4-H Growing Connections
Planned Observations Spread Sheet

Directions: *After each lesson, place a "✓" in the column under the activities which the student participated in.*
*After each lesson, place a **"Y or N"** in the column under the activities which the student participated in to indicate whether or not they successfully demonstrated the skill.*
*Leave the column "**blank**" if the student was absent when the activity/skill was practiced or if it is not relevant to the kinds of activities taught during the program.*

Please do not write in this column: for UVM Extension data collection use only		TITLE OF ACTIVITY					GARDENING	GARDENING	GARDENING	FOOD SAFETY	FOOD SAFETY	FOOD PRESERVATION	NUTRITION	NUTRITION	FOOD SECURITY
		DESCRIPTION OF SKILL					Grew vegetables in a container garden.	Grew vegetables in a group garden.	Demonstrated the correct depth to plant seeds and/or transplant seedlings.	Demonstrated proper hand washing for reducing the risk of food borne illness.	Kept surfaces clean when preparing, cooking, or serving food.	Demonstrated an increased skill in proper techniques for food preservation using a canning, drying, or freezing method.	Set and monitored goals to eat 5 servings of fruits and vegetables a day.	Prepared at least one dish with fresh produce.	Donated garden produce and/or canned goods to a local food shelf, an emergency food site, or a neighbor in need of food.
	NAME OF STUDENT	Age	M/F	Total # of sessions attended	Pre-test Complete	Post-test Complete	Student Participated	Student Participated	Successfully Demonstrated	Successfully Demonstrated	Successfully Demonstrated	Successfully Demonstrated	Successfully Demonstrated	Student Participated	Student Participated
	Sample	***8***	***F***	𝍸 I	✓	✓	✓	✓	***Y / N***	***Y / N***	***Y / N***	***Y / N***	***Y / N***	✓	✓

Please return completed forms by September 15, 2004 to:
UVM Extension, 617 Comstock Rd; Suite 5, Berlin, VT 05602. (802) 223-238 9 x25