin</td>
<td>Garrick Applebee, MD</td>
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<td>2:00</td>
<td>Fetal Alcohol Syndrome, Without the Face</td>
<td>Joseph Hagan, Jr., MD, FAAP</td>
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<td>2:30</td>
<td>Using, and Not Using, Antipsychotic Medications</td>
<td>David Rettew, MD</td>
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<td>3:00</td>
<td>Break</td>
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4:45
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<tr>
<th>Time</th>
<th>Breakout Session A</th>
<th>Breakout Session B</th>
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<td><strong>A. Mindfulness: Practical Strategies</strong>&lt;br&gt;Patients Can Use&lt;br&gt;Sarah Guth, MD</td>
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<td><strong>B. Teaching Time-Outs: The Top 3 Mistakes</strong>&lt;br&gt;Parents Make&lt;br&gt;Allison Hall, MD</td>
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<td><strong>C. Attachment: What It Is, What It Isn’t</strong>&lt;br&gt;David Rettew, MD</td>
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<td><strong>D. It’s Not Autism, It’s ADHD:</strong> Understanding Social Impairments in Children with Attention Problems&lt;br&gt;Jeremiah Dickerson, MD</td>
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ACCREDITATION

The University of Vermont is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont College of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Credit applications for Social Work, Psychology and Mental Health are pending approval.

This program has been reviewed and is acceptable for up to 6.5 Nursing Contact Hours.*

*The University of Vermont – Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation.

CONFERENCE LOCATION

The conference will be held at the Hampton Inn in Colchester. Take Exit 16 from I89 and turn north on Route 7. Turn right onto Lower Mountain View Drive.

A limited number of rooms with reduced rates have been reserved for conference registrants at the Hampton Inn. Please make your hotel reservations directly with the hotel (802-655-6177) and indicate your participation in this UVM conference to receive special rates based on availability ($109 single - quad occupancy per room, per night).

FLASH DRIVE / DROP BOX / SYLLABUS

Please indicate on the registration panel if you wish to receive a Flash Drive or Dropbox with pdf versions of the presentations, or if you wish to receive a traditional syllabus binder with printed handouts. You may opt to receive both a Syllabus as well as a Flash Drive or Drop Box, however a $15 charge will apply.
REGISTRATION FORM - Child Psychiatry

Or Register on-line: www.uvm.edu/medicine/cme

Name: ____________________________________________________________
(As it will appear on Nametag and Certificate)

Degree:  □ MD □ DO □ ND □ PA □ NP □ RN □ Other _____________

Address: ____________________________________________________________________

City: ___________________________ State:____ Zip: ________________________

Phone: (_________ ) _______________________________________________________

Email: ________________________________________________________________

Specialty: __________________________________________________________________

Initials   Last 4 digits of your SSN#
_________ - _____________ (for CME Tracking Purposes Only)

Registration Fee Summary:
□ $275 Physicians
□ $195 Other Health Professionals

There will be opportunity to attend two workshops. Please rank order your preferences from 1 (most) to 4 (least desirable). There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. WORKSHOP ASSIGNMENTS WILL BE MADE IN ORDER OF REGISTRATION RECEIPT.

□ Mindfulness Strategies
□ Teaching Time Outs
□ Attachment: What Is It?
□ It's Not Autism, It's ADHD

Syllabus Options (Choose only one)
□ I wish to receive a □ Flash Drive or □ Dropbox.
□ I wish to receive a Syllabus binder with printed handouts.
□ Optional ($15): Receive both a syllabus and a
□ Flash Drive or □ Dropbox.

□ Late Fee: After April 1, 2015 - Add: $50

$ __________ TOTAL DUE

Payment Method

□ To pay by credit card, please register on-line by visiting our website at www.uvm.edu/medicine/cme and select the “Child Psychiatry Conference.”

□ To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to:

Mail to:  UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT  05401

Phone: (802) 656-2292  Fax: (802) 656-1925