Southeast VT 4-H Regional Day

Join us on **Saturday, March 18, 2017** at the Springfield High School
Springfield, Vermont

What is Southeast VT 4-H Regional Day? It is an annual Windham & Windsor County 4-H event that gives 4-H members opportunities to demonstrate their presentation skills and knowledge of subject matter. The focus is on celebrating everyone's accomplishments and showcasing 4-H members’ skills to the public. High scoring members go on to State 4-H Day on May 13, 2017 and possibly on to represent the Vermont 4-H Program at Eastern States Exposition in September.

**SCHEDULE FOR THE DAY**

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<td>8:30 am</td>
<td>Teen Assistants Report</td>
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<td>8:30 – 9:00</td>
<td>Registration and set-up for Action, Table Top, Technology and Cloverbud Exhibits</td>
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<td>Evaluator Orientation</td>
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<td>Opening Ceremony</td>
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<td>Evaluation of Table Tops</td>
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<td>9:15 – 10:45</td>
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<td>10:45 – 12:15</td>
<td>Action Exhibits, Demonstrations, Public Speaking, Evaluations; Technology, Photographs and Posters on display, Teen Activities</td>
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**Registration forms are due in the Rutland office no later than March 3, 2017**

*UVM Extension helps individuals and communities put research-based knowledge to work.*
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Use of the 4-H Emblem for Displays
The 4-H Name & Emblem is unique and a federally protected mark. This means that the U. S. Department of Agriculture is responsible for making sure that the clover does not get changed in any way, just as the Presidential Seal and the Olympic Rings never get changed. Below are the two versions of the 4-H Emblem that are the only ones approved for use. They are identical, except for the placement of the 18 USC 707 statements. Only the colors black/white or green/white are permitted.

If you would like to use these emblems for illustration materials in any of your Regional Day and State Day exhibits, they must appear exactly as they are shown here. These printed images are available at a link on the University of Vermont Extension web site at: www.uvm.edu/extension/4h Under Related Links, click “Regulations for using 4-H name and emblem”.

Hand-drawn versions of these 4-H clovers are no longer officially permitted. If you want to have a hand-drawn clover on any display, the way to do that is to draw four-leaf clover with the words 4-H below. The H’s cannot be hand-drawn on the clover leaves. A hand-drawn version of the 4-H emblem might look like this:
IMPORTANT REMINDERS

- **Photography – NEW Photo Based Design.** All other photos entries will be entered as Photography.
  - Entries must be a single photo. Photo series are no longer accepted as entries eligible for State Day.
  - **New Photo Based Design** takes an original photo and uses a minimum of two photo manipulation techniques to transform an image into something completely different. There should be a strong focal point and the design should tell a story or have a message.
  - Must have a Universal Entry Card attached to the back of every exhibit with the 4-H member’s Name, Age, Address, County, Title of Photo, Type of photo, and Developing Details.

- **Technology – New - Maker/Tinker** – The Maker/Tinker project allows you to meld science, technology, engineering, art, and math to solve a problem or create something new. It is a chance to put your scientist/inventor hot on and experiment, create, and play.

- **Illustrated Talk and Public Speaking** are intended to have only one presenter (not a team).

- **Public Speaking** does not have visuals.

  - **Live Animals** are not allowed on Springfield High School property and cannot be part of any exhibit, Prototypes of wood, cardboard, or paper; and photographs or stuffed toys can be substituted. Live animals will be permitted at the 2016 Vermont 4-H State Day.

- **Posters** should be 14” x 22” and not exceed ¼” in thickness. One poster from each county will be chosen as Best in Show to be sent to ESE for exhibit.

- **Shooting Sports Project Members** please note that no firearms, bows, arrows, or ammunition are allowed on the Springfield High School property where Regional Day will be held. Prototypes using wood, cardboard or paper are allowed.

Leaders:

Registration forms are to be mailed to the Rutland Extension Office, 271 North Main St., Suite 110
Rutland, VT 05701-2424 by March 3, 2017 or email mary.homan@uvm.edu
Entries for Photo, Poster and Technology are to be delivered to the Springfield Extension Office by March 3, 2017

Written and/or Oral Reflections

For each entry, you will be required to submit a brief written reflection.

**Reflections due no later than March 3**

Photography, Posters and Technology exhibits will require written reflections to be submitted with entry for prejudging. Submit written reflection with your entry.

**Reflections to bring with you on Regional Day**

All other exhibit reflections should be submitted at the registration table on the morning of Regional Day.

For Action, Stage, Demonstration or Public Speaking exhibits, please bring two copies of your written reflection, since you will also be asked to present your reflections orally.
ACTION EXHIBITS

An excellent action exhibit captures people’s attention and engages an audience in an educational presentation. A group of 4-H’ers (minimum of 4) take turns teaching one idea or subject with visual signs, charts or props to help get the audience to understand the subject or to become familiar with the activity being taught. Your table will be approximately 6’ long. Clubs should provide their own table coverings, extension cords, other needed equipment, and floor coverings for exhibits that may damage the floor surface.

Tips:
• Usually 4 - 6 members
• Plan actions in logical order with a person for each step
• Choose a short, catchy title - make simple posters that attract attention
• Exhibit should be uncluttered and easy to follow
• 4-H’ers should dress neatly, speak clearly, and be smiling and enthusiastic
• It helps to have matching nametags, aprons, etc.
• Everyone working in the exhibit needs to understand the entire process and be able to answer questions
• 4-H members should set up their exhibits with only minimum help from their leaders and parents

EXHIBIT EVALUATION/Criteria forms: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events

DEMONSTRATIONS & INDIVIDUAL ILLUSTRATED TALKS

The topic chosen should be interesting and communicated as if the audience knows nothing about the subject. Demonstrators are only provided with a table and must bring all other desired materials.

A demonstration should be informative and follow a logical sequence and show how to do something.  
Time suggestions: Juniors: 3-8 minutes, Seniors: 5-10 minutes

An illustrated talk captures the audience’s interest by informing, convincing or entertaining them on a given topic. Note cards and visual aids may be used.
Time suggestion: 2-5 minutes

Tips:
• You will show others how to do something that you know well and enjoy
• It should be a topic you can cover comfortably within the time limits
• Choose a catchy title and decide what visual aids to use – make a title poster and any others that help to explain your process
• Begin by introducing yourself; use the written reflection form to assist you
• Next introduce your topic – make people want to listen and learn
• The body of your talk will explain what, how, and why
• You will demonstrate the activity, using your props and clearly showing each step
• Keep your presentation area neat and well organized
• End your demonstration by summarizing the main points and show your finished product – this is a good time to have a chart/poster to list these main points
• Ask if there are any questions and know your demonstration thoroughly

EXHIBIT EVALUATION/Criteria forms: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events
**NEW -- PHOTOGRAPHY – Photography and Photo Based Design -- New **

**Photography Exhibits are pre-evaluated and are due at the Springfield Extension office no later than March 3, 2017**

An excellent photograph should have a strong center of interest and should tell a story. Photos must be the original work of a 4-H member and have been taken during the current year. Frames and/or glass are not permitted with your submission.

You may enter one (1) photograph per category:
Photography or Photo Based Design

Photographs are taken with either a digital, manual or point-and-shoot camera and be printed either at a chemical processing lab or on a digital printer.

Photo Based Design Photographs must be altered by a minimum of two photo manipulation techniques that transform the image into something uniquely different.

**Tips:**
- Photo exhibits may be submitted by all 4-H’ers whether they are enrolled in a 4-H photography project or not
- The exhibit must be a single photo, 5 x 7 or 8 x 10, in black and white or color, matted or mounted on heavy weight paper or cardboard
- No photos in glass or frames may be entered; Only matted photos will be accepted
- The same photo can only be submitted once
- Each photo exhibit must be accompanied by a Universal Entry Card or 3x5 card with the following information: Name, Age, Address, County, Type of Photo: Photography and Photo Based Design photography, and Developing Details (4-Her in a darkroom, 4-Her on a computer, or photo lab)

EXHIBIT EVALUATION/CRITERIA FORMS: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events

**EDUCATIONAL POSTERS**

**Posters are pre-evaluated and are due at the Springfield Extension office no later than March 3, 2017**

An excellent poster will capture people’s attention and clearly conveys a message. Use your imagination – there is no poster theme this year. Only Educational Posters are accepted this year. Posters clearly communicate some topic or issue.

**Tips:**
- Please be sure your poster is the correct size! Your poster must be 14” x 22” with no copyrighted designs. It should not exceed ¼” in thickness and be able to be hung with staples or thumbtacks. 14”x22” is standard poster board size.
• On the back of your poster, you must include the following information: 4-Her’s name, age, club and county on the Universal Entry Card.
• Your poster should be readable (check your spelling), simple (one drawing and as few words as possible) and well designed (use sketches to decide on a pleasing layout)
• Make your message brief and direct
• Try to think of a clever theme, title or slogan
• Experiment with selecting colors - contrast is important
• Plan your lettering and keep writing to a minimum

EXHIBIT EVALUATION/Criteria forms: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events

PUBLIC SPEAKING
An excellent public speech captures the audience’s interest by informing, convincing or entertaining them on a given topic. The topic chosen should be interesting and relevant to our time. All material must be original; researched and written by the 4-H member. Suggested time length for speeches is 2-5 minutes.

Tips:
• Pick a topic you’re interested in - enthusiasm is important (What do you want to tell the audience or what do you want to persuade the audience to think?).
• Every speech has three major sections:
  o Introduction - catches the audience’s interest and explains what the speech is about
  o Body- gives the supporting material
  o Conclusion -summarizes
• Visual aids are not allowed
• Wait until everyone in the room is quiet and then begin speaking clearly and distinctly, without going too fast
• Look at your audience and use natural expressions and hand gestures. Remember to make eye contact

EXHIBIT EVALUATION/Criteria forms: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events

STAGE PRESENTATIONS
Stage presentations will have two separate categories: Individual presentations and group presentations. An excellent stage presentation captures and maintains people’s attention. Active performances that can be seen and heard work well, as do unique, fun and original material. Written materials identifying your club or used to enhance the presentation are suggested, but optional. No points will be awarded for their use, but points may be deducted for misspelling or not being able to be seen from a distance. Each stage performance may not exceed 10 minutes. Participants must bring their own iPod, CD, iPhone Player with speakers.

Tips:
• Be creative!
• Your performance should catch and hold everyone's attention
• Examples include: dancing, singing, gymnastic routines, etc.

EXHIBIT EVALUATION/Criteria forms: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events
TABLE TOP EXHIBITS

**Tips:**
- Your tabletop exhibit may either display projects that 4-Hers have done during the year or show a particular project.
- Each exhibit should have one theme and tell a story to the viewer.
- Signs should be neat, brief, easy to read, and set up well.
- Title is very important - should be short, catchy and convey your theme quickly.
- Posters or backdrops should be freestanding.
- The goal is to teach, promote, or raise standards without people to explain it; 4-H members are asked to set up their Tabletop Exhibit and leave it unattended for the day.

**EXHIBIT EVALUATION/CRITERIA FORMS:** Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events

TECHNOLOGY EXHIBITS

**Technology entries are pre-evaluated at the Springfield office no later than March 3, 2016**

An excellent webpage, PowerPoint, computer game or video captures people’s attention. The topic chosen should be interesting and communicated as if the audience knows nothing about the subject. Time for video must be no more than 4 minutes and the length of a PowerPoint must be no more than 20 slides. Technology Exhibits will be evaluated in advance. Websites must be posted “live” on the web to be evaluated. All other Technology Exhibits even though pre-evaluated, must be on display. Be prepared to bring your own equipment, including power cords, etc. For equipment safety and security reasons, your exhibit must be staffed at all times by a person of your choice.

**EXHIBIT EVALUATION/CRITERIA FORMS:** Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events

CRAFTS, SCRAPBOOKS & PROJECT BOOKS

- The craft categories this year will be: Woodworking, Fiber/Fabric, Sculpture, Drawing & Painting, and Other.
- A total of 2 entries in all categories per 4-Her may be entered.
- Regional Day Craft, Scrapbook & Project Book Age Divisions:
  - Junior A: 8 to 11
  - Junior B: 12 & 13
  - Senior: 14 to 18
- No crafts, scrapbooks or project books are eligible to go on to State Day.
SEWING

Tips:
• Each project will be judged both on and off the 4-H model, so what you bring must be worn in some way.
• For the Fashion Revue, bring appropriate accessories and shoes to wear with your garment. Extra points are given for this.
• Bring two 5x8 cards with a short description of yourself and your project (Example: Jane Sawyer, a sophomore at LRHS and a fourth year member of the Willing Workers 4-H Club, enjoys field hockey and sewing. In 4-H Sewing projects, Jane has learned how to coordinate an outfit, done very nicely with her blouse and skirt in related print corduroy.)
• Staple swatches of your fabric to BOTH cards. Type or print cards neatly; if typing use 14pt. font, double spaced.
• Non-clothing and clothing sewing projects use different Evaluation Criteria.

Evaluation with the garment on the model includes:
1. The individual - appearance, posture, poise, fit
2. Selection of outfit - suitable design, fabric appropriate, trims, threads and buttons enhancing appearance, accessories appropriate, creativity
3. Neatness - clean, pressed

Evaluation with garment construction off the model includes:
1) Grain lines – cut on grain, stripes or plaids match
2) Pile or directional design
3) Machine stitching – appropriate and inconspicuous
4) Seams – even width, properly finished; pressed
5) Darts – smooth, evenly placed and stitched
6) Pleats – smooth, evenly placed and stitched
7) Gathers – smooth, evenly placed and stitched
8) Tucks – smooth evenly placed and stitched
9) Facings – fit smoothly, trimmed and clipped, under stitched and inconspicuous
10) Collars or neckline finish – neatly applied centered, under collar does not show
11) Pockets – neat curves, position appropriate, top-stitching neat and even
12) Waistline treatment – darts matched, interfaced (if needed) even width
13) Sleeves- (smooth) caps with puckers, reinforcement stitching; (gathered or pleated) even
14) Cuffs – smooth, suitable to garment, even stitching
15) Plackets – smooth, suitable to garment, even stitching
16) Closures – zippers, smooth, no gaps, straight stitching; snaps, hooks, Velcro, neatly and evenly applied
17) Buttons – straight, proper length, buttons appropriately sewed on
18) Buttonholes – straight, proper length
19) Lining – appropriate fabric; correctly applied
20) Interfacing and interlining – correctly applied
21) Hem(s) – appropriate to style and fabric
22) Belt and belt loops – even and appropriate width
23) Hand stitching – secure, neat and even, knots concealed, suitable

Off the model, all garment construction is evaluated. You will have the opportunity to talk to judges with your garment on and practice modeling. You will then take garment off and leave it for final judging. You will also model your garment for the audience.
4-H STATE DAY FASHION REVUE PARTICIPANT RULES

JUNIOR PARTICIPANT REQUIREMENTS
• 9 or 10 years old by January 1 of the current year, and completed two years or more in 4-H sewing project.
• Must use commercial pattern(s), with alterations allowed.
• Must be evaluated excellent at county or regional level.
• Can attend with a single garment, such as a skirt or blouse.
• Not eligible for Eastern States.
• Garment constructed in current year.

ADVANCED JUNIOR (11-13) and SENIOR (14 and up) PARTICIPANT REQUIREMENTS (for State Day and ESE)
• Age 11 or more by January 1 of the current year.
• Must be at least in 2nd year of 4-H sewing project. (Exception: Seniors, 14 and up, may qualify in their first year of sewing, if they complete an advanced garment.)
• Must be evaluated excellent at a county or regional level.
• Garment constructed in current year.
• Complete outfits will be eligible for Eastern States (a complete outfit covers the body; such as a dress, skirt and blouse, shirt and pants, suit, slacks and top, full-length coat, pajamas or nightgown). A single garment may be considered if it incorporates advanced techniques; such as tailoring, extensive alterations, or an original design.
• Junior and senior participants selected for the 4-H State Day Fashion Revue must participate in the fashion revue rehearsal as scheduled. To be eligible for Eastern States, attendance at current year’s 4-H State Day is required, unless excused with permission from the State 4-H Clothing Committee.

EXHIBIT EVALUATION/Criteria FORMS: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events
RULES & GUIDELINES

REGISTRATION AND ENTRY DUE DATES:
All registration forms are due to the Rutland Extension Office no later than March 3, 2017

- Photography and Poster exhibits are pre-evaluated. They are due at the Springfield Extension office no later than March 3, 2017 with the written reflection.
- Technology exhibits are pre-evaluated. All technology entries must be brought to or sent electronically to the Springfield office no later than March 3, 2017 with your registration form. Electronic submissions can be sent to lisa.muzzey@uvm.edu

EXHIBIT EVALUATION/Criteria FORMS: Available from your club leaders, your local UVM Extension office or online at the University of Vermont Extension website: http://www.uvm.edu/extension/youth/?Page=events.html&SM=sm-news.html

CLOVERBUDS:
Cloverbuds are defined as 4-H members ages 5–7 years of age as of January 1st of the current year. Cloverbuds may participate in the 4-H Regional Day, but will not be evaluated. All Cloverbuds will receive a green participation ribbon. Cloverbuds may not participate in State Day but are welcome to attend as spectators.

Teen Assistants: Each club with teen members is asked to enlist two (2) teens to assist with various tasks such as registration, setting up and cleaning up, helping first-time clubs, and assisting visitors, volunteers and members throughout the day, etc.
Teen assistants should report to the Regional Day registration desk on March 18, 2017

Odds & Ends:

- **Live animals** are not allowed on Springfield High School property and cannot be part of any exhibit. Prototypes of wood, cardboard, or paper; and photographs or stuffed toys can be substituted. Live animals will be permitted at 2017 Vermont 4-H State Day.
- If you wish to have stage practice time, there will have be a sign up sheet available at the registration table on the morning of the event.
- Quilts may be displayed at the 4-H Regional Day and at State Day however they will not be evaluated. It is necessary to inform your 4-H Educator if you plan to display a quilt so that sufficient space is reserved.

State Day Quotas:

- The top 6 Action Exhibits can go to State Day
- The top 6 Table Top Exhibits can go to State Day
- All Blue Ribbon Public Speaking Presentations can go to State Day
- All Blue Ribbon Demonstrations can go to State Day
- The top 5 plus 1 alternate Stage Presentations can go to State Day
- All Blue Ribbon winning Poster Exhibits can go to State Day. One will be chosen to go to ESE.
- One Blue Ribbon winning Photo Exhibit per member per category can go to State Day
- All Blue Ribbon Sewing Exhibits meeting Fashion Revue Participant Rules on pg. 9 can go to State Day
- The top 3 Technology Exhibits can go to State Day

Eastern States Exposition – only the following are eligible to go from State Day to ESE:

- Action Exhibits
- Stage Presentations
- Photography Exhibits
- Sewing Exhibits meeting Fashion Revue Participant Rules on pg. 9
DRESS CODE & PROGRAM CONTENT/EXPECTATIONS FOR UNIVERSITY OF VERMONT 4-H EVENTS (rev. 2011)

In 4-H, in everything we do, we are role models for youth of all ages. How 4-H'ers present themselves to the public is very important. Therefore, we have high expectations that both 4-H members and leaders will abide by the dress code and program content/presentation criteria outlined below. It is an honor and a privilege to represent Vermont 4-H at events. It is the responsibility of adult 4-H leaders to advise 4-H participants on dress and program content expectations, and to guide them in making appropriate choices.

DRESS CODE:
1. All clothing should be neat and clean.
2. Printing on shirts or jackets should promote a positive 4-H image.
3. If wearing shorts/skirts, they must reach at least mid-thigh.
4. The entire torso must be covered.
5. Undergarments should not be visible.

*Fashion Revue participants: If the garment being modeled was made by the model, it does not have to strictly comply with items 3 & 4. However, any garments being modeled which were not made by the model must comply with items 3 & 4.

PROGRAM CONTENT & EXPECTATION:
Lyrics, costumes, signs, dialogue and other program content should support the positive ideals of the 4-H program. 4-H prides itself on helping young people develop skills for success in life; for example.....conflict resolution, solving problems by peaceful methods, modeling respect for all groups of people, and appreciating differences.

With this in mind, all activities at University of Vermont 4-H events:
1. Will discourage the use/display of any items or activities which promote violence. Firearms, archery supplies and other related equipment are permissible when used in an educational context by trained Shooting Sports enthusiasts in a forum which promotes safety.
2. Will not promote violence.
3. Will not include sexually explicit material or foul language.
4. Will not be degrading to any population.

Please know that poor choices that violate one or all of the criteria may result in losing a space at State Day or the opportunity to represent Vermont at the Big E and other events.

(Originally prepared by the Vermont 4-H State Day Subcommittee of the Vermont 4-H Cabinet; edited and approved by the Vermont 4-H Team of faculty and staff. Finalized 9/13/99. Revised 11/05, revised 3/11, revised 6/11).
Sometimes a great-sounding song is not ok for 4-H use because of what the words (lyrics) say or imply. Read your lyrics carefully before you start to practice for a 4-H presentation and use the lyrics checklist (questions below) to see if you should pick another song. If the answer to any question below is "yes" you should pick another song. Suggestion: have at least two adults review the lyrics too using the checklist to make sure you haven't missed anything.

Is any part of the song about hurting someone?
Are swear words used in the song?

Is any part of the song about risky (unsafe) behavior?

If the answer is yes to any question pick another song!

Does any part of the song make fun of people?

Is any part of the song about drugs or alcohol?

Is any part of the song about how someone's body looks?

From the DRESS CODE & PROGRAM CONTENT/EXPECTATIONS FOR UNIVERSITY OF VERMONT 4-H EVENTS:

Program Content/presentation- Lyrics, costumes, signs, dialogue and other program content should support the positive ideals of the 4-H program. 4-H prides itself on helping young people develop skills for success in life; for example...conflict resolution, solving problems by peaceful methods, modeling respect for all groups of people, and appreciating differences. With this in mind, all activities at University of Vermont 4-H events.....

1. Will discourage the use/display of any items or activities which promote violence. Firearms, archery supplies and other related equipment are permissible when used in an educational context by trained Shooting Sports enthusiasts in a forum which promotes safety.

2. Will not promote violence;

3. Will not include sexually explicit material or foul language;

4. And will not be degrading to any population.
Questions? Please contact:

Windham and Windsor County Educator

Lisa Muzzey
Lisa.Muzzey@uvm.edu
(802) 885-8386 or toll-free in VT (800) 278-5471

DROP OFF TIMES FOR POSTERS, PHOTOGRAPHY AND TECH EXHIBITS:
In the Springfield office there will be a collection box in the Main Lobby office M-Fri 7:30am – 4:30pm
Lisa’s Office – Monday – Thursday 8:00am-2:00pm

To request a disability-related accommodation to participate in this program, please contact Mary Homan in the Rutland Office at 802-773-3349 ext. 270 or 800-281-6977 by March 3, 2017 so we may assist you.

Mary’s Office Hours: Monday – Wednesday 8:00 am – 4:30pm

UVM Extension helps individuals and communities put research-based knowledge to work.

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UNIVERSAL ENTRY CARDS

Please contact your choice of Extension Office if you need more copies:
Mary in Rutland: (800) 281-6977; Lisa in Springfield: (800) 278-5471

SOUTHEAST VT 4-H REGIONAL DAY 2017

NAME: _____________________________________
AGE (as of 1/1/17): ___________________________
ADDRESS: __________________________________
___________________________________________
___________________________________________
COUNTY:    ☐ Windham     ☐ Windsor
EXHIBIT TITLE: __________________________________
___________________________________________
_________________________________________________________________________
☐ Educational Poster

Photography (check Type and Developing Details)
Type:    ☐ Traditional
☐ Photo Based Design

Developing Details: __________________________________
________________________________________________________________________

SOUTHEAST VT 4-H REGIONAL DAY 2016

NAME: _____________________________________
AGE (as of 1/1/17): ___________________________
ADDRESS: __________________________________
___________________________________________
___________________________________________
COUNTY:    ☐ Windham     ☐ Windsor
EXHIBIT TITLE: __________________________________
___________________________________________
_________________________________________________________________________
☐ Educational Poster

Photography (check Type and Developing Details)
Type:    ☐ Traditional
☐ Photo Based Design

Developing Details: __________________________________
________________________________________________________________________

SOUTHEAST VT 4-H REGIONAL DAY 2017

NAME: _____________________________________
AGE (as of 1/1/17): ___________________________
ADDRESS: __________________________________
___________________________________________
___________________________________________
COUNTY:    ☐ Windham     ☐ Windsor
EXHIBIT TITLE: __________________________________
___________________________________________
_________________________________________________________________________
☐ Educational Poster

Photography (check Type and Developing Details)
Type:    ☐ Traditional
☐ Darkroom
☐ Photo Based Design

Developing Details: __________________________________
________________________________________________________________________

SOUTHEAST VT 4-H REGIONAL DAY 2017

NAME: _____________________________________
AGE (as of 1/1/17): ___________________________
ADDRESS: __________________________________
___________________________________________
___________________________________________
COUNTY:    ☐ Windham     ☐ Windsor
EXHIBIT TITLE: __________________________________
___________________________________________
_________________________________________________________________________
☐ Educational Poster

Photography (check Type and Developing Details)
Type:    ☐ Traditional
☐ Photo Based Design

Developing Details: __________________________________
________________________________________________________________________
Written Reflection for 4-H Exhibits and Presentations

Name: ___________________________ Age (as of January 1 of this year) __________
Club: ____________________________ County ____________________________
Exhibit Title: ____________________________

Exhibit Type (check one):

☐ Tabletop
☐ Action Exhibit *
☐ Individual Stage Performance *
☐ Group Stage Performance *
☐ Illustrated Talk *
☐ Team Demonstration *
☐ Individual Demonstration *
☐ Public Speech *
☐ Photography
☐ Photo Based Design
☐ Maker/Tinker
☐ Poster
☐ Computer/Video Technology *

➤ Answer/complete each of the following (use the back if you need more room).

1. What was your goal/what were your goals in preparing this presentation? (Finish the started sentences.)

I/we wanted to learn about (be specific) __________________________________________

I/we wanted to improve or learn the following skill(s) __________________________________

2. What steps did you take to meet your goal or goals? (Answer in a few sentences. Examples of words you might use: researched, collected information, made an outline, created a draft, collected/selected materials, practiced, got feedback, revised, etc.)

_________________________________________________________________________

_________________________________________________________________________

3. What did you learn? (Finish the started sentences.)

I/we learned the following life skills: ____________________________________________

I/we learned the following about my topic: _______________________________________

4. What do you think you would do differently next time?

_________________________________________________________________________

_________________________________________________________________________

*The information on this page for these exhibits must be presented orally during the actual presentation.

Revised 1.20.2016