

EXTENSION

4-H & YOUTH



4-H LEAD

Leaders Emerging & Developing



4-H is all about developing leadership skills in young people and giving opportunities to use these skills in meaningful ways. 4-H LEAD is a series of different programs to learn and practice leadership skills throughout the year. 4-H LEAD programs include:

4-H LEAD @ NLRI (June 29, 2017) -- Open to 4-H Cloverbuds & Members

This program will take place at the Northern Lights Rock and Ice facility in Essex for all 4-H Cloverbuds and members. We want all 4-H'ers to have an opportunity to begin building leadership skills—even our youngest members! Using high and low elements participants will learn how to challenge themselves to take healthy risks in a safe environment; practice working with others to achieve a common goal; develop skills for creative problem solving; and practice clear and effective communication.

Leader Ship (July 18, 20, 25 and 27, 2017) -- Open to all youth ages 11-18 (as of Jan. 1, 2017)

Leader Ship is designed to build leadership skills through learning how to sail. This program takes place at the Community Sailing Center in Burlington. The overall focus is the program is to help youth set goals, work as a team, improve communication skills, and offer healthy challenges to help define their voice and image. Participants will meet for a total of 4 sessions, each lasting 3 hours. Limit 14 participants.

4-H LEAD Day Camp (July 29, 2017) -- Open to all youth ages 11-18 (as of Jan. 1, 2017)

This day-long program will help participants learn and practice key skills that will guide their development as leaders. Camp will include a combination of teambuilding activities and an adventure activity (e.g., Ropes course or climbing tower). Concepts and activities introduced during day camp will help prepare campers to fully engage in the 4-H LEAD Weekend Camp (for those that want to do both). This program will be held at the Aloha Foundation Middlebrook Campus in Fairlee, Vt. Limit 30 participants.

Leadership Washington Focus (July 17-21, 2017) -- Open to 4-H members entering grades 7-9

LWF is the only national leadership development experience designed exclusively for 4-Hers. The program takes place at the National 4-H Youth Conference Center in Chevy Chase, Maryland, just 1 mile from the Washington, D.C. border. (LWF is offered every other year; we alternate going to LWF and CWF.)

Citizenship Washington Focus (July) -- Open to 4-H members ages 14-18

CWF is the preeminent citizenship and leadership experience for 4-H members. The program takes place at the National 4-H Youth Conference Center. (CWF is offered every other year; we alternate going to LWF and CWF.)

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4-H LEAD Weekend Camp (September 9-10, 2017) -- Open to all youth ages 11-18 (as of Jan. 1, 2017)

At this weekend camp participants will learn key principles that inspire and empower them to assume leadership roles in their 4-H clubs and in their lives, and to use these leadership skills to help others in their community. Participants will learn to utilize their own strengths; work effectively as a team members; focus on the issues that matter to them; and use their time, treasure and talent to serve others. Over the two days participants will have leadership workshops, teambuilding activities and InspiringKids project sessions. This program will take place at the Aloha Camp in Fairlee, Vt.

Teen Leadership Weekend (November 17-19, 2017) -- Open to 4-H members ages 13-18 (as of Jan. 1, 2018)

This is an exciting, activity-filled weekend in which participants learn valuable leadership skills, engage in fun team-building games, make new friends, and deepen their bond to 4-H. This weekend, which takes place at the Lake Morey Resort in Fairlee, Vt. is considered one of the highlights of the 4-H year to those who have attended in the past.

TRY for the Environment (December-August) -- Open to youth in grades 7-12

This program is a teen-led environmental education program designed to teach environmental literacy and responsibility to younger youth. TRY for the Environment includes four program areas: Renewable Energy, Climate Change through Waste Solutions, Food Systems, and Forests and Trees. Teens who apply and are accepted are trained to teach lessons in one of the program areas.

TRY 4-H! (year-long) -- Open to 4-H members ages 13-18 (as of Jan. 1, 2018)

TRY stands for **T**eens **R**eaching **Y**outh, and the TRY program model is an excellent way to engage 4-H teens in their communities through volunteerism and service, to develop leadership and life skills, and to help reach new youth that currently are not involved with 4-H. It is a teen-led program specifically designed to help grow Vermont 4-H. Teens who apply and are accepted to the TRY 4-H! program will become Teen Ambassadors.

Leadership Project (year-long) -- Open to all youth in grades 7-12

Teens who are looking to take a deeper dive into leadership development can take this leadership project. Meetings will be held once a month online via Zoom video conferencing and assignments/activities will need to be completed independently between meetings. Limit 20 participants.

Registration materials will be posted soon!

www.uvm.edu/extension/youth

For more information, contact Lauren Traister, 4-H Teen and Leadership Program Coordinator,
Lauren.Traister@uvm.edu, 802-888-4972 or 1-866-260-5603 ext. 402.



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