The University of Vermont
College of Medicine

Presents

41st
Forty-First

Vermont Family Medicine Review Course

June 2-5, 2015
Sheraton Hotel & Conference Center
Burlington, Vermont

Discover Jazz Fest begins June 5
CONCEPT
This intensive four-day program for family physicians, nurses, and other primary care professionals will focus on current issues in the practice of Family Medicine, with special attention to new contributions. Emphasis is on practical, clinically applicable diagnostic and management issues in primary care. The course faculty is drawn from multiple specialties, including Family Medicine. The teaching program includes lectures, workshops and extensive course materials.

OBJECTIVES
After attending this conference, participants should be able to:

1. Discuss important updates for diabetes, heart failure, management of asthma in children, ADHD and colon cancer screening.
2. Review tuberculosis management, treatment of hypertension in adolescents and young adults, prevention of kidney stones, and HIV/AIDS.
3. Participate in workshops on skin procedures, shoulder and knee exams, EKG review, motivational interviewing, and an update on new drugs.
4. Describe key points for the diagnosis and treatment of depression in the elderly, Barrett's Esophagus, Parkinson's Disease and vaginitis.
5. Discuss the top ten practice changers in 2015, human trafficking, recommendations for cardiac testing in the context of the Choose Wisely Campaign, and LGBT issues in adolescence and young adulthood.

REGISTRATION
The course fee includes tuition, comprehensive course syllabus, continental breakfast each morning, coffee breaks and luncheon on Thursday for registrants.

Register by May 1, 2015 and pay tuition of $595. PLEASE REGISTER EARLY!

Refunds may be obtained, minus an administrative fee of $75, if notice of cancellation is received by May 15, 2015. Refunds are not possible after that date. If you are able to attend only one of the days of the course, a special reduced tuition fee may be arranged by calling the CME office at 802-656-2292.

WORKSHOPS
Registrants will participate in 2 of 8 workshops to be conducted on Wednesday afternoon. The fun and innovative format of these sessions will focus on different approaches to a myriad of clinical problems. The presentations will raise important management issues which will facilitate lively interaction between faculty and participants. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices.
FLASH DRIVE / DROPBOX / PRINTED SYLLABUS
Please indicate on the registration panel if you wish to receive the presentations in a printed syllabus, sent by Dropbox or on a flash drive. If you choose a flash drive or Dropbox, you should plan to bring your laptop. Extra books will not be available. For an additional $15, you may receive both a binder and either a flash drive or files sent by Dropbox.

ACCOMMODATIONS
A block of rooms has been reserved at the Sheraton Hotel & Conference Center, a AAA, 3-Diamond hotel with indoor pool and fully equipped fitness center. Please make your reservations directly with the hotel, 1-802-865-6600 (1-800-325-3535), prior to May 1, 2015 and indicate your participation in the course to receive special conference rates ($132.00 per day single to quad occupancy). Room rates cannot be guaranteed after May 1.

TRANSPORTATION
The Burlington International Airport is served by several major airlines. Auto rentals are available at the airport, but should be reserved in advance. Complimentary hotel van service is available upon request.

Burlington is an easy 4-hour drive from Boston, just 1.5 hours from Montreal, and 7 hours from New York City. The Sheraton Burlington exit is 14-W on Interstate 89.

LEISURE TIME
Burlington is ideally situated on the shores of Lake Champlain, the sixth largest freshwater lake in the U.S. It offers panoramic views of the Adirondack and Green Mountains, great shopping and excellent restaurants. The Burlington Community Boathouse has boats for rent. A bike path explores several miles of the lakeshore and bikes are available for rent nearby. Swimming beaches, public parks, golf courses and tennis courts are accessible by cab or car. Historic Shelburne Farms and Shelburne Museum are a 20-minute drive from the hotel. Within an hour's drive are the Stowe Alpine Slide, Ben & Jerry's Ice Cream Factory, UVM Morgan Horse Farm, and tours of the world’s largest granite quarry. Fishing opportunities abound.

ACCREDITATION
The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont College of Medicine designates this live activity for a maximum of 22.25 \textit{AMA PRA Category 1 Credits\textsuperscript{TM}}. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This conference will include 1.5 credits in \textbf{Prescribing Controlled Substances} and .75 credits of \textbf{Hospice, Palliative Care and Pain Management}.

Application for CME credit has been filed with the American Academy of Family Physicians. \textbf{Determination of credit is pending}.

Credit is pending for \textbf{Pharmacological} credit.

This program has been reviewed and is acceptable for up to 22.25 Nursing Contact Hours.

\textit{The University of Vermont – Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation.}
Tuesday, June 2, 2015

11:00am REGISTRATION

12:00pm Opening Remarks
Course Director, Anya S. Koutras, MD, FAAFP, IBCLC, Associate Professor of Family Medicine, Director of Fourth Year Programs, University of Vermont College of Medicine (UVM)

12:15 Parkinson's Disease - Motor and Non-Motor Management
James T. Boyd, MD, Associate Professor of Neurological Sciences, UVM

1:00 Common Pediatric Orthopedic Issues
Jennifer W. Lisle, MD, Assistant Professor of Orthopaedics and Rehabilitation, UVM; Pediatric Orthopedist and Musculoskeletal Oncologist, The University of Vermont Medical Center (UVM Medical Center)

1:45 Outpatient Heart Failure Management Strategies
Peter C. Van Buren, MD, Associate Professor of Medicine, Division of Cardiology, UVM

2:30 BREAK

2:45 An Update on Type 2 Diabetes
John (Jack) L. Leahy, MD, Professor of Medicine, Division of Endocrinology, Diabetes and Metabolism, UVM; Co-Chief, Division of Endocrinology, Diabetes and Metabolism, UVM Medical Center

3:30 Eye Urgencies in Primary Care
Phil A. Aitken, MD, FACS, Professor of Surgery, Division of Ophthalmology; Professor of Neurology, UVM

4:15 LGBT Adolescence and Young Adulthood
A. Evan Eyler, MD, MPH, Professor of Psychiatry and Family Medicine, UVM

5:15 ADJOURN

Wednesday, June 3, 2015

7:30am CONTINENTAL BREAKFAST

8:00 Tuberculosis Review
W. Kemper Alston, MD, MPH, Professor of Medicine, Division of Infectious Disease, UVM

8:45 Barrett's Esophagus - Updates and Controversies
Eric K. Ganguly, MD, Associate Professor of Medicine, Division of Gastroenterology and Hepatology, UVM

9:30 End of Life Pain Management (Hospice, Palliative Care and Pain Management Credit)
Diana L. Barnard, MD, Assistant Professor of Family Medicine, UVM; Interim Director of Palliative Care, UVM Medical Center

10:15 BREAK

10:30 Leaving No Stone Unturned: Can We Prevent Kidney Stones?
Virginia L. Hood, MBBS, MPH, MACP, Professor of Medicine, Division of Nephrology, UVM

11:15 Hypertension in Adolescents and Young Adults
Liz A. Hunt, MD, Assistant Professor of Pediatrics, Division of Pediatric Nephrology, UVM; Pediatric Nephrologist, UVM Medical Center

12:00pm LUNCH (on own)
WORKSHOPS - Participants will select one from each session. (Indicate Selections on Registration Form)

1:30  Concurrent Session I:

Implementing SBIRT (Prescribing Controlled Substance Credit)
Clara M. Keegan, MD, Assistant Professor of Family Medicine, UVM

Skin Procedures Workshop (Limited to 25 people)
Sahmon Fallahian, MD, Assistant Professor of Family Medicine, UVM and Nellie M. Wirsing, MD, Assistant Professor of Family Medicine, UVM

New Drug Update: Focus on Weight Loss and Insomnia
Giselle K. D’Epiro, PharmD, BCACP, Assistant Professor, Department of Pharmacy Practice, Albany College of Pharmacy and Health Sciences

The Shoulder Exam (Limited to 20 people)
Timothy S. Lishnak, MD, Assistant Professor of Family Medicine, UVM; Medical Director, Milton Family Medicine, UVM Medical Center

3:00  BREAK

3:15  Concurrent Session II:

Motivational Interviewing Concepts
Clara M. Keegan, MD, Assistant Professor of Family Medicine, UVM

Skin Procedures Workshop (Limited to 25 people)
Sahmon Fallahian, MD, Assistant Professor of Family Medicine, UVM, and Nellie M. Wirsing, MD, Assistant Professor of Family Medicine, UVM

Common EKG Review, Clinical Case Correlation
Robert M. Lobel, MD, Associate Professor of Medicine, Division of Cardiology, UVM

The Knee Exam (Limited to 20 people)
Timothy S. Lishnak, MD, Assistant Professor of Family Medicine, UVM; Medical Director, Milton Family Medicine, UVM Medical Center

4:45  ADJOURN

THURSDAY, JUNE 4, 2015 “Vermont Day”
Joint Session with Vermont AFP

7:00am  CONTINENTAL BREAKFAST / REGISTRATION

7:45  Introductory Remarks - Anya S. Koutras, MD, FAAFP, IBCLC

8:00  Depression in the Elderly
Jennifer M. Hall, DO, Assistant Professor of Psychiatry, UVM; Director of Outpatient Geriatric Psychiatry Services, UVM Medical Center

8:45  Journal Club: Top 10 Practice Changers in 2015
John G. King, MD, MPH, Professor and Vice Chair of Family Medicine, UVM

9:45  BREAK, EXHIBITS, AND POSTER SESSION

10:15  An Update on Asthma Treatment in Children
Thomas Lahiri, MD, Professor of Pediatrics, UVM; Director, Pediatric Pulmonology, University of Vermont Children’s Hospital

Course # 15-801-09
11:00  
An Update on HIV/AIDS  
Christopher J. Grace, MD, Professor of Medicine, Emeritus, Division of Infectious Disease, UVM; Unit Director of Infectious Disease, UVM Medical Center

11:45  
Family Medicine Department Awards and Vermont AAFP Welcoming Remarks  
– Carol L. Blackwood, MD, President, Vermont Chapter American Academy of Family Physicians and Thomas C. Peterson, MD, Professor and Chair of Family Medicine, UVM

12:00pm  
LUNCH (Provided) AND EXHIBITS

1:00  
Human Trafficking: What Family Physicians Need to Know  
Rachel B. DiSanto, MD, Clinical Assistant Professor of Family Medicine, UVM, Primary Care Physician, Family Practice of Newport

1:45  
The Skinny on Pediatric Obesity  
Kimberly A. Hageman, MD, Assistant Professor of Family Medicine, UVM and Robert A. Luebbers, MD, Associate Professor of Family Medicine, UVM

2:30  
BREAK, EXHIBITS, AND POSTER SESSION

3:00  
Patient Centered Cardiac Testing in the Age of Choosing Wisely  
Friederike K. Keating, MD, FACC, Associate Professor of Medicine, UVM; Program Director, Cardiovascular Fellowship; Director, Nuclear Cardiology and Stress Laboratory; Leader, Women’s Cardiac Care, UVM Medical Center

3:45  
Bariatric Surgery: Indications, Complications and Follow-up  
Patrick M. Forgione, MD, FACS, Associate Professor of Surgery, General/Bariatric and Metabolic Surgery, UVM; Director of Surgical Simulation, UVM Medical Center

4:30  
New and Old, Tried and True: Existing and Emerging Therapies for Atopic Dermatitis and Psoriasis  
Laura F. McGevna, MD, Assistant Professor of Medicine, Division of Dermatology, UVM

5:15  
ADJOURN

Friday, June 5, 2015

7:30am  
CONTINENTAL BREAKFAST

8:00  
An Update on Colon Cancer  
Richard S. Zubarik, MD, Associate Professor of Medicine, Division of Gastroenterology and Hepatology, UVM

8:45  
Evaluation of Hip Pain  
David K. Lisle, MD, CAQSM, Assistant Professor of Orthopaedics and Rehabilitation and Family Medicine, UVM

9:30  
Vaginitis  
Michelle J. Mertz, MD, ABIHM, Assistant Professor of Family Medicine, UVM

10:15  
BREAK

10:30  
Smoking Cessation  
Anya S. Koutras, MD, FAAPA, IBCLC, Associate Professor of Family Medicine, Director of Fourth Year Programs, UVM

11:15  
ADHD Across the Lifespan  
John G. Koutras, MD, Assistant Professor of Psychiatry and Pediatrics, UVM; Medical Director, Vermont Collaborative Care Integrated Health Management, Blue Cross Blue Shield of Vermont

12:00pm  
CONFERENCE ADJOURNS
NAME (As you would like it to appear on your nametag and certificate)

DEGREE:  ☐ MD  ☐ DO  ☐ ND  ☐ PA  ☐ NP  ☐ RN  ☐ Other  ________

  ______  ______  ______  ______  ______  ______  ______  ______
  Initials  Last four digits of your SSN #  (For CME tracking purposes only)

ADDRESS

  CITY  STATE  ZIP

PHONE  SPECIALTY

EMAIL

FLASH DRIVE/SYLLABUS/DROPBOX (CHOOSE ONE)

☐ Receive presentations via ☐ Flash Drive or ☐ Dropbox.
☐ Syllabus binder with printed handouts.
☐ Optional ($15): Receive a syllabus and presentations via
  ☐ Flash Drive or ☐ Dropbox.

WORKSHOP INTEREST

Please rank order your workshop preferences from 1 (most) to 4 (least desirable) in each session. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. Workshop assignments will be made in order of registration receipt.*

Session I (1:30 - 3:00)  Session II (3:15 - 4:45)

  ____  SBIRT Implementation  ____  Motivational Interviewing
  ____  Office Skin Procedures*  ____  Office Skin Procedures*
  ____  New Drug Update  ____  EKG Cases
  ____  Shoulder Exam*  ____  Knee Exam*

REGISTRATION FEE SUMMARY:

☐ $595 Registration Fee - MD, DO, ND (Postmarked by May 1)
☐ $395 Registration Fee - Residents*, Nurses, and Other Health Professionals (Postmarked by May 1)
  (*Verification by Program Director Required)
☐ Optional ($15): Receive both a syllabus and pdf presentations via Flash Drive or Dropbox.

☐ Add $75 if postmarked after May 1, 2015

$_____ TOTAL ENCLOSED

PAYMENT METHOD

☐ To register by credit card, please visit our website at: www.uvm.edu/medicine/cme.

☐ Check (payable to the University of Vermont) - Please mail your payment along with a completed registration form to:

  University of Vermont, CME
  128 Lakeside Avenue, Suite 100
  Burlington, Vermont  05401

  PHONE: 802-656-2292  FAX: 802-656-1925