

Aishwarya Joshi, Ph.D. LPC, NCC

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CURRICULUM VITAE

EDUCATION

Idaho State University, Meridian, Idaho

August 2019 - May 2022

Doctor of Philosophy in Counselor Education & Counseling

CACREP-accredited

Dissertation: *Transit & Transform: Exploring the Experiences of International Doctoral Students and Faculty Members in the US (A Grounded Theory Study)*

Defended September, 29, 2021

Dissertation Chair: Dr. Randy Astramovich

Heidelberg University, Tiffin, Ohio

May 2016 - May 2019

Masters of Arts in Clinical Mental Health Counseling

CACREP-accredited

Tiffin University, Tiffin, Ohio

August 2013 - December 2014

Masters of Science

Majors: Criminal Justice and Forensic Psychology

Garden City College, Bengaluru, Karnataka, India

May 2010 - May 2013

Bachelor of Arts,

Majors: Psychology, Journalism, and English Literature

Minor: Industrial Psychology

CERTIFICATIONS

Licensed Professional Counselor (LPC) - State of Ohio #C. 190203

National Certified Counselor (NCC) - National Board for Certified Counselors and Affiliates, Inc.
#1274544

PROFESSIONAL EXPERIENCE

COURSES TAUGHT

The University of Vermont, Burlington, Vermont

Department of Counseling, Human Development & Family Sciences

Assistant Professor

- CNSL 350 Professional Issues in Counseling Fall 2022
- CNSL 375 Laboratory Experience in Counseling Fall 2022

- CNSL 377 Diversity & Intersectionality Spring 2023
- CNSL 394 Z4 Human Sexuality Summer 2023

Idaho State University, Meridian, Idaho
Graduate Teaching Assistant/Co-Instructor

CACREP Core Areas

- COUN 6691 Professional Issues in Clinical Mental Health Counseling Instructor of Record Spring 2022
- COUN 6696 Pre-Practicum Counseling Techniques Co-Instructor Fall 2019 - Fall 2021
- COUN 6623 Lifestyle and Career Development Co-Instructor Spring 2020
- COUN 6621 Professional Orientation & Ethics Co-Instructor Fall 2020
- COUN 6624 Cultural Counseling Co-Instructor Fall 2020

Additional Teaching Experience

- COUN 6659 Human Sexuality Instructor of Record Spring 2021
- COUN 6625 Crisis Intervention & Trauma Counseling Co-Instructor Fall 2019

The College of Idaho, Caldwell, Idaho Fall 2020
COUN 3300 Relationships and the Helping Professions
Instructor of Record

Research Agenda/Experience

The University of Vermont, Burlington, Vermont September 2022 - Present
U.S.-born Counselor Educators Preparedness in working with International Students in Counseling and Counselor Education Programs: A Q-Sort Study

The University of Vermont, Burlington, Vermont July 2022 - Present
The Niela Project - National Science Foundation (NSF)

Idaho State University, Meridian, Idaho August 2020 - Present
International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry

Idaho State University, Meridian, Idaho June 2020 - May 2021
Understanding the Embodiment of Microskills in Counselors in Training (CITs)

Huruma Rescue Mission, Inc., Embu, Kenya
Officer for Multiculturalism and Diversity October 2018 - Present

Needs Assessment for Mental Health Education in Embu, Kenya

The Council for Accreditation of Counseling and Related Educational Programs (CACREP)

CACREP Covid- 19 Special Report

Data Analyst

May 2021 - July 2021

Idaho State University, Meridian, Idaho

Doctoral Student

Happiness and Coping in Counselor Education & Supervision

August 2020 - November 2020

Heidelberg University, Tiffin, Ohio

Graduate Research Assistant

The Niela Project - National Science Foundation (NFS)

September 2017 - May 2019

GRANTS/FUNDING

Funded

Joshi, A. (2022). *U.S. born Counselor Educators Preparedness in working with International Students in Counseling and Counselor Education Programs: A Q-Sort Study.*

Grant proposal funded by the Office of Research; EXPRESS Grant. The University of Vermont. (\$3000.00)

Grant proposal funded by the Association of Counselor Education and Supervision (ACES) Research Grant. (\$3000.00)

Joshi, A. (2021). *Exploring the Experiences of International Doctoral Students and Faculties in the US.* Grant proposal funded by the Association for Adult Development and Aging Research Grant. (\$500.00)

Joshi, A. (2021). *Exploring the Experiences of International Doctoral Students and Faculties in the US.* Grant proposal funded by the Association for Humanistic Counseling Makes a Difference Grant. (\$750.00)

Joshi, A., Edelman, R., Nirk, T., Strong, E., & Robbins, C. (2020). *Rural Mental Health Community Outreach via TeleHealth: Inter-State Webinar Collaboration.* Grant proposal funded by the Chi Sigma Iota Statewide/Regional Networking Grant. (\$800.00)

Nelson, A., Arrington, S., **Joshi, A.,** Vik, L., & Sarasqueta-Allen, K. (2020). *Understanding the Embodiment of Microskills in Counselors in Training (CITs).* Grant proposal funded by the Southern Association for Counselor Education and Supervision (SACES) Research Grant. (\$500.00)

Joshi, A., Arrington, S., & Zhou, Z. (2020). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry.* Multicultural Assessment and Research in Counseling Student Grant Proposal funded by the Association of Assessment and Research in Counseling (AARC). (\$500.00)

Joshi, A., Sasakawa, Y., & Njue, P. (2020). *Need for Mental Health Assessment and Education in Embu, Kenya* Grant proposal funded by the American Counseling Association Foundation Grant (ACAF). (\$500.00)

Joshi, A. (2019). *Afterschool Psycho-Education Program in Galion School District.* Grant proposal funded by the Family First Council of Crawford County Grant. (\$1000.00)

Joshi, A. (2018). *Afterschool Psycho-Education Program in Galion School District.* Grant proposal funded by the Family First Council of Crawford County Grant. (\$1000.00)

AWARDS /SCHOLARSHIPS/ FELLOWSHIPS

North Star Collective Faculty Fellowship New England Board of Higher Education Awarded: \$1500.00	December 2022 - April 2023
Association for Counselor Education and Supervision Diversity Conference Scholarship Awarded: \$1000.00	September 2021
Chi Sigma Iota International Leadership, Fellowship & Internship Program Awarded: \$600.00	April 2021 - April 2022
Urban Leadership Fellowship Leadership Fellow Awarded: \$2500.00	April 2020 - July 2020
Tiffin University, Tiffin, Ohio Academic Excellence Scholarship Awarded: \$10,000.00	August 2013 - December 2014

PUBLICATIONS

Journal Articles

Published

Joshi, A., Shaver's, M. C., & Milne, E., (2022). Inter-departmental Collaboration Model: A Support Strategy to Retain International Faculty in Counselor Education and Supervision. *International Journal for the Advancement of Counselling*. [10.1007/s10447-022-09495-9](https://doi.org/10.1007/s10447-022-09495-9)

Spencer B., Artis, S., Shavers, M., LeSure, S., & **Joshi, A.** (2022). To code-switch or not to code-switch: The psycho-social ramifications of being resilient black female engineering & computing doctoral students. *The Sociological Focus*.

Joshi, A., Arcot, R., & Harrichand, J. J. S. (2021). Mentoring & peer support: A strategy to retain BIPOC faculty in counselor education and supervision. *Chi Sigma Iota Exemplar*, 36(2), 35-40.
https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/Fall_2021_Exemplar.pdf

Joshi, A., Chan, C. D., & Graham, L. (2021). Convergences of oppression of international racially minoritized doctoral students. *Journal of Asia Pacific Counseling*, 11(2), 73-89. <http://doi.org/10.18401/2021.11.2.5>

Chan, C. D., Frank, C. D., DeMyer, M. L., **Joshi, A.**, Andrade, E., & Silverio, N. (2021). Counseling older LGBTQ+ adults of color: Relational-cultural theory in practice. *The Professional Counselor*.11(3), 370-382. <https://doi.org/10.15241/cdc.11.3.370>

Joshi, A., & Manette, H. (2018). Unmasking of impostor syndrome. *Journal of Research, Assessment, and Practice in Higher Education*, 3(1),1-8.
<https://ecommons.udayton.edu/jraphe/vol3/iss1/3>

Artis, S., Shavers, M.C., LeSure, S., Spencer, B.M., & **Joshi, A.** (2018). Re-framing and reimagining the doctoral student narrative: Black women's experiences in engineering and computer science. <https://peer.asee.org>

Book Chapter

Joshi, A., & Arrington, S. (2023). *Leadership in education for black Americans in community colleges.* In *On Leadership: An Interdisciplinary Approach.* IAP.

Under Review/ In-Progress Manuscripts

Gainer, S. R., **Joshi, A.P.,** & Nelson, A.R. (Under Review). *Clinical Techniques/Culturally Relevant Approaches.* In *Multicultural Counseling Techniques.* Cognella.

Joshi, A. P., Shavers, M.C., Spencer, B. M., & Artis, S. (Under Review). Exploring the Impact of “Onlyness” among Black Women Doctoral Students in STEM Fields of Computer Science and Engineering. *Journal of Diversity in Higher Education.*

Joshi, A., Oliviera, J., & Graham, L. (R&R Under Review). Creative Expressions: A Consideration for Multilingual International Faculty in Counselor Education. *Journal of Creativity in Counseling.*

Joshi, A., Gainer, S. R., Zhou, Z., & Milne, E. (In Progress). International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry.

PRESENTATIONS

International

Joshi, A., & Bahekar, P. (October, 2021). *LGBTQAI+ Communities and Mental Health Issues in India.* World Mental Health Day. Mental Health Action by People (INDIA). Virtual.

Joshi, A., & Zhou, Z. (December 2020). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry.* 10th International Conference on Education and Social Justice. Virtual.

Nelson, A.R & **Joshi, A.** (September 2020). *Understanding Cultural Trauma: Race-Based Trauma.* European Branch of the American Counseling Association. Virtual.

Joshi, A., & Sasakawa, Y. (2018, November). *Collectivism and Post-traumatic growth: Challenging perceptions* [Poster session]. International Society for Traumatic Stress Studies, Washington DC, Maryland.

National

Joshi, A., Oliviera, J., & Graham, L. (May 2023 - Accepted Proposal). *Creative Expressions: A Consideration for Multilingual International Faculty in Counselor Education.* Association for Humanistic Counseling. Denver, Colorado

Joshi, A., & Shavers, M.C.(September, 2022). *Interdepartmental Collaboration: A Support Strategy to Retain International Faculty in CES.* Association for Assessment and Research in Counseling. St. Louis, Missouri

Joshi, A., Sarasqueta-Allen, K., Nelson, A.R., Arrington, S. R., & Vik, L. (October 2021). *Understanding the Embodiment of Micro-Skills in Counselors in Training (CITs).* Association for Counselor Education and Supervision. Atlanta, Georgia.

Joshi, A. (July 2021). *Exploring and Navigating Impostorism among International Counselor Education Doctoral Students*. Association for Adult Development and Aging. Charlotte, North Carolina.

Nelson, A.R. & **Joshi, A.** (November 2020). *Understanding Cultural Trauma: Race-Based Trauma*. Idaho Counseling Association. Virtual.

Lamprecht, L & **Joshi, A.** (October 2020). *Faculty and Doctoral Student Supervision: Master's Students Experiences as Group Counselors*. Rocky Mountain Association of Counselor Education and Supervision. Virtual

Spencer, B., Artis, S., LeSure, S., Shavers, M., & **Joshi, A** (June 2020). *Expectations vs. reality: ReImagining the engineering and computing doctoral experience for black women* [Paper presentation]. American Society for Engineering Education. Virtual.

Chan, C. D., Ngadjui, O. T., & **Joshi, A.** (2020, March). Sizeism: A perspective on biases, career inequities, and health disparities. Invited presentation for the Positive Body Image Symposium at Idaho State University, Pocatello, ID.

Joshi, A., Sasakawa, Y., & NJue, P. M. (2019, February). *Reframing & implementing mental health education in Embu, Kenya* [Conference session]. Society for Cross-cultural Research, Jacksonville, Florida.

Joshi, A., Shavers, M., Artis, S., LeSure, S., & Spencer, B. (2019, February). *Exploring mental health perceptions and prevalence among black women doctoral candidates in STEM fields of computer science and engineering* [Conference session]. Society for Cross-Cultural Research, Jacksonville, Florida.

Joshi, A., Sasakawa, Y., & NJue, P. M. (2019, February). *Reframing & implementing mental health education in Embu, Kenya* [Conference session]. National Cross-cultural Counseling Conference, Savannah, Georgia.

Joshi, A., Shavers, M., Artis, S., LeSure, S., & Spencer, B. (2019, February). *Exploring mental health perceptions and prevalence among black women doctoral candidates in STEM fields of computer science and engineering* [Conference session]. National Cross-Cultural Counseling Conference, Savannah, Georgia.

Shavers, M., Artis, S., LeSure, S., **Joshi, A.**, & Spencer, B. (2018, April). *The Niela Project: Identity, challenges, and strategies for success for black women pursuing doctoral and post-doctoral degrees in Computer Science and Engineering* [Paper presentation]. American Education Research Association, New York City, New York.

Joshi, A. (2018, January). *Presence of impostor syndrome on college campuses* [Conference session]. Ohio College Personnel Association Annual Conference, Columbus, Ohio.

Joshi, A., & Mangette, H. (2017, September). *The unmasking of impostor syndrome* [Conference session]. Tri-State Annual Conference, Plymouth, Ohio.

Invited Presentation/Addresses

Joshi, A. (April 2023). *Panel Discussion for International Students in Counselor Education and Supervision*. Rocky Mountain Regional ACES Webinar. Virtual.

Joshi, A. (July 2022). *Multicultural Counselling Competencies: An Indian Perspective*. Department of Human Development & Gender Studies, Maharaja Sayajirao University, India. Virtual.

Joshi, A. (March 2022) *Human Sexuality: Working with Older Adult Population* (Guest Lecture). Ferkauf School of Psychology, Yeshiva University. Virtual.

Joshi, A. (February 2022) *Internationalism within the Profession of Counseling* (Guest Lecture). Ferkauf School of Psychology, Yeshiva University. Virtual.

Joshi, A. (July 2021) *Ethical Practices working with Families & Couples in rural settings*. (Guest Lecture). Department of Clinical Mental Health Counseling & Psychology, Southern Oregon University. Virtual.

Joshi, A. (June 2021) “Fostering better relationships with Teenagers” on *The Better Relationship Summit* hosted by Purvi Tantia. Virtual.

Joshi, A. (April 2021). *International Female Faculty Experience: A Critical Narrative Inquiry*. International Counseling Web Conference. CSI Chapter Mu Chi Alpha. Messiah University. Virtual.

Joshi, A. (February 2021) Panelist for ULF Experience Webinar, Urban Leaders Fellowship. Virtual.

Joshi, A., Sarasqueta-Allen, K., & Hines, B. (August, 2019). *Therapeutic Communication in Nursing*. School of Nursing. Idaho State University, Meridian, Idaho.

SUPERVISION

The University of Vermont

Fall 2023

Graduate Counseling Program

Lab Supervisor

CNSL 350 *Laboratory Experience in Counseling*

Idaho State University

Fall 2019-Spring 2022

Meridian Counseling Clinic

Doctoral Supervisor

COUN 6697 and 6698 *Practicum/Internship*

Individual Supervision

Fall 2019-Spring 2022

- Engaged in individual and triadic supervision with first- and second-year masters’ counseling students
- Facilitated supervision by viewing client tapes and providing feedback
- Infused Deliberate Practice supervision model by drawing attention to the practice of skills
- Developed the ability of a counselor trainee to observe their reactions to psychological stimuli.
- Assessed and facilitated strategies to meet the learning needs of supervisees
- Evaluated the performance of the supervisees

CLINICAL EXPERIENCES

Ambitions of Idaho, Meridian, Idaho

April 2021 - December 2022

Behavioral Health & Developmental Disability Services

Licensed Professional Counselor

INDEAR Foundation, Virtual

March 2021 - February 2022

Licensed Professional Counselor

Community Counseling Services, Inc, Bucyrus, Ohio

May 2018 - April 2019

Counselor Trainee Family Life Counseling and Psychiatric Services, Norwalk, Ohio Counselor Trainee	May 2018 - April 2019
Wayne County Children Services, Wooster, Ohio Crisis Case Manager	January 2015 - March 2016

SERVICE TO THE PROFESSION

Ohio Counseling Association Journal of Counselor Practice	February 2023 - Present
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- Reviewer

International Journal for the Advancement of Counseling

- Reviewer

January 2023 - Present

American Psychological Association

July 2021 - Present

Journal of Diversity in Higher Education

- Ad Hoc Reviewer

Association for Adult Development and Aging

July 2020 - July 2022

- Editorial Assistant,
Adultspan Journal
- Member, Newsletter Committee
- Member, Research Task Force

Association for Humanistic Counseling

Member, Awards Committee

August 2020 - January 2023

Chi Sigma Iota International

- Member, Professional Advocacy Committee
 - Research Grants Reviewer
 - Bookshelf Reviewer
- Phi Omicron Chi, Chapter President
- Sigma Phi Beta, Chapter Secretary

April 2021-April 2022

April 2020-April 2021

April 2018-April 2019

Urban Leaders Fellowship

National Regional Ambassador

March 2021-April 2022

Rocky Mountain Association for Counselor Education and Supervision (RMACES)

Reviewer, RMACES 2020 Conference Proposal

OTHER RELEVANT TRAINING

- | | |
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| ● Idaho Child and Adolescent Needs & Strengths (ICAN) Training | April 2021 |
| ● Kids Connection CBFT Training | October 2018 |
| ● Adventure Therapy Training | August 2018 |
| ● Suicide Prevention Training | March 2017 |
| ● Trauma Informed Care Training | April 2017 |
| ● Psychological First Aid Training (School) | March 2017 |
| ● Psychological First Aid Training (Clinical) | August 2016 |

- Forensic Fluid Training

May 2015