



May 29, 30 and 31, 2009

*Hands-on basic outdoor skills and experiences  
for the entire family*

Stillwater State Park  
Groton State Forest

Lisa Muzzey, University of Vermont Extension  
Ed O'Leary and Susan Bulmer, Vermont Forests, Parks & Recreation  
Mark Scott and Ann Shangraw, Vermont Fish & Wildlife



(802) 257-7967 or (800) 278-5480 within Vermont

## Welcome to the 2009 Becoming an Outdoor Family Weekend!

Come join us on May 29, 30 and 31, 2009 for our 12<sup>th</sup> year offering outdoor educational experiences for the whole family. This program is a joint effort by the University of Vermont Extension and the Vermont Agency of Natural Resources' Departments of Fish & Wildlife, and Forests, Parks & Recreation to promote, address and instill in the general public a basic understanding of environmental conservation, safety and fun in the out of doors. Expert instructors begin each class with the basics, providing hands-on experience and encouraging participants to ask questions. The variety of classes includes wildlife, forestry, orienteering skills, hiking, wildlife photography, fitness, camping, kayaking, canoeing, firearm safety, fishing, and much, much more.



This program is also part of the No Child Left Inside Initiative  
~ It's a promise, and a pledge...to help today's children re-  
connect with the great outdoors, while building the next  
generation of environmentally conscious citizens.

Thank you for bringing your family outside!

We hope you can join us. If you have questions, please call Lisa Muzzey or  
Gail Makuch at 802-257-7967 or 800-278-5480 (within VT).

## GENERAL INFORMATION

**REGISTRATION**, including **campsite assignment**, is on a first-come, first-served basis. Spaces fill quickly, so don't delay submitting your materials. Everything you need to register can be found in this brochure or online at:

[www.uvm.edu/extension](http://www.uvm.edu/extension) - follow the Becoming an Outdoor Family link

Participants **12 and older** may participate in classes without an accompanying adult, unless otherwise indicated in the class description. **Children 11 and under MUST be accompanied by an adult throughout the entire weekend.**

**COST** is \$165.00 per family. The fee covers your campsite for the weekend, instruction, class materials and equipment, and all costs associated with organizing and putting this program together. **A confirmation package will be sent to you after April 1<sup>st</sup>.** Your confirmation package will contain the class registrations for your entire family, your campsite assignment, and any last minute changes that may have occurred. Please read the contents of your confirmation package as soon as it arrives.

**CANCELLATION/REFUND:** If you must cancel on or before May 1, you will receive a full refund less an administrative fee of \$25.00. Any cancellation after May 1 receives no refund, although you may substitute another family in your place. The substituting family will replace your family in the classes you signed up for, although some changes may be possible depending on class space availability. You must provide us with the substitute family information at the time of your cancellation.

**DOGS** are NOT permitted in ANY classes, or at ANY BOF program activity areas. Please leave your dogs at home (except assisted living dogs) in order for all family members to fully participate in the workshops. Vermont State Parks allow dogs in the campground, with current proof of license and rabies vaccination, if attended and leashed at all times. Be prepared to provide such proof at Registration.

**EQUIPMENT:** Equipment will be provided for all classes unless otherwise noted in the Special Information section below or in the class description. Optional equipment suggestions are given below in WHAT TO BRING.

**WHAT TO BRING:** Pack warm and cool clothes, a sun hat, rain gear, hiking boots or walking/tennis shoes, a water bottle, hat, sunscreen, insect repellent, and waders or sneakers that can get wet. Most classes are outside, rain or shine, so come prepared for each class with items to make you the most comfortable. **Bring your own camping gear and food supplies sufficient for 3 days.**

We encourage you to bring bicycles and to limit driving within and around the Park. Field glasses and/or binoculars, swim wear, cameras, film and batteries, fishing gear, and canoes or kayaks are optional for leisure time. Note the Special Information section after the Daily Schedule for additional requirements, and **please** read the class descriptions thoroughly, some classes require you to bring equipment.

**ABOUT THE PARK AND CAMPSITES:** Stillwater State Park is a developed campground with flush toilets and hot showers available. You will need quarters for the showers. A pay phone which ONLY uses phone cards is available at the contact station; cell phone service is very spotty throughout Groton State Forest. Each campsite has a fire ring and picnic table, but no water, sewer, or electrical hookups for RVs. There is a dump station near the park entrance. Although a few lean-to sites are available, **always** assume you will be given a tent site and plan accordingly. RV campers: please be sure to indicate the length of your RV on your registration so we can best match your campsite to your RV size. We do the best we can in advance, but please understand that some adjustments may be necessary at registration to better meet your family's needs.

**EXTENDED FAMILY:** We will assign one family of up to eight people per campsite. If you have extended family attending, please request adjoining campsites on your registration form. Extended family must register and pay separately. Again, we will do the best we can to accommodate your request, but we make no guarantees that your campsite requests will be met. Sites are assigned on a first-come, first-served basis, as are all class assignments.

## 2009 DAILY SCHEDULE

### Friday, May 29

3:00 pm - 8:00 pm Check-in and Campsite Registration under the Tent. Every family, including instructors, are required to check in!  
6:00 pm Dinner on your own  
7:30 pm Meet and greet. Ice cream will be served.  
Come meet the instructors ~ a chance to get your last minute questions answered.

### Saturday, May 30

7:00 am - 8:30 am Late check-in, Breakfast on your own  
8:30 am - 11:00 am Class Session I  
11:00 am - 1:00 pm Lunch/Leisure Time on your own  
1:00 pm - 3:30 pm Class Session II  
3:30 pm - 6:00 pm Leisure Time  
6:00 pm Wild Game Bar-B-Que/Pot Luck followed by Campfire on the beach  
Leisure time ~ listen to the loons, enjoy meeting new friends

### Sunday, May 31

Possibly Pancake Breakfast  
9:00 am - 11:30 am Class Session III  
11:30 am - 12:30 pm Camp Clean Up/Check out  
12:30 pm - 4:00 pm Enjoy the park ~ Drive home safely!



Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture, University of Vermont Extension, Burlington, Vermont. University of Vermont Extension, and U.S. Department of Agriculture, cooperating, offer education and employment to everyone without regard to race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or familial status.

## SPECIAL INFORMATION

All classes have number limitations. Please register early.  
Registration is on a first-come, first-served basis.

**New Workshops!** We do read those evaluations and have added some workshops this year. Be sure to read workshop descriptions carefully to be sure that you have met any prerequisites or requirements before registering for these classes.

**All Live Fire Shooting Sports:** Participants are required to have a current Hunting License or Hunter Education Certificate card. If you do not have current documentation, or you have not taken the Basic Firearm Safety class in the past 2 years, you **MUST** take class (1A) prior to participation in ANY of the live fire shooting sessions. Eye and ear protection will be provided or bring your own if you have it. They must be worn at all times at all live fire ranges.

**Hunter Education Certification:** Earn your Hunter Education Certification before the weekend through the home-study program offered by the Vermont Fish & Wildlife Department. See class 2HEC description.

**Mountain Biking:** Bring your own mountain bike and helmet.

**Photography Classes:** Bring your own camera and film or digital camera.

**Dutch Oven Cooking Classes:** Bring a heavy apron (no synthetic material), and a wooden handled finishing hammer. Also bring your plates, silverware, and beverage. This class is not available for children under 12 to attend or participate in - hot cooking fires and sharp knives are used in this class.

**Fishing Licenses:** Anyone 15 years of age or older attending most fishing classes or planning to fish during leisure time must hold a current Vermont Fishing License. You will not need a fishing license for the Let's Go Fishing classes. We encourage you to purchase your license in advance, or you may purchase one at the Stillwater Contact Station. Trout, bass, perch and sunfish are plentiful in the Park, so bring a fishing rod, tackle and/or bait.

**Accommodations:** If you require accommodations to participate in this program, please let our office (802) 257-7967 know by April 15 so we may assist you.

**NEW - Check out StoryWalk!** While walking on a designated path enjoy a children's story book. StoryWalk helps build children's interest in reading while encouraging healthy outdoor activity for both adults and children. Don't forget to sign the guest book at the end of the story.



## CLASS DESCRIPTIONS

### SESSION I - SATURDAY, May 30 8:30 a.m. to 11:00 a.m.

**1A - Basic Firearm Safety:** Become familiar with the most common types of firearms; loading, unloading and safe handling procedures in real settings. BB guns and a laser shot interactive shooting simulator will be used to develop basic shooting skills. Required class for all first time firearms participants. **Instructors:** VT Fish & Wildlife Department

**1B - Advanced Shotgun:** Basic Firearm Safety (1A) or Hunter Education Certification is required. For experienced wing shooters *13 years and older* before January 1, 2008. **Instructors:** 🌿 4-H Shooting Sports Instructors

**1C - .22 Caliber Pistol:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Review pistol safety and advance to use a .22 caliber pistol. Paper targets and animal silhouettes will be used. *Must be at least 14 years old and have parental permission.* **Instructor:** 🌿 4-H Shooting Sports Instructors

**1D - Muzzleloading Shotgun:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Challenge your skills with muzzleloader shotguns. You will load and fire modern muzzleloader shotguns at moving targets! **Instructor:** 🌿 4-H Shooting Sports Instructors

**1E - Intro to Archery:** Using lightweight recurve bows on the range, participants will learn proper form, technique and safety. **Instructors:** 🌿 4-H Shooting Sports Instructors

**1F - Let's Go Fishing:** Learn the basic skills of fishing and how to have fun and be successful. You may bring your own gear if you wish. Gear will also be provided to those without. No fishing license is required for this class. **Instructor:** VT Fish & Wildlife Department

**1G - Groton Lake Canoe Adventure:** *Prerequisite: Previous canoe experience or completion of Basic Canoe Workshop.* Learn about the lake's eco system and unique features during this 2 ½ hour tour of Lake Groton. Participants should have basic canoeing skills and be comfortable paddling long distances in a canoe. **Instructor:** Jonathan Wood, Secretary of Vermont Agency of Natural Resources and Rochelle Skinner, VT Forests, Parks & Recreation

**1H - Building Rustic Furniture (part 1):** This will be a two session workshop this year. *Bring work gloves, a bow saw, loppers, pruning shears, a tape measure, hammer and utility knife for your family group.* This is unbelievably easy and quick. You only need a few simple tools and material from a willow or poplar tree. We'll construct a

simple project from which you will learn basic skills. *Must be 15 years of age or older.* **Instructor: Don Tebbetts, 🌿 4-H Shooting Sports Volunteer Coordinator**

**1I - Technical Mountain Biking:** *Must bring your own mountain bike and helmet.* Learn advanced riding techniques. How to handle your mountain bike in technical sections, crossing obstacles, riding narrow rock strewn paths, and climbing and descending steep trail sections. **Instructor: Steve Cota, Green Mountain Bike Patrol**

**1J - Nature Photography:** *Must bring your own camera and film or digital camera - and your camera instruction book if you have it.* Use your digital or film camera to capture nature and wildlife. Learn composition, lighting, framing and other ways to improve your photographs. Wear sturdy shoes. **Instructor: Jane Richmond**

**1K - Nature Adventures for the Young: Especially for youngsters ages 3 to 6.** A sampling of nature games, crafts and stories for kids 3 to 6 and their parents. Includes a light snack. *Please bring a cup for a drink.* **Instructor: Helen Banevicius**

**1L - Hiking:** After a review of preparations for a fun hike, including safety, environmental concerns, what to take, etc., the group will hike 2.8 miles round-trip to Owls Head to view the White and Green Mountains. **Instructor: Allen Jacobs**

**1M (new) -Basketry:** Weave your own gathering basket to use when out for walks or in your garden. Materials provided. **Instructor: Martha Edwards Manning, 🌿 UVM 4-H Educator**

**1N (new) - Sniff, See and Stroke- (45 minutes)** Get down with insects in this workshop, where participants and their caregiver will learn about the insects that blanket our forest floors. Use your nose, as insects do, to communicate with each other - you might be surprised at what you discover! **Instructor: Sarah Kleinman, 🌿 UVM State 4-H Program Coordinator**

**1O - Nature Writing Workshop:** Bring your imagination and creativity to this workshop. Writers will learn how to interpret their natural environment and turn their feelings and observations into haiku, nonfiction, and other creative pieces. Bring good footwear for the exploring section, and we'll supply the pencils and paper for the creative section. All ages welcome, but you need to be able to write, listen, and share. **Instructor: Shawn Kerivan, Vermont Author.**

**1P - (New) Advanced Game Care: Getting the most out of your harvested wild game birds and mammals.** *Recommended minimum age is 12.* The most important steps to a delicious wild game dinner begin well before a recipe is selected and the meat is placed in the skillet or oven. This advanced workshop will demonstrate how to properly field dress and care for wild game (ducks, deer, and pheasants). The

instructors will also share ideas with you on how to get the most out of your game, including the hide for personal use or sale. Pelt preparation for tanning to make leather and clothing, such as gloves, will leave workshop attendees with a wealth of ideas and information. **Instructors: Tom Decker and Dave Gregory, VT Fish and Wildlife Department**

**1Q - Orienteering Map and Compass:** Learn how to read a topographic map and orient it using your compass. Then play a scavenger game using your new skills. Beginners will go with a buddy. **Instructor: Grant Seelgen**

**1R - Project Adventure:** If taking part in physical, interactive activities with names like toxic waste, helium stick, all aboard, survival, welded ankle and minefield, sounds like fun, then sign up for this fun & fast paced session. Participants will get to know each other better and will learn how to work through difficult adventure-based challenges while having a great time outdoors. **Instructor: Ed O'Leary, Director of Operations of Vermont Forests, Parks & Recreation**

## **SESSION II - SATURDAY, MAY 30** 1:00 p.m. to 3:30 p.m.

**2HEC - Hunter Education Certification:** Basic Firearm Safety (1A) is required. Earn your Hunter Education Certification through the home-study program offered by the Vermont Fish & Wildlife Department. Course requires that all required work be completed before attending. Materials will be mailed to you from the VT Fish & Wildlife offices. **This class will end after 3:30 due to testing time.** Minimum of 5 students required.

**2A - .22 Caliber Marksmanship:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Participants will practice handling rifles, shooting techniques and positions. Time on the range will be spent shooting .22 caliber rifles. **Instructors: 🌿 4-H Shooting Sports Instructors**

**2B - Basic Shotgun:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Challenge your hand and eye coordination with shotgun and clays, and learn why Annie Oakley earned her reputation. All equipment and ammo supplied. **Instructors: 🌿 4-H Shooting Sports Instructors**

**2C - Air Pistol:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Have fun learning the basics of target shooting: sight alignment, muzzle control, proper grip by means of unique and different air pistol targets. Eye protection is required for all participants. **Instructors: 🌿 4-H Shooting Sports Instructors**

**2D - Intro to Archery:** Using lightweight recurve bows on the range, participants will learn proper form, technique and safety. **Instructors:** 🌿 **4-H Shooting Sports Instructors**

**2E - Dutch Oven Cooking:** Yesterday and today will be the theme introduced in this hands-on class around the fire. We'll cover cooking from dirt holes to stove tops. Beans, cornbread, road kill and garbage can turkey. Bring a heavy apron (no synthetic material), a wooden handled finishing hammer, eating utensils and a beverage. *Must be 12 years of age or older.* **Instructors:** **Kenyon Simpson, Cornell University Cooperative Extension and Patti Simpson, New York**

**2F - Let's Go Fishing:** Learn the basic skills of fishing and how to have fun and be successful. You may bring your own gear if you wish. Gear will also be provided to those without. No fishing license is required for this class. **Instructors:** **VT Fish & Wildlife Department**

**2G - Intro to Kayaking:** Get into the latest craze in navigating streams, rivers and lakes. You'll have fun when you discover the places you can go and the stability of this watercraft. *Must be 10 years of age or older.* **Instructors:** **Stuart & Charlotte Farina**

**2H - Building Rustic Furniture (part 2):** This will be a two session workshop this year. *Bring work gloves, a bow saw, loppers, pruning shears, a tape measure, hammer and utility knife for your family group.* This is unbelievably easy and quick. You only need a few simple tools and material from a willow or poplar tree. We'll construct a simple project from which you will learn basic skills. *Must be 15 years of age or older.* **Instructor:** **Don Tebbetts, 🌿 4-H Shooting Sports Instructor**

**2I - Basic Mountain Biking:** *Must bring your own mountain bike and helmet.* Have fun exploring the outdoors on two wheels. Learn about safety, trail rules, mechanical checks, and emergency maintenance. You'll learn how to negotiate the varying terrain in the area. **Instructor:** **Chris Leister, Green Mountain Bike Patrol**

**2J - Advanced Nature Photography:** *Bring your own camera and film or digital camera - and your camera instruction book if you have it.* For those who have taken Nature Photography, a class to build upon that knowledge and refine techniques. *Wear sturdy shoes. Must be 12 years of age or older.* **Instructor:** **Jane Richmond**

**2K (new) - What Floats? (30 minutes):** Why do boats float yet little rocks sink? Why does the same amount of playdough sink or float, depending upon its shape? Take some time to explore why different materials sink or float - caution, participants may get wet (and have fun, too!) **Instructor:** **Sarah Kleinman, 🌿 UVM State 4-H Program Coordinator**

**2L - Intro to Canoeing:** Beginning paddlers will learn basic strokes and safety while canoeing on flat water. Expect plenty of practice and personalized instruction. *Bring a change of clothes, shoes (not boots) that can get wet, fleece or polypropylene (no cotton).* **Instructor:** **Jonathan Wood, Secretary of the Vermont Agency of Natural Resources and Rochelle Skinner, VT Forests, Parks & Recreation**

**2M - Intro to Fly Fishing:** This exciting, hands-on course will provide basic instruction in casting, knot tying, fly selection and fly presentation. *Must be 12 years of age or older.* **Instructor:** **VT Fish & Wildlife Department**

**2N - Search for Salamanders, Frogs and Snakes:** Be prepared to get your hands dirty and your feet wet. Jim will discuss the identification, life history, and conservation of all specials located. We should find a couple species of salamander, perhaps a frog or two, and if we're lucky a snake! **Instructor:** **Jim Andrews, Herpetologist, Middlebury College ~ Vermont's leading expert on frogs, salamanders and snakes!**

**2O (new) - Making Bow Strings:** Participants will make either an endless or Flemish bow string. All equipment and supplies will be supplied. If you have a bow you want to make a string for, bring it with you. Class limited to 6 participants. **Instructor:** **Robert Goodrich, 4-H Shooting Sports Instructor**

**2P - Project Adventure:** If taking part in physical, interactive activities with names like toxic waste, helium stick, all aboard, survival, welded ankle and minefield, sounds like fun, then sign up for this fun & fast paced session. Participants will get to know each other better and will learn how to work through difficult adventure-based challenges while having a great time outdoors. **Instructor:** **Ed O'Leary, Director of Operations of VT Forests, Parks & Recreation**

**2Q - Herbal Medicinal Teas/Plant Walk:** You will sample various teas, learn their remedies such as immunity boosters, efficient blood circulation, the common cold and more, and where these herbs can be found. The second half of the class will take place outdoors, identifying plants for medicinal use. **Instructor:** **Donna Babic, Groton Park Interpreter**

### **SESSION III - SUNDAY, MAY 31 9:00 a.m. to 11:30 a.m.**

**3A - Basic Shotgun:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Challenge your hand and eye coordination with shotgun and clays, and learn why Annie Oakley earned her reputation. All equipment and ammo supplied. **Instructors:** 🌿 **4-H Shooting Sports Instructors**

**3B - Air Pistol:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Have fun learning the basics of target shooting: sight alignment, muzzle control, proper grip by means of unique and different air pistol targets. Eye protection is required for all participants. **Instructors:** 🌿 4-H Shooting Sports Instructors

**3C - Muzzleloading:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Participants will be introduced to the fun sport of shooting modern muzzleloaders. Loading, firing and cleaning the gun will be supplemented with lots of time to practice new skills. **Instructor:** 🌿 4-H Shooting Sports Instructors

**3D - .22 Caliber Marksmanship:** Basic Firearm Safety (1A) or Hunter Education Certification is required. Participants will practice handling rifles, shooting techniques and positions. Time on the range will be spent shooting .22 caliber rifles. **Instructor:** 🌿 4-H Shooting Sports Instructors

**3E - Intro to Archery:** Using lightweight recurve bows on the range, participants will learn proper form, technique and safety. **Instructors:** 🌿 4-H Shooting Sports Instructors

**3F - Intermediate Kayaking:** Improve your skills by practicing and refining your kayaking strokes. Learn rescue, roll-over and escape techniques. You will get wet! *Must be at least 10 years old.* **Instructors:** Stuart & Charlotte Farina

**3G - Nature Photography:** *Must bring your own camera and film or digital camera - and your camera instruction book if you have it.* Use your digital or film camera to capture nature and wildlife. Learn composition, lighting, framing and other ways to improve your photographs. Wear sturdy shoes. **Instructor:** Jane Richmond

**3H - Pressed Flower Art:** Participants will construct a wooden flower press and learn about other methods of flower preservation. Appropriate samples will be identified and collected. **Instructor:** Rita Charlton, UVM Extension 🌿 4-H Educator

**3I - Outdoor Wild Game Cooking:** Bring your apron for an up-to-your elbows class where you'll learn to prepare and cook a variety of wild fish and game. You'll enjoy your own creations. Please bring your own beverage, plates and eating utensils. Class size is limited! **Instructors:** Bob Hamel and Kenyon & Patti Simpson

**3J - Let's Go Fishing:** Learn the basic skills of fishing and how to have fun and be successful. You may bring your own gear if you wish. Gear will also be provided to those without. No fishing license is required for this class. **Instructor:** VT Fish & Wildlife Department

**3K - Hiking:** Learn how to prepare for a fun hike, including safety, environmental concerns, what to take, etc., the group will hike 2.8 miles round-trip to Owls Head to view the White and Green Mountains. **Instructor:** Allen Jacobs

**3L - Journey Through the Forest:** Plants and animals co-exist naturally to create a diverse habitat. Discover the beauty of what grows in Groton State Forest, and look for signs of the animals that roam the woods. **Instructor:** Rebecca Roy, Conservation Education Coordinator, VT Forests, Parks & Recreation

**3M - Camping Skills:** Learn how to choose a campsite, set up a tent, prepare a hot meal, light a fire with one match, stay warm and dry, secure safe drinking water, and discover lots of fun camping equipment. **Instructor:** Jason Gibbs, Commissioner of VT Forest, Parks & Recreation

**3N - One-Stroke Painting:** Learn basic brush strokes to create beautiful flowers using acrylics. Participants will complete a painted project by the end of class. *Participants must be at least 15 years of age.* **Instructor:** Don Tebbetts, 🌿 4-H Shooting Sports Volunteer Coordinator

**3O - Advanced Fly Fishing:** *Prerequisite: Participants are required to have taken Intro to Fly Fishing.* This exciting, hands-on course will provide advanced instruction in casting, fly selection and fly presentation. *Must be 12 years of age or older.* **Instructor:** VT Fish & Wildlife Department

**3P (new) - Wildlife: Mammals of the Northeast:** Identify and learn about native wildlife from bears to otters. We'll take a short hike looking at tracks, trees, shrubs and more to learn about local wildlife habitat. **Instructor:** Mark Brown, Retired Wildlife Specialist, New York Department of Environmental Conservation

**3Q - What Kind of Tree Is It?:** Learn how to identify Vermont's native trees. Demystify those maples, oaks, pines and spruces! Meet a variety of trees up close and learn some simple techniques to identify them. Learn how to use a tree's bark, overall shape, branching structure, buds, leaves and even smell as identifiers. You will never look at a tree the same way again! **Instructor:** Ed O'Leary, Director of Operations of VT Forests, Parks & Recreation

**3R - Nature Writing Workshop:** Bring your imagination and creativity to this workshop. Writers will learn how to interpret their natural environment and turn their feelings and observations into haiku, nonfiction, and other creative pieces. Bring good footwear for the exploring section, and we'll supply the pencils and paper for the creative section. All ages welcome, but you need to be able to write, listen, and share. **Instructor:** Shawn Kerivan, Vermont Author

Registration materials also online at [www.uvm.edu/extension](http://www.uvm.edu/extension)

## REGISTRATION FORM BECOMING AN OUTDOOR FAMILY 2009

Cost is \$165.00 per family.

Make your check payable to "UVM Extension".

Please list all names as you want them to appear on your name tags.

Check here if you are a Becoming an Outdoor Family Instructor

Adult 1: \_\_\_\_\_

Adult 2: \_\_\_\_\_

Adult 3: \_\_\_\_\_

Adult 4: \_\_\_\_\_

Child 1: \_\_\_\_\_ Age: \_\_\_\_\_

Child 2: \_\_\_\_\_ Age: \_\_\_\_\_

Child 3: \_\_\_\_\_ Age: \_\_\_\_\_

Child 4: \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address for all correspondence, questions and confirmation information:

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Day Phone: (\_\_\_\_) \_\_\_\_\_

Type of site preferred: **1<sup>st</sup> choice**  Tent  Trailer/RV: \_\_\_\_ ft  Lean-To  
**2<sup>nd</sup> choice**  Tent  Trailer/RV: \_\_\_\_ ft  Lean-To

To request a campsite next to another family, please let us know the first and last name on their registration (requests are filled depending on available sites):

**NOTE: Assume that you will be given a tent site, although we'll do our best to meet your first choice. Campsite and class assignments are on a first-come, first-served basis.**

OFFICE USE ONLY

CK # \_\_\_\_\_ Recv'd \_\_\_\_\_

If you require accommodations to participate in this program, please let our office know by April 15 so we may assist you. (802) 257-7967

Accommodations needed:

## RISK RELEASE and PHOTO PERMISSION

By signing this form, I agree and understand on behalf of my family that camping is an activity that carries with it the risk of damage to or loss of personal property, as well as the risk of personal injury such as the risk of strains, sprains, cuts, broken bones or death. By signing this form I agree on behalf of my family to hold harmless and indemnify the University of Vermont Extension and the Vermont Agency of Natural Resources from any claim for personal injury or property damage arising from our activities while involved in camping or outdoor classes and events. I understand and agree that I will be responsible for any medical expenses which arise out of our participation in this event and, in the event of an emergency; I agree to have the University of Vermont Extension or the Vermont Agency of Natural Resources seek emergency medical treatment on our behalf. This waiver shall not apply to those claims for property damage or personal injury which arise due to the sole negligence of University of Vermont Extension or Vermont Agency of Natural Resources.

Further, the University of Vermont Extension and/or the Agency of Natural Resources may use my family's image in print, electronic, and/or video format for publishing in promotional material for this program. I release all claims against the University of Vermont Extension and/or the Agency of Natural Resources with respect to copyright ownership and publication including any claim for compensation related to the use of the materials.

Family Members: \_\_\_\_\_

\_\_\_\_\_  
Adult Signature (REQUIRED)

\_\_\_\_\_  
Date

Register for your classes on the next page  
Or online at [www.uvm.edu/extension](http://www.uvm.edu/extension) - follow the link for  
Becoming an Outdoor Family.

## CLASS REGISTRATIONS

Please indicate, for each person in your party as you listed them above, class number (1A, 1B, etc) for each session, **listing your first, second and third choices.**

**Remember children age 11 and under MUST be accompanied by an adult from your family in every class and throughout the weekend.**

|          |                        | Session I<br>Sat., 8:30 a.m. | Session II<br>Sat., 1:00 p.m. | Session III<br>Sun., 9:00 a.m. |
|----------|------------------------|------------------------------|-------------------------------|--------------------------------|
| Adult 1: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Adult 2: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Adult 3: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Adult 4: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Child 1: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Child 2: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Child 3: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |
| Child 4: | 1 <sup>st</sup> Choice |                              |                               |                                |
|          | 2 <sup>nd</sup> Choice |                              |                               |                                |
|          | 3 <sup>rd</sup> Choice |                              |                               |                                |

**Return this form with your check, made payable to "UVM Extension", to:**  
 Becoming an Outdoor Family, UVM Extension  
 11 University Way, Ste #4, Brattleboro, VT 05301-3669



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