



Your Employee Assistance Program is offering Onsite Counseling appointments at UVM!

Onsite counseling appointments are *free and confidential*.

To schedule an appointment *or* for Onsite Counseling details please visit:

www.investeap.org/uvmonsite

-or- Call Lynn Bursell, EAP Specialist at 802-651-1837

- ◇ Appointments are first come, first served.
- ◇ Onsite appointments will not replace the flexibility for you to meet with an EAP counselor off-site.
- ◇ Onsite is an additional offering made available in the Unity Lounge in the Davis Center.

You may call INVEST EAP 24/7 at 864-EAP0

Toll Free at 1-866-660-9533

Confidentiality Statement: INVEST EAP, is in compliance with state and federal privacy laws.

Who: EAP Onsite Counselor, Lynn Bursell, Ed.D., Ed.S. Lynn is a licensed mental health counselor with over 20 years of experience providing employee assistance and counseling services. She is trained in brief, solution focused counseling, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, career development, disability, and motivational interviewing and is American Sign Language proficient. Lynn can be your conduit to resources within and beyond EAP.

What: Free, confidential, 30 or 60 minute EAP appointments (you may book two consecutive sessions)

Where: 3rd Floor of the Davis Center Room 310. Exact location listed when scheduling appointment.

When: Appointments listed at www.investeap.org/uvmonsite

Why: Planning a difficult conversation, stress, grief/loss, legal and financial information and much, much more.

How: Go to www.investeap.org/uvmonsite to confidentially schedule an appointment with Dr. Lynn Bursell.



Invest EAP · Serving your organization, employees, and their families
www.investeap.org