Course Description

“Given that over one-half of primary care patients have a mental or behavioral diagnosis or symptoms that are significantly disabling, given that every medical problem has a psychosocial dimension, given that most personal care plans require substantial health behavior change—a Patient Centered Medical Home is incomplete without behavioral healthcare fully incorporated into its fabric.”


Endorsed by: the American Academy of Family Physicians (AAFP) and 11 other national organizations.

This year, Transforming the Divide will provide a contemporary model of advanced primary care behavioral health focusing on complexity and multi-morbidity. Leadership in the Green Mountain Care Board, Orlando, and the Blueprint for Health will enhance the model and place it in the context of developments nationally and locally, noting Vermont healthcare forward changes and breakthroughs. Participants will review a rapid method of assessing the level of integrated practice that highlights facilitators and barriers to practice and executive-level integration development, address the current status of the Green Mountain Care Board and the Blueprint for Health, lead into a discussion of the Blue Cross Blue Shield of Vermont’s Behavioral Health Integration Toolkit, and for students across Vermont academic institutions and for non-profit practice training. An optional half day workshop will focus on specific integration improvement strategies using the Behavioral Health Integration Toolkit over the course of the coming year. Join us!

Course Objectives:
- List the dimensions of the advanced model of integrated care.
- Plan a specific integration strategy to implement over the next year.
- Identify the elements of a panel-based model of integrated medical behavioral care of patients with co-morbid chronic illness.

Registration
$275 for physicians, $185 for other health professionals and $75 for students. (Please note: A 15% discount will be offered if 2 or more from the same organization attend the conference.) The fee includes the comprehensive course syllabus, continental breakfast, lunch, and coffee breaks. Please register by October 1. An additional $50 will be added after that date. Refunds may be obtained, minus a $10 administrative fee, if notice of cancellation is received by October 9. Refunds are not available after that date.

Conference Syllabus
The conference syllabus will be sent via Dropbox with presentations in PDF format. Dropbox is a file-sharing service, please download at www.dropbox.com. You will receive a notification via email a week from the conference date that the presentations will be available for downloading. For an additional $15, you may choose either a flash drive with presentations in PDF format, or a printed syllabus (printed six slides per page). Please bring your laptop to view Dropbox or flash drive presentations.

Abstracts Requested
We invite participants to submit an abstract to present a poster at the conference. We are specifically asking for the abstracts to describe research quality improvement projects or executive-level integration. The abstracts will be judged and a winner will be selected. Poster winners will be announced at the conference. Posters will be accepted until September 15. The poster abstract forms may be uploaded when you register for the conference online at www.uvm.edu/medicine/cme. Those submitting abstracts should still complete the conference registration form.

Conference Location
The conference will be held at The Essex in Essex Junction, Vermont, located at 70 Essex Way. A small block of rooms has been reserved at The Essex for conference participants. Please make your reservations directly with The Essex prior to September 22, 2015, (800) 727-4295, and indicate your participation in this course to obtain our discounted rate $149 single or double occupancy plus Vermont State tax. Room rates cannot be guaranteed after September 22nd.
Optional Half-Day Intensive Workshop: Practice Transformation with the Behavioral Health Integration Toolkit

Workshop Description

The goal of behavioral health integration in primary care is the seamless delivery of medical, behavioral, mental health, and substance misuse care with well-functioning clinical, operational, and financial processes that produce triple data outcomes. Significant planning, design, and implementation efforts are needed to integrate these primary care services. Integration efforts (sometimes called Collaborative Care) have faced such initial and ongoing attention.

This intensive half-day workshop is offered to five primary practice teams who want to define their current state of integration and list out the steps to integration as a means to enhance care delivery. The half-day workshop will be a detailed plan to support an integration project within the practice.

Rodger Kessler, PhD, ABPP, Connie Van Engels DePh, Roger Kathol, MD and Dale Stafford MD will lead practice teams consisting of at least one primary care provider, at least one clinical staff member of the practice (nurse or nursing staff), and a behavioral health clinician who is working, or plans to work, in the practice. Other practice members can be included as appropriate. Team members can expect to work through the initial steps in this toolkit to take a plan for the next year to develop their own practice-specific plan. In addition to planning, we will discuss the potential for ongoing consultation.

Attendees: (Note: Preparatory work will be requested prior to attending workshop. Dropbox is a free service, please download at www.dropbox.com. You will receive a notification via email that the materials will be sent on Dropbox once registration for workshop is received. Please download and complete the preparatory work and bring with you to the workshop.)

Limit 5 Practices with 3 attendees from each practice (if only 2 from a practice attending please contact the UVM CME office at 802-656-2292 with questions):

Primary care provider
Clinical staff member of the practice (nurse or nursing staff)
Behavioral health clinician

Workshop Objectives:

Assess the current degree of integration of the practices.
Identify the opportunity for further integration within the practice.
Identify the steps needed to implement the integration.
Identify a plan for initiating a team-based project to increase integration.

ACCREDITATION

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont designs this live activity for a maximum of 11.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit is pending for the following providers: Mental Health, Drug and Alcohol Abuse Counselors, Psychology, Social Workers, Vermont Pharmacy, and Pharmacological Credits.

This program has been reviewed and is acceptable for up to 11.75 Nursing Contact Hours.

The University of Vermont Continuing Medical Education is an Approved Provider of continuing nursing education sponsored by the ANCC. Nurses should only claim credit in the area of their primary practice.

Plese see the attached form for more information.

Please register by credit card, please visit our website at www.uvm.edu/medicine/cme or call 802-656-2292 for more information.

Please register by October 1, 2015

Name

Degree: MD  PA  NP  CRNA  PhD  MS  DNP  LCSW  LADC  LCHC  PHARM  RPh

Worksite

Address

City  State  Phone  Specialty

Email

Initials  Last 4 digits of SSN (For CME Tracking Purposes Only)

REGISTRATION FEE:

$75 Students

$75 - Optimal Chronic Disease Management

Add a $50 late fee if postmarked after October 1, 2015

$150 Other Health Professionals

$75 Other - One person from one practice

$60/pp 2-people from one practice

$55/pp 3-people from one practice

TOTAL AMOUNT DUE

Payment Method

Check (payable to the University of Vermont)

Mail to: University of Vermont Continuing Medical Education

Attn: CME Department

201 East Avenue

Burlington, VT 05401

Phone: (802) 656-2292  Fax: (802) 656-1925