UVM INTEGRATIVE HEALTH

Laura Mann Integrative Healthcare Lecture Series

Hosted by the University of Vermont College of Nursing and Health Sciences



Opioids and Chronic Pain: Cultural Myopia and the Big Picture

Tracy Jackson, MD

Associate Professor of Anesthesiology, Division of Pain Medicine, Vanderbilt University Medical Center

MONDAY, OCTOBER 30, 2017 8:00 - 9:00 AM During Family Medicine Grand Rounds DAVIS AUDITORIUM, UVM MEDICAL CENTER, LEVEL 2 Free and Open to the Public

DR. JACKSON will describe the risk factors for the development and maintenance of chronic pain from childhood onward in the context of the current opioid epidemic, as well as the costly and inadequate management of chronic illness, including pain and addiction. She will propose an evidence-based way forward for the assessment and management of chronic pain.

Dr. Jackson created and directed Vanderbilt University's pain fellowship, has coauthored opioid prescribing guidelines, and is actively involved in advocacy surrounding this issue. She is certified in medical acupuncture and yoga. She founded both "Relief Retreats," a functional rehabilitation program for chronic pain, and <u>camPAIN.org</u>, a nonprofit dedicated to increasing access to effective non-opioid pain management strategies.



