Projected Treatment Plan
Fall, 20xx

Client: Ann Weismer
Date of Birth: January 26, 20xx  C.A.: 4 years, 7 months
Address: 69 Palmer Court, Sometown, VT 05000
Phone: 802-444-4444
Parents: James and Lillian Weismer
Referral Source: Child Development Clinic
Graduate Clinician: Jenny McDonald, B.A.
Clinical Faculty: Moira Mulligan, M.S. CCC-SLP
Diagnosis and Code: Apraxia (784.69)

Background:
Ann is a 4:6 year-old little girl who lives with her parents and two sisters in Sometown, Vermont. She initially visited the E.M. Luse Center on February 4, 20xx for a diagnostic evaluation which resulted in a diagnosis of childhood apraxia of speech. Her developmental history is remarkable for delayed speech production, significant errors in speech sound productions, and slow acquisition of speech. Ann made a significant effort to communicate and utilizes gestures to facilitate understanding when her intelligibility was low.

While attending treatment sessions at the E.M. Luse Center, Ann’s therapy included the following objectives: improving final /t/ and /d/ production in CVC words in short phrases; using play-related phrases including “my turn;” and accurately using the pronouns, “I, me, and my.” The most recent progress report indicated that Ann achieved significant improvement in the use of final /t/ in CVC words, but exhibited difficulty producing the final /d/. Focus on final position /d/ was shifted to focus on final position /b/ later in therapy, to avoid confusion between the cognate pairs (phonemes that are produced with the same manner and placement, but vary by one dimension such as voicing) /t/ and /d/. Ann is currently scheduled for two fifty minute treatment sessions per week and also receives services through her EEE program. She has direct one on one speech therapy 3x/week and is enrolled in a EEE language based classroom 3 days/week.

Over the summer, Ann focused on the phonemes /t/, /d/, /n/, and /b/ in the final position of words as well as the personal pronouns “I” and “she.” Her self-confidence in her speaking abilities improved in her summer setting.

Goals/Objectives: The following long term goals and short term objectives have been established for this course of treatment.

► Long Term Goal #1: Ann will accurately use the personal pronouns “I” and “she” in spontaneous speech 80% of the time by May 20xx.

  • Rationale: According to the Speech and Language Development Chart Second Edition (Gard, Gilman, & Gorman) personal pronouns are developed by age three. This suggests that
personal pronouns such as “I” and “she” are age appropriate goals for Ann. They are also used frequently in her everyday speech. Accurate production of these phonemes will facilitate intelligibility. Ann has demonstrated progress on this goal and during a probe demonstrated 57% use of “I” in a structured task with a cue.

- **Short Term Objective #1.1:** Ann will accurately use the “I” pronoun in sentences with 80% accuracy over 3 sessions by December, 20xx.
  
  - **Rationale:** Roth and Worthington (2005) provide a hierarchy of complexity for response levels supporting a focus on producing pronouns on the sentence level before raising the complexity of the task to spontaneous speech. Ann has demonstrated difficulty in generalizing information. Working on this goal outside of the therapy room will provide increased opportunity to use the utterance in functional settings and facilitate increased generalization.

- **Short Terms Objective #1.2:** Ann will accurately use the “she” pronoun in sentences with 80% accuracy over 3 sessions by December, 20xx.
  
  - **Rationale:** Roth and Worthington’s (2005) hierarchy of complexity for response level supports a focus on producing these pronouns on the sentence level before raising the complexity of the task to producing them in spontaneous speech. “She” is a particularly relevant goal for her, as Ann lives in a household that is predominately female.

**Long Term Goal #2:** Ann will accurately produce /d/ in final position of CVC words by May, 20xx.

- **Rationale:** Accurate production of the phoneme /d/ is typically acquired by age 3 for females (Smit et al., 1990), supporting that this phoneme is an age appropriate goal for Ann. Accurate production will facilitate intelligibility of her everyday speech. Analysis of Ann’s speech indicated omission, distortion or substitution of /d/ in the final position of words on 100% of productions.

- **Short Term Objective #2.1:** Ann will accurately produce final /d/ in CVC words with 80% accuracy when provided a verbal model by the clinician by November, 20xx.
  
  - **Rationale:** producing the final /d/ in CVC words with a model is appropriate as a foundation for a more complex goal (without a model) (Roth and Worthington, 2005). Ann produced /d/ as /dʌ/ (79.68% of the time) when provided a verbal model, indicating emerging skills at this level.

- **Short Terms Objective #2.2:** Ann will accurately produce final /d/ in CVC words with 80% accuracy without a model by December, 20xx.
  
  - **Rationale:** It is appropriate for Ann to produce final /d/ in CVC words, before she works on all words (Roth and Worthington, 2005). As she demonstrates increased accuracy, the verbal model will be decreased, which will also generalization of these productions. Ann produced final /d/ with 58.33% accuracy when provided a visual and verbal model.

**Long Term Goal #3:** Ann will use /b/ in all positions of CVC word and /t/ in initial and final position of words with 80% accuracy in spontaneous speech by May, 20xx.

- **Rationale:** Typically, the phonemes /t/ and /b/ are acquired by four years of age (Smit et al.,...
Focusing on the accurate production of these phonemes is an age appropriate goal. Ann is demonstrating greater than 80% accuracy in production of these phonemes at the sentence level. Correct production of these phonemes would greatly facilitate increased intelligibility for Ann.

- Short Term Objective #3.1: Ann will accurately produce medial /t/ words with 80% accuracy, when provided a carrier phrase, by December, 20xx.

  - Rationale: It is appropriate for Ann to focus on producing words with medial /t/ in isolation, then with a carrier phrase, before increasing the complexity of the task to the sentence level (Roth and Worthington, 2005). Ann produced medial /t/ in isolation, when provided a verbal model, 42% of the time. Therefore, medial /t/ produced with a carrier phrase is an appropriate goal for the fall.

- Short Term Objective #3.2: Ann will produce /b/ in all positions of words and /t/ in the initial and final position of words at the sentence level with 80% accuracy by December, 20xx.

**Family Education and Home Program:**
The clinician will provide the family with activities to do at home in order to facilitate generalization. This will include use of target phonemes during “reading”, games and functional activities.

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Graduate Clinician                      Speech Language Pathologist

References: Please cite references below