4-H Clubs

WHAT IS A 4-H CLUB?
4-H clubs are open to all youth, ages 8-19, with a special cloverbud program geared towards youth ages 5-7. Clubs are made up of at least four to five unrelated youth who meet throughout the year to learn about a project, take part in community service activities, have fun, and conduct business, too! Many opportunities are available to 4-H members at a local, county, regional, state, and even national level. Competitions, leadership conferences, overnight camping, and other events contribute to the overall 4-H experience and allow 4-H members to meet other 4-H youth throughout the state of Vermont and beyond. All of this is possible with the help of adult volunteer leaders who assist youth in guiding their club experiences.

4-H clubs stand apart from other 4-H offerings primarily because of the sense of belonging a member feels to a club. Relationships formed are strong, often lasting a lifetime!

What happens in 4-H clubs?
Youth that participate in 4-H clubs develop into responsible, self-directed, productive citizens of the world through the use of research based "learn-by-doing" educational activities and experiences. 4-H has such a wide variety of programs and activities available that every youth can do well. There are options from sewing to woodworking, from environmental studies to entomology to encourage youth to explore, experiment and think independently. Youth learn leadership, citizenship, and life skills through more than 1,000 available projects. In addition to established programs, the option of doing an individual project and creating one's own 'curriculum' is also possible. Fairs and festivals offer youth an opportunity to demonstrate their skills and earn recognition for their best work, all a part of the 4-H experience!

4-H clubs help diverse young people discover and develop their potential and grow into competent, contributing, and caring citizens. Learn by doing activities, youth-adult partnerships, and research-based educational programs help young people enhance their leadership abilities and develop a wide range of other life skills. Vermont 4-H’s connection to the University of Vermont sets it apart from other youth-serving organizations. Access to the University of Vermont’s resources gives young people an opportunity to make connections for college and beyond.

WHERE ARE 4-H CLUBS?
4-H clubs exist in every county in Vermont. Each club varies in its project focus, age range, and meeting frequency. To learn about 4-H opportunities in your community, or to start a club, please call 1-800-571-0668.